

# CYP2D6: flecainide

# 1592/1593/1594

AUC = area under the concentration-time curve,  $Cl_{or}$  = oral clearance, CTCAE = Common Terminology Criteria for Adverse Events, IM = intermediate metaboliser (gene dose 0.25-1) (reduced CYP2D6 enzyme activity), MR = metabolic ratio, NM = normal metaboliser (gene dose 1.25-2.5) (normal CYP2D6 enzyme activity), NS = non-significant, PM = poor metaboliser (gene dose 0) (absent CYP2D6 enzyme activity), S = significant, SmPC = Summary of Product Characteristics, UM = ultra-rapid metaboliser (gene dose  $\geq$  2.75) (elevated CYP2D6 enzyme activity)

**Disclaimer:** The Pharmacogenetics Working Group of the KNMP formulates the optimal recommendations for each phenotype group based on the available evidence. If this optimal recommendation cannot be followed due to practical restrictions, e.g. therapeutic drug monitoring or a lower dose is not available, the healthcare professional should consider the next best option.

#### Brief summary and justification of choices:

Flecainide is primarily converted by CYP2D6 to inactive metabolites. Flecainide has a relatively narrow therapeutic range (plasma concentration 200-1000 ng/mL).

Some studies found a significant increase in the plasma concentration of flecainide for patients with reduced CYP-2D6 activity (IM and PM) (Doki 2006, Gross 1991, Gross 1989, and Mikus 1989). A patient with a PM genotype in combination with reduced renal function died due to flecainide toxicity following use of flecainide 100 mg/day (Palmiere 2012). A preterm neonate with an IM genotype developed heart block with widened QRS complex after using oral flecainide 2 mg/kg twice daily (Poh 2020). In addition, the response to a flecainide provocation test always occurs within 30 minutes for IM (Calvo 2015). However, this earlier response cannot be readily explained by the slower clearance in IM, because response is dependent on the flecainide peak concentration and administration was by continuous infusion. There are no studies into the kinetic and clinical consequences for UM. Standard dosing may be ineffective for UM.

Although there is only limited evidence for clinical consequences of the gene-drug interaction, action is nevertheless recommended for all three genotype groups (yes/yes-interactions), considering the relatively narrow therapeutic range. Monitoring of the plasma concentration and the ECG is recommended for UM, or an alternative should be selected. Examples of anti-arrhythmic drugs that are not metabolised by CYP2D6 (or to a lesser extent) include sotalol, disopyramide, quinidine and amiodarone. A dose reduction in combination with monitoring is recommended for PM and IM.

An overview of the observed clinical and kinetic effects per phenotype is provided in the background information text of the gene-drug interactions in the KNMP Kennisbank. You may also have access to this background information text via your pharmacy or physician electronic decision support system. A justification of the dose recommendation for PM and IM is provided below.

#### Justification of dose recommendation

Dose adjustments have been calculated on the basis of the AUC or Css of flecainide.

If the effect is only known versus NM + IM + UM (as is the case in Mikus 1989 and Gross 1991), then it is assumed – given the much higher prevalence of NM – that NM + IM + UM is approximately equal to NM.

If possible, the difference in AUC or  $C_{ss}$  was calculated relative to gene dose 2 instead of relative to NM (gene dose 2 + gene dose 1.25-1.5) for Asian studies. The reason for this is that most European NMs have gene dose 2. The frequency of gene dose 1.25-1.5 is very low here.

- PM: Based on three studies with a total of 15 PM (Gross 1991, Gross 1989, and Mikus 1989), the weighted mean of the calculated dose adjustment is a reduction to 58% of the normal dose (48%-66%; median 59%). This was rounded off to 50% to be more achievable in clinical practice. Flecainide has a narrow therapeutic range, which is why it is advisable to record an ECG and monitor the plasma concentration in the case of dose adjustment. Each method separately does not provide sufficient information.
- IM: Based on three studies with a total of 23 IM (Hu 2012, Lim 2008, and Doki 2006), the weighted mean of the calculated dose adjustment is a reduction to 74% of the normal dose (58%-93%; median 81%). This was rounded off to 75% to be more achievable in clinical practice. Flecainide has a narrow therapeutic range, which is why it is advisable to record an ECG and monitor the plasma concentration in the case of dose adjustment. Each method separately does not provide sufficient information.

#### Recommendation concerning pre-emptive genotyping, including justification of choices:

The KNMP Pharmacogenetics Working Group considers genotyping before starting flecainide to be potentially beneficial for the prevention of side effects and drug effectiveness. Genotyping can be considered on an individual

patient basis. If, however, the genotype is available, the KNMP Pharmacogenetics Working Group recommends adhering to the gene-drug guideline.

The clinical implication of the gene-drug interaction scores 2 out of the maximum of 10 points (with pre-emptive genotyping considered to be potentially beneficial for scores ranging from 0 to 2 points) (see also the clinical implication score tables at the end of this risk analysis):

In a case report, a CYP2D6 PM with reduced renal function died due to flecainide toxicity (severity code F, corresponding to CTCAE grade 5) (Palmiere 2012). This results in the maximum score of 2 points for the first criterion of the clinical implication score, the clinical effect associated with the gene-drug interaction (2 points for CTCAE grade 5).

A severe clinical effect (severity code  $\geq$  D, corresponding to CTCAE grade  $\geq$  3) was only found in two cases (Poh 2020 and Palmiere 2012). There were no studies showing an increase in severe clinical effects in patients with a CYP2D6 gene variant. This results in a score of 0 of the maximum of 3 points for the second criterion of the clinical implication score: the level of evidence supporting an associated clinical effect grade  $\geq$  3 (only points for at least one study showing an association with a clinical effect grade  $\geq$  3).

A severe clinical effect only occurring in two cases also indicates that the number needed to genotype (NNG) to prevent one clinical effect code  $\geq$  D (grade  $\geq$  3) is unlikely to be smaller than 1000. This results in a score of 0 of the maximum of 3 points for the third criterion of the clinical implication score: the number needed to genotype (NNG) in the Dutch population to prevent one clinical effect code  $\geq$  D (grade  $\geq$  3) (only points for NNG < 1000).

The Summary of Product Characteristics (SmPC) Tambocor (flecainide) 26 June 2020 does not mention a CYP2D6 genotype or phenotype. This results in 0 out of the maximum of 2 points for the fourth and last criterion of the clinical implication score, the pharmacogenetics information in the SmPC (only points for at least one genotype/phenotype mentioned in the SmPC).

The table below follows the KNMP definitions for NM, PM, IM and UM. The definitions of NM, PM, IM and UM used in the table below may therefore differ from the definitions used by the authors in the article.

| Source  | Code       | Effect   | Comments   |
|---|------------|--|--|
| ref. 1<br>Poh BH et al.<br>Complete heart block<br>secondary to<br>flecainide toxicity: is it<br>time for CYP2D6<br>genotype testing?<br>Pediatrics<br>2020;146:e20192608.<br>PMID: 32561613. | 2<br>IM: E | A preterm boy (born at 29 + 5/7 weeks' gestation)<br>was treated with oral flecainide 2 mg/kg twice daily<br>after developing supraventricular tachycardia for the<br>second time at the age of 49 days. On day 7 of flecai-<br>nide therapy, he developed heart block with widened<br>QRS complex, resulting in bradycardia and a drop in<br>oxygen saturation. Endotracheal and intravenous<br>epinephrine, intravenous isoprenaline, sodium bicar-<br>bonate, and transcutaneous pacing failed to improve<br>the heart rate. Extracorporeal membrane oxygena-<br>tion was effective, as was treatment with intravenous<br>lipid emulsion therapy for possible flecainide toxicity.<br>After 16 hours of lipid emulsion therapy, arterial<br>pulsatility returned, and both sinus rhythm and hemo-<br>dynamic stability were achieved. Supraventricular<br>tachycardia developing after the first 24 hours was<br>successfully treated with sotalol. The boy was decan-<br>nulated after 12 days. Because of prolonged cardio-<br>vascular collapse, he suffered from hypoxic-ischemic<br>encephalopathy with extensive bilateral cystic ence-<br>phalomalacia.<br>The flecainide serum concentration taken approxi-<br>mately 24 hours after the last dose and while he was<br>on extracorporeal membrane oxygenation was 1700<br>ng/ml (therapeutic range: 200-1000 ng/ml).<br>Accidental overdose was ruled out after clarification<br>with the nurses and by verifying the flecainide<br>concentration in the suspension administered.<br>The patients was genotyped for CYP2D6 two weeks<br>after the last blood transfusion. His genotype was<br>*10x2/*36 (gene dose 0.5).<br>The patient did not use comedication that can<br>prolong the QTc interval. Serum electrolytes around<br>the time of cardiovascular collapse were within | Authors' conclusion:<br>'With this case report,<br>we reinforce the impor-<br>tance of evaluating the<br>CYP2D6 genotype<br>before drug initiation in<br>the neonatal population<br>and recommend regular<br>monitoring of serum<br>flecainide levels and<br>electrocardiograms in<br>these patients.' |

| ref. 1, continuation                       | 1               | normal ranges, and cardiac enzymes were not   |   |
|--|-----------------|---|---|
| rei. 1, continuation                       |                 | elevated. In infants, the CYP2D6 enzyme becomes   |   |
|  |                 | active in hours or days and may only reach complete   |   |
|  |                 | maturation after 1 year of life. The administered dose  |   |
|  |                 | was the right dose for a term neonates according to the Kinderformularium. However, the Kinderformula-              |   |
|  |                 | rium does not indicate a dose for preterm neonates.   |   |
| ref. 2                                     | 3               | The CYP2D6 genotype was determined for 11 res-  | Authors' conclusion:                                  |
| Calvo D et al.                             |                 | ponders to a flecainide provocation test, performed to  | 'The incidence of                                     |
| Time-dependent<br>responses to             |                 | investigate the presence of the Brugada syndrome.   | CYP2D6 variants was<br>lower in late responders       |
| provocative testing                        |                 | Flecainide was administered as a single dose via continuous, intravenous infusion over 10 minutes.                  | on provocative testing                                |
| with flecainide in the                     |                 | The dose was 2.0 mg/kg body weight to a maximum   | with flecainide than in                               |
| diagnosis of Brugada                       |                 | of 150 mg.  | early or delayed respon-                              |
| syndrome.<br>Heart Rhythm                  |                 | Brugada syndrome is characterised by a type I ECG   | ders (0% vs 75% vs<br>100%).'                         |
| 2015;12:350-7.                             |                 | pattern. Flecainide induces a type I ECG pattern in<br>Brugada patients who do not exhibit this pattern             | 10070).   |
| PubMed PMID:                               |                 | spontaneously.  |   |
| 25460174.                                  |                 | An early response was defined as a response in the  |   |
|  |                 | first 10 minutes (during the flecainide infusion), a  |   |
|  |                 | delayed response was defined as a response 10-30 minutes after the start of the infusion and a late                 |   |
|  |                 | response was defined as a response 90 minutes   |   |
|  |                 | after the start of the infusion. As measurements are  |   |
|  |                 | only performed for 30 minutes during a normal test, a   |   |
|  |                 | late response can result in a missed diagnosis of<br>Brugada syndrome, which is an important cause of               |   |
|  |                 | sudden death in young adults. Those determining the   |   |
|  |                 | response time were blinded for the end result of the  |   |
|  |                 | provocation test and for data from which this result  |   |
|  |                 | could be deduced.   |   |
|  |                 | Relevant co-medication was not excluded.  |   |
|  |                 | Genotyping:   |   |
|  |                 | - 5x gene dose 2  |   |
|  |                 | - 1x gene dose 1.5<br>- 4x gene dose 1.25   |   |
|  |                 | - 1x gene dose 1  |   |
|  | Inactive        | Results:  |   |
|  | or              | Percentage of patients with gene dose < 2 for various response speeds:  |   |
|  | reduced active  | early (n=4) 75% S for the trend   |   |
|  | allele:         | delayed (n = 3) 100% "late" versus  |   |
|  | AA <sup>#</sup> | late (n=4) 0% "early" versus<br>"delayed"   |   |
| ref. 3                                     | 1               | A 69-year-old male weighing 69 kg, who had been   | Authors' conclusion:                                  |
| Palmiere C et al.                          |                 | using flecainide for several weeks, died suddenly.  | 'A case report is presen-                             |
| Usefulness of post-                        |                 | Three years previously, he had also used flecainide   | ted pertaining to fatal                               |
| mortem biochemistry in forensic pathology: |                 | 100 mg/day for a short period due to paroxysmal supraventricular tachycardia. The plasma concen-                    | flecainide intoxication in<br>a poor metabolizer also |
| illustrative case                          |                 | trations of flecainide were not determined at the time.   | presenting an impaired                                |
| reports.                                   |                 | Post-mortem examination revealed toxic concen-  | renal function.'                                      |
| Leg Med (Tokyo)<br>2012;14:27-35.          |                 | trations of flecainide (6,100 $\mu$ g/L in the blood, which   |   |
| PubMed PMID:                               |                 | is equivalent to 6.1 times the upper limit of the thera-<br>peutic range and 54,000 $\mu$ g/L in the urine), whilst |   |
| 22177826.                                  | PM: F           | meta-O-desalkyl metabolites were virtually absent.  |   |
|  |                 | The patient was found to be CYP2D6 PM. Post-  |   |
|  |                 | mortem data also revealed that the patient had  |   |
|  |                 | reduced renal function (intra-ocular fluid: elevated  |   |
|  |                 | sodium concentrations (2% above the standard maxi-  |   |

|  | 1      |   |   |
|--|--------|---|---|
| ref. 3, continuation   |        | mum value and 6% above the standard mean) and of  |   |
|  |        | urea, a less severely elevated concentration of crea-   |   |
|  |        | tinine and a low glucose concentration; urine: low sodium concentration (17% of that in the intra-ocular                            |   |
|  |        | fluid)).  |   |
|  |        | The authors concluded that the elevated plasma  |   |
|  |        | concentration of flecainide was caused by the combi-  |   |
|  |        | nation of the PM genotype and the reduced renal   |   |
|  |        | function. Clearance via the kidneys is an important   |   |
|  |        | route for flecainide and there are indications that this  |   |
|  |        | is the most important elimination route in CYP2D6   |   |
|  |        | PM.   |   |
| ref. 4   | 3      | 15 healthy volunteers received a single dose of   | Authors' conclusion:                              |
| Hu M et al.  | Ũ      | flecainide 100 mg. Co-medication, alcohol, grapefruit   | 'There was no significant                         |
| Effects of CYP2D6  |        | juice, herbal medicines and smoking were excluded.  | difference in the phar-                           |
| *10, CYP3A5*3,   |        | J   | macokinetics of flecai-                           |
| CYP1A2*1F, and   |        | Genotyping:   | nide among CYP2D6                                 |
| ABCB1 C3435T   |        | - 9x NM: - 4x gene dose 2   | (mainly involving *10)                            |
| polymorphisms on the   |        | - 5x gene dose 1.25   | genotypes.'                                       |
| pharmacokinetics of  |        | - 6x IM: - 4x *10/*10   |   |
| flecainide in healthy  |        | - 2x *5 heterozygote (1x *1/*5 and 1x *5/*10)   |   |
| Chinese subjects.  |        |   |   |
| Drug Metabol Drug  |        | Results:  |   |
| Interact   |        | AUC versus gene dose 2 (3383.3 ng.hour/mL):   |   |
| 2012;27:33-9.  |        | gene dose x 0.89 NS for the trend   |   |
| PubMed PMID:   |        | 1.25 between the 4 groups   |   |
| 22718623.  |        | *10/*10 x 1.09 and for gene dose 0.25-  |   |
|  |        | *5 x 1.04 1.25 versus gene dose 2   | AUC flecainide versus                             |
|  |        | heterozygote  | gene dose 2:                                      |
|  | IM: AA | IM x 1.07 NS  | IM: 107%  |
|  |        | The same result was observed after correction for   |   |
|  |        | the CYP3A5*3 polymorphism.  |   |
|  |        |   |   |
|  |        | The authors indicated that the study did not have   |   |
|  |        | sufficient power to detect a significant difference   |   |
|  |        | between the CYP2D6 groups. In addition, the   |   |
|  |        | absence of the PM genotype, the large variation   |   |
|  |        | within - in particular - the group with gene dose 2 and   |   |
|  |        | a possible interaction with the CYP3A5*3  |   |
|  |        | polymorphism contribute to the uncertainty. The   |   |
|  |        | percentage of patients with CYP3A5 *3/*3 was 100%   |   |
|  |        | for gene dose 2, 20% for gene dose 1.25 and 50%   |   |
|  |        | for *10/*10 and *5 heterozygote.  |   |
|  |        | NOTE On the intervention of the to the total  |   |
|  |        | NOTE: Genotyping was performed for *2, *5 and *10.  |   |
|  |        | These are the most important alleles in this Chinese  |   |
| rof 5  | 2      | patient group.  | Authors' conclusion:                              |
| <b>ref. 5</b><br>Lim KS et al.                                 | 3      | For the 21 healthy volunteers in Lim 2008, the QT   |   |
| Changes in the QTc   |        | interval was measured at 11 time points on the day of   | 'All genotype groups had<br>significant increases |
| interval after admini-   |        | taking flecainide and the day before. The QT interval   | from time-matched                                 |
| stration of flecainide   |        | was corrected using the formula by Fridericia $(QT_{cF})$ ,   | baseline in both the                              |
| acetate, with and  |        | or individually using mixed-effects modelling (QT <sub>cl</sub> ).  | QTcF interval and the                             |
| without coadminis-   |        | Results:  | QTcl interval; the extent                         |
| tered paroxetine, in   |        |   | of increase did not differ                        |
| relation to cytochrome   |        | Gene dose 0.25-0.5 versus gene dose 1.25  | significantly between                             |
|  |        |   |   |
| P450 2D6 genotype:   |        | Versus gene dose 2:   | groups.'  |
|  |        | No difference in the elongation of:   |   |
| P450 2D6 genotype:   |        | No difference in the elongation of:<br>- the corrected QT interval (either for QT <sub>cF</sub> , or for                            |   |
| P450 2D6 genotype:<br>data from an open-                       | IM: 00 | No difference in the elongation of:<br>- the corrected QT interval (either for QT <sub>cF</sub> , or for<br>QT <sub>cl</sub> ) (NS) |   |
| P450 2D6 genotype:<br>data from an open-<br>label, two-period, | IM: AA | No difference in the elongation of:<br>- the corrected QT interval (either for QT <sub>cF</sub> , or for                            |   |

| subjects.                               |         | There were no severe side effects.   |  |
|---|---------|--|--|
| Clin Ther                               |         |  |  |
| 2010;32:659-66.                         |         |  |  |
| PubMed PMID: 20435235.                  |         |  |  |
| 20435235.<br>ref. 6                     | 3       | 21 healthy volunteers, 7x gene dose 2 (5x *1/*1, 2x  | Authors' conclusion:                                 |
| Lim KS et al.                           | -       | *1/*2), 7x gene dose 1.25 (*1/*10), 7x gene dose   | 'In this study, we have                              |
| Pharmacokinetic                         |         | 0.25-0.5 (6x *10/*10, 1x *10/*36), single dose of 200  | shown that elimination                               |
| interaction of<br>flecainide and        |         | mg flecainide, no co-medication, no smokers.   | half-life and MRT were<br>significantly different    |
| paroxetine in relation                  |         | Gene dose 0.25-0.5 versus gene dose 2:   | among the three                                      |
| to the CYP2D6*10                        |         | - increase in the AUC by 23% (NS, from 5715.5 to   | genotypic groups.'                                   |
| allele in healthy<br>Korean subjects.   | IM: A   | 7034.9 ng.h/mL).<br>- increase in t <sub>1/2</sub> by 25% (S, from 10.0 to 12.5 h).                                      | AUC flecainide versus                                |
| Br J Clin Pharmacol                     | IIVI. A | - increase in $1/2$ by 25 % (3, non 10.0 to 12.5 ff).  | gene dose 2:   |
| 2008;66:660-6.                          |         | Gene dose 1.25 versus gene dose 2:   | IM: 123%   |
|   |         | - increase in the AUC by 18% (NS, from 5715.5 to   |  |
|   |         | 6719.2 ng.h/mL).<br>- increase in t <sub>1/2</sub> by 16% (NS, from 10.0 to 11.6 h).                                     |  |
|   |         |  |  |
|   |         | NOTE: genotyping was performed for *2, *4, *5, *10,  |  |
| ref. 7                                  | 3       | *14, *21, *36, *41 and *2xN.<br>58 patients with normal kidney and liver function, 17x                                   | Authors' conclusion:                                 |
| Doki K et al.                           |         | NM (9x *1/*1, 6x *1/*2, 2x *2/*2), 28x NM + IM (20x  | 'CYP2D6 genotype,                                    |
| Effect of CYP2D6                        |         | *1/*10, 5x *2/*10, 1x *1/*5, 1x *1/*21, 1x *2/*5), 13x   | even in IMs, as well as                              |
| genotype on<br>flecainide               |         | IM (10x *10/*10, 1x *10/*36, 1x *5/*36, 1x *21/*36),<br>who used flecainide 1.4-5.0 mg/kg per day for a                  | body weight, age, sex,<br>and Scr influence          |
| pharmacokinetics in                     |         | period of 1-91 months for supraventricular tachy-  | flecainide pharmaco-                                 |
| Japanese patients                       |         | arrhythmia, no strong CYP2D6 inhibitors as co-medi-  | kinetics in Japanese                                 |
| with supraventricular tachyarrhythmia.  |         | cation.<br>33 patients, 8x NM, 15x NM + IM, 10x IM, were men   | patients with<br>supraventricular                    |
| Eur J Clin Pharmacol                    |         | younger than 70 years.   | tachyarrhythmia.'                                    |
| 2006;62:919-26.                         |         |  |  |
|   |         | IM versus NM, men younger than 70:<br>- increase in the dose-corrected trough concentra-                                 | dose-corrected trough<br>concentration of            |
|   | IM: A   | tion by 72% (S, from 67 to 115 ng/mL per   | flecainide versus gene                               |
|   |         | mg/kg).  | dose 2:  |
|   |         | <ul> <li>decrease in the percentage of patients for whom<br/>the low clinical doses in Japan resulted in sub-</li> </ul> | IM: 172%   |
|   |         | therapeutic plasma concentrations (< 300 ng/mL)  |  |
|   |         | by 70% (NS, from 100% to 30%).   |  |
|   |         | (NM + IM) versus NM, men younger than 70:  |  |
|   |         | - increase in the dose-corrected trough concen-  |  |
|   |         | tration by 36% (NS, from 67 to 91 ng/mL per  |  |
|   |         | mg/kg) decrease in the percentage of patients for whom   |  |
|   |         | the low clinical doses in Japan resulted in sub-   |  |
|   |         | therapeutic plasma concentrations (< 300 ng/mL)  |  |
|   |         | by 27% (NS, from 100% to 73%).   |  |
|   |         | NOTE: genotyping was performed for *2, *4, *5, *10,  |  |
| ref 0                                   |         | *14, *21, *36 and gene duplication.  |  |
| <b>ref. 8</b><br>Tenneze L et al.       | 4       | 24 healthy study subjects, 4x PM and 20x NM <sup>#</sup> (phenotyped with dextromethorphan), no co-                      | Authors' conclusion:<br>'The CYP2D6                  |
| Pharmacokinetics and                    |         | medication, various dosing regimens;   | polymorphism did not                                 |
| electrocardiographic                    |         | - normal preparation 100 mg and 200 mg, single   | appear to influence                                  |
| effects of a new controlled-release     |         | dose and multiple dosing 7 days <ul> <li>preparation with controlled release 100 mg and</li> </ul>                       | flecainide disposition<br>kinetics or electrocardio- |
| form of flecainide                      |         | 200 mg, single dose and multiple dosing 7 days;  | graphic effects at steady                            |
| acetate: comparison                     |         |  | state.'  |
| with the standard form and influence of |         | <i>kinetic endpoints</i> - PM: the only parameter that differs significantly   |  |
|   |         |  |  |

| 4   |                 |   | [  |
|---|-----------------|---|--|
| the CYP2D6<br>polymorphism.<br>Clin Pharmacol Ther<br>2002;72:112-22.<br><b>ref. 8, continuation</b>  | PM: AA          | <ul> <li>versus NM<sup>#</sup> is t<sup>1</sup>/<sub>2</sub> after a single dose of 100 mg normal preparation flecainide.</li> <li><i>clinical endpoints</i></li> <li>PM: QRS elongation differs non-significantly versus NM<sup>#</sup> for none of the dosing regimens or preparations.</li> </ul>  |  |
|   |                 |   |  |
| ref. 9  | 4               | NOTE: genotype unknown.   | Authors' conclusion:   |
| Funck-Brentano C et<br>al.<br>Variable disposition<br>kinetics and<br>electrocardiographic<br>effects of flecainide<br>during repeated<br>dosing in humans:<br>contribution of genetic<br>factors, dose-<br>dependent clearance,<br>and interaction with<br>amiodarone.<br>Clin Pharmacol Ther<br>1994;55:256-69. | 4<br>PM: A      | <ul> <li>12 healthy study subjects, 5x PM and 7x NM#<br/>(phenotyped with dextromethorphan), 50-100 mg<br/>flecainide twice daily for 5 days, no co-medication;</li> <li><i>kinetic endpoints</i> <ul> <li>PM: t<sup>1</sup>/<sub>2</sub> is 15.7 hours at 50 mg twice daily and<br/>17.6 hours at 100 mg twice daily, elevated for<br/>both doses versus NM<sup>#</sup>, by 26% and 44%<br/>respectively (both S). The C<sub>ss</sub> of S-flecainide, R-<br/>flecainide and the sum differ non-significantly<br/>versus NM<sup>#</sup> for both doses.</li> <li>The log MR-dextromethorphan is correlated to the<br/>t<sup>1</sup>/<sub>2</sub>, but not to Cl<sub>or</sub> or C<sub>ss</sub> for flecainide.</li> </ul> </li> <li><i>clinical endpoints</i> (change in heart rate, QRS interval,<br/>PR interval, QT interval and JT interval): <ul> <li>PM: only PR interval differed significantly versus<br/>NM<sup>#</sup>, at 50 mg twice daily.</li> </ul> </li> </ul> | 'Overall, these findings<br>indicate that small diffe-<br>rences in flecainide dis-<br>position kinetics persist<br>at steady state between<br>normal metabolizer and<br>poor metabolizer<br>subjects, however,<br>because mean plasma<br>concentration and effect<br>of flecainide do not differ<br>among subjects with<br>both phenotypes, no<br>specific dosing recom-<br>mendation can be made<br>on the basis of pheno-<br>type identificaton.' |
| <b>ref. 10</b><br>Gross AS et al.<br>Polymorphic<br>flecainide disposition<br>under conditions of<br>uncontrolled urine<br>flow and pH.<br>Eur J Clin Pharmacol<br>1991;40:155-62.  | 3<br>PM: A      | <ul> <li>NOTE: genotype unknown.</li> <li>10 healthy study subjects, 5x PM and 5x NM<sup>#</sup><br/>(phenotyped with sparteine), single dose of 50 mg<br/>flecainide, no co-medication;</li> <li>PM: increase in the AUC for R-flecainide from<br/>507 to 1195 h/mL·ng versus NM<sup>#</sup> (S by 136%),<br/>decrease in Clor from 783 to 313 mL/min (S by<br/>60%), t½ is 19.2 hours. Increase in the AUC for<br/>S-flecainide from 548 to 1000 h/mL·ng (S by<br/>83%), decrease in Clor from 828 to 379 mL/min<br/>(S by 54%), t½ is 15.8 hours.</li> <li>NOTE: genotype unknown</li> </ul>   | AUC R- + S-flecainide<br>versus NM <sup>#</sup> :<br>PM: 208%  |
| <b>ref. 11</b><br>Gross AS et al.<br>Stereoselective dispo-<br>sition of flecainide in<br>relation to the spar-<br>teine/debrisoquine<br>metaboliser pheno-<br>type.<br>Br J Clin Pharmacol<br>1989;28:555-66.<br><b>ref. 12</b><br>Mikus G et al.<br>The influence of the  | 3<br>PM: A<br>3 | <ul> <li>10 healthy study subjects, 5x PM and 5x NM (phenotyped with sparteine, genotyped with Xbal), single dose of 50 mg flecainide, no co-medication;</li> <li>PM: increase in the AUC for R-flecainide from 491 to 822 h/mL·ng versus NM (S by 67%), decrease in Clor from 768 to 467 mL/min (NS by 39%), t½ is 12.9 hours. Increase in the AUC for S-flecainide from 476 to 636 h/mL·ng (NS, by 34%), decrease in Clor from 793 to 620 ml/min (NS by 22%), t½ is 9.8 hours.</li> <li>10 healthy study subjects, 5x PM and 5x NM<sup>#</sup> (phenotyped with sparteine), single dose of 50 mg flecainide, no co-medication;</li> </ul>   | AUC R- + S-flecainide<br>versus NM:<br>PM: 151%  |
| sparteine/debrisoquin<br>phenotype on the dis-<br>position of flecainide.<br>Clin Pharmacol Ther<br>1989;45:562-7.  | PM: A           | <ul> <li>PM: increase in the AUC from 860 to 1462<br/>h/mL·ng versus NM<sup>#</sup> (S by 70%), decrease in Clor<br/>from 1041 to 600 mL/min (S by 42%), t½ is 12<br/>hours.</li> <li>NOTE: urine production and pH remained constant</li> </ul>  | AUC flecainide versus<br>NM <sup>#</sup> :<br>PM: 170%   |

# ref. 12, continuation

#### NOTE: genotype unknown

NM<sup>#</sup>: It is not possible to distinguish between NM, IM and UM based on phenotyping. NM<sup>#</sup> is therefore equal to NM + IM + UM.

| Risk group | IMs with CYP2D6 inhibitors, IMs and PMs with reduced renal function |
|------------|---|
|------------|---|

### Comments:

For the period after 2008, kinetic studies were only included if the clearance or (dose-corrected) exposure was determined per phenotype and the number of PM or IM is greater than 1 or the number of UM is greater than 0. For this reason, Doki K et al. Effects of CYP2D6 genotypes on age-related change of flecainide metabolism: involvement of CYP1A2-mediated metabolism. Br J Clin Pharmacol 2009;68:89-96. PubMed PMID: 19660006 and Doki K et al. CYP2D6 genotype affects age-related decline in flecainide clearance: a population pharmaco-kinetic analysis. Pharmacogenet Genomics 2012;22:777-83. PubMed PMID: 22941032 were not included. The first study found reduced metabolite formation in patients from 70 years upwards compared to patients younger than 70 years for a group of 19 IM and 2 PM and for a group of 51x gene dose 1.5 and 5x gene dose 1, but not for a group with gene dose 2. However, the dose-corrected plasma concentration of flecainide did not differ significantly between the age groups for IM+PM. When creating a pharmacokinetic model, the second study found a reduced clearance for IM+PM at an age from 55 years upwards and for gene dose 1 + gene dose 1.5 at an age from 60 years upwards. The authors attributed this to a greater contribution of the metabolism of CYP1A2 at gene doses lower than 2. CYP1A2 metabolises flecainide *in vitro* and the activity of CYP1A2 decreases with age.

Date of literature search: 16 May 2022.

|                        | Phenotype | Code | Gene-drug interaction | Action | Date              |
|------------------------|-----------|------|-----------------------|--------|-------------------|
| KNMP Pharmacogenetics  | PM        | 4 F  | yes                   | yes    | 12 September 2022 |
| Working Group decision | IM        | 3 E  | yes                   | yes    |                   |
|                        | UM        |      | yes                   | yes    |                   |

#### Mechanism:

The R-enantiomer of flecainide is metabolised by CYP2D6, the S-enantiomer is metabolised via other routes. This results in the formation of the pharmacologically inactive metabolites meta-O-desalkyl flecainide and meta-O-desal-kyl lactam flecainide.

According to the NVZA, the therapeutic range of flecainide is 200-1000 ng/ml (trough concentrations) or 750-1250 ng/ml (peak concentrations), while trough concentrations > 1000 ng/ml are toxic.

## **Clinical Implication Score:**

Table 1: Definitions of the available Clinical Implication Scores

| Potentially | PGx testing for this gene-drug pair is potentially beneficial. Genotyping can be  | 0-2 +  |
|-------------|---|--------|
| beneficial  | considered on an individual patient basis. If, however, the genotype is   |        |
|             | available, the DPWG recommends adhering to the gene-drug guideline  |        |
| Beneficial  | PGx testing for this gene-drug pair is beneficial. It is advised to consider genotyping the patient before (or directly after) drug therapy has been initiated to guide drug and dose selection | 3-5 +  |
| Essential   | PGx testing for this gene-drug pair is essential for drug safety or efficacy.<br>Genotyping must be performed before drug therapy has been initiated to guide<br>drug and dose selection        | 6-10 + |

#### Table 2: Criteria on which the attribution of Clinical Implication Score is based

| Clinical Implication Score Criteria  | Possible<br>Score | Given<br>Score |
|--|-------------------|----------------|
| Clinical effect associated with gene-drug interaction (drug- or diminished efficacy-induced) |                   |                |
| CTCAE Grade 3 or 4 (clinical effect score D or E)  | +                 |                |
| CTCAE Grade 5 (clinical effect score F)  | ++                | ++             |
| Level of evidence supporting the associated clinical effect grade ≥ 3                        |                   |                |
| • One study with level of evidence score $\geq 3$  | +                 |                |
| • Two studies with level of evidence score $\geq 3$  | ++                |                |
| <ul> <li>Three or more studies with level of evidence score ≥ 3</li> </ul>                   | +++               |                |

| •<br>PGx      | NNG ≤ 10<br><b>information in the Summary of Product Characteristics (SmPC)</b><br>At least one genotype/phenotype mentioned | +++ |    |
|---------------|--|-----|----|
| OR<br>•<br>OR | Recommendation to genotype   | ++  |    |
| •             | At least one genotype/phenotype mentioned as a contra-indication in the corresponding section                                | ++  |    |
| Tota          | Il Score:  | 10+ | 2+ |