

# VKORC1: phenprocoumon

1911/1912

AA = homozygous allele variant (= -1639 AA = 1173 TT) (strongly increased coumarin sensitivity),  $Cl_{or}$  = oral clearance, mean = (weighted) mean, GA = heterozygous (= -1639 GA = 1173 CT) (increased coumarin sensitivity), GG = homozygous wild-type allele (= -1639 GG = 1173 CC) (normal coumarin sensitivity), HR = hazard ratio, INR = international normalised ratio, NS = non-significant, RR = relative risk, risk ratio, S = significant, SmPC = Summary of Product Characteristics,  $t_{1/2}$  = half-life, VKORC1 = vitamin K epoxide reductase complex subunit 1

**Disclaimer:** The Pharmacogenetics Working Group of the KNMP formulates the optimal recommendations for each phenotype group based on the available evidence. If this optimal recommendation cannot be followed due to practical restrictions, e.g. therapeutic drug monitoring or a lower dose is not available, then the health care professional should consider the next best option.

# Brief summary and justification of choices:

Phenprocoumon reduces blood coagulation by inhibition of VKORC1 enzyme activity. VKORC1 gene variants may lead to reduced production of the VKORC1 protein. Lower phenprocoumon doses are then needed to achieve the desired INR.

AA increases the risk of developing INR > 6, i.e. periods with high bleeding risk, and decreases the maintenance dose. Contrary to acenocoumarol, there is no evidence that a lower initial phenprocoumon dose reduces the percentage of patients with INR > 6 on day 4, but the maintenance dose does decrease by the same extent for both coumarins. One study showed no significant difference in clinical effect for all genotypes combined when using a pharmacogenetic dosing algorithm for the first 5-7 days. However, a later study showed the pharmacogenetic dosing algorithm to increase the percentage of time with a therapeutic INR and decrease the percentage of time with a supratherapeutic INR (> 3.0) for patients younger than 75 years with two or more VKORC1 and/or CYP2C9 variants. However, for patients of 75 years and older, the pharmacogenetic dosing algorithm decreased the percentage of time with a therapeutic INR and increased the percentage of time with a supratherapeutic INR (> 3.0) (significantly for the whole group and numerically for patients with two or more VKORC1 and/or CYP2C9 variants for whom significance could not be determined due to the presence of only one such patient in the control group). This might be due to the algorithm being suboptimal for patients of 75 years and older. Based on the observed clinical effects for AA, the KNMP Pharmacogenetics Working Group decided that a recommendation to reduce the initial dose is required for this gene-drug interaction (yes/yes-interaction).

GA appears to have a more pronounced effect on the bleeding risk than the maintenance dose, though data on an increased bleeding risk were not confirmed in other studies. Moreover, GA is the most common genotype among European Caucasians, and the standard dose will therefore be largely based on this genotype. So it does not seem meaningful to recommend additional monitoring. This is why a decision was made that this concerns a gene-drug interaction but that no action is required (yes/no-interaction).

You can find a detailed overview of the observed clinical and kinetic effects per genotype in the background information text of the gene-drug interactions on the KNMP Kennisbank. You might also have access to this background information text via your pharmacy or physician electronic decision support system.

More detailed substantiation of the choice per genotype is given below.

AA: Brehm 2016, Brehm 2013, and Reitsma 2005 did not find a significantly increased risk of major bleeding, although Reitsma did find an increased risk for GA+AA and Brehm 2013 found a trend. Schalekamp 2007 and the extension to this study, Verhoef 2012 found an increased risk of INR > 6 (significant overanticoagulation). Reitsma 2005, Schalekamp 2007 and Verhoef 2012 are all studies performed in the Netherlands where patients were started on anticoagulant therapy and subsequently monitored by the National INR Monitoring Service (Thrombosis Service).

As the initial dose used by most sites of the Thrombosis Service differs for patients < 70 years (either 9-3-1.5 or 6-3-1.5 mg) and for patients  $\ge$  70 years or with relative contraindication(s) (either 12-6-3 or 9-6-3 mg), a decision was made to recommend a percentage decrease in the initial dose equivalent to the decrease in the maintenance dose for AA. The weighted mean of the calculated decrease in maintenance dose for AA is a decrease to 51% of the maintenance dose for GG (median 50%; ranging per study from 46-58%). This was translated to an initial dose of 50% to be more achievable in clinical practice. A decision was also made to

recommend additional monitoring at hospitals, where patients are initiated on anticoagulant therapy by residents or internists.

GA: Reitsma 2005 found an increased risk of major bleeding, but Brehm 2016 and Brehm 2015 did not. Schale-kamp 2007 and the extension to this study, Verhoef 2012 found no increased risk of INR > 6 (significant over-anticoagulation).

## Recommendation concerning pre-emptive genotyping, including justification of choices:

The Dutch Pharmacogenetics Working Group considers genotyping before starting phenprocoumon to be to be beneficial for drug safety. It is advised to genotype these patients before (or directly after) drug therapy has been initiated to guide drug and dose selection.

The clinical implication of the gene-drug interaction scores 3 out of the maximum of 10 points (with pre-emptive genotyping considered to be beneficial for scores ranging from 3 to 5 points) (see also the clinical implication score tables at the end of this risk analysis):

Despite very careful dose titration by the Dutch Thrombosis Service, the percentage of patients developing INR  $\geq$  6 (severity code D corresponding to CTCAE grade 3) was enhanced for patients homozygous for the variant VKORC1 allele (VKORC1 -1639 AA) compared to patients homozygous for the wild type allele (VKORC1 -1639 GG). This results in 1 out of the maximum of 2 points for the first criterion of the clinical implication score, the clinical effect associated with the gene-drug interaction (1 point for CTCAE grade 3 or 4).

Two studies confirmed VKORC1 -1639 AA to result in a severe clinical effect (score of D corresponding to CTCAE grade 3). However, 39% of the patients in the largest of these studies (Verhoef 2012) were derived from the smallest of these studies (Schalekamp 2007). So, a severe clinical effect of AA was only shown in one independent study. Reitsma 2005 reported an increase in major bleeding in VKORC1 -1639 GA, but the increase did not reach significance in VKORC1 -1639 AA. Because the result of Verhoef 2012 was partly based on the patients in Schalekamp 2007 and because the result in Reitsma 2005 only reached significance for GA but not for AA, both studies were considered to contribute only for 50% to the evidence. So, the total amount of studies confirming a severe clinical effect for VKORC1 -1639 AA was 2 (one study contributing fully and two studies contributing 50%). This results in 2 out of the maximum of 3 points for the second criterion of the clinical implication score, the level of evidence supporting an associated clinical effect grade ≥ 3 (2 points for two publications with level of evidence score ≥ 3). The number needed to genotype should be deduced from the increase in the percentage of patients with bleeding for VKORC1 -1639 AA. INR > 6 only has a severity code D (CTCAE grade 3), because an increase in INR > 6 corres-

ponds to an increase in bleeding. However, the incidence of bleeding is much lower than the incidence of INR > 6 and patients do not notice INR > 6 if it does not result in bleeding. For this reason, INR > 6 is not suitable for calculation of the number needed to genotype to prevent a serious adverse event. However, there are no studies investigating bleeding that can be employed for calculation of the number needed to genotype. Reitsma 2005 investigated major bleeding, but only mentioned odds ratios, not the incidence of major bleeding in VKORC1 -1639 GG or in the general population. Brehm 2013 and Brehm 2016 investigated bleeding in patients with a ventricular assist device, which is not the major patient group treated with phenprocoumon. In addition, this study is performed in Germany, so without involvement of the Dutch Thrombosis Service. Because data to calculate the number needed to genotype are lacking, no points can be assigned for the number needed to genotype. Because major bleeding is a rare event in patients treated with phenprocoumon, it is not very likely that points could have been assigned (number needed to genotype ≤ 1000) if data to calculate the number needed to genotype would have been available. Reitsma 2005 found an OR of 2.6 for major bleeding for VKORC1 -1639 AA compared to VKORC1 -1639 GG and Verhoef 2012 reported 17% of patients to have the AA genotype. Because at low event frequencies, the OR is approximately equal to the relative risk, the difference in risk between AA and GG would be 1.6 times the risk in GG. With 5.88 patients to be genotyped to find one VKORC1 -1639 AA, a number needed to genotype ≤ 1000 would require the percentage of VKORC1 -1639 GG with major bleedings to be higher than 0.37%. Because the number needed to genotype could not be calculated and is likely to be higher than 1000, this results in 0 of the maximum of 3 points for the third criterion of the clinical implication score, the number needed to genotype (NNG) to prevent one clinical effect grade ≥ 3 (only points for NNG  $\leq$  1000).

The Summary of Product Characteristics (SmPC) of phenprocoumon does not mention any VKORC1 phenotype or genotype. This results in 0 out of the maximum of 2 points for the fourth and last criterion of the clinical implication score, the pharmacogenetics information in the SmPC (only points for at least one genotype/phenotype mentioned in the SmPC).

The table below follows the KNMP nomenclature for the VKORC1 polymorphism and genotypes. The nomenclature used in the table below may therefore differ from the nomenclature used by the authors in the article.

Source	Code	Effect	Comments
ref. 1	3	Data from the 159 patients in Verhoef 2013 who had at least	Author's conclu-
Zhang Y et al.		10 weeks follow-up were reanalysed. Of these patients, 79	sion:
Age-stratified out-		received genotype-guided treatment (55 patients < 75 years of	"The results sup-
come of a genotype-		age and 24 patients ≥ 75 years of age) and 80 received con-	port the use of

quided dosing algorithm for acenocoumarol and phenprocoumon.

J Thromb Haemost 2017;15:454-464. PubMed PMID: 27992949.

#### ref. 1, continuation

trol treatment (63 patients < 75 years of age and 17 patients ≥ 75 years of age). After exclusion of patients due to protocol violations, 49 patients remained in the genotype-guided group (33 patients < 75 years of age and 16 patients ≥ 75 years of age) and 58 in the control group (47 patients < 75 years of age and 11 patients ≥ 75 years of age).

All INRs were measured during the first 12 weeks of treatment.

Patient characteristics in the different groups were similar, except for patients < 75 year having a higher weight in the genotype-guided group compared to the control group (mean respectively 92 kg and 85 kg).

Approximately half of the patients used relevant co-medication (drugs with a potentiating effect). None of the patients used amiodarone, which was included in the algorithms. Differences in percentages of time in or outside the therapeutic range were adjusted for height, weight, sex, enzyme inhibitors, and enzyme inducers.

#### Genotyping:

- 55x GG
- 72x GA
- 31x AA
- 1x genotype unknown (clinical algorithm, < 75 years)

#### Results:

genotypeguided versus not genotypeguided therapy , patients < 75 years: AA#

Genotype-b	Genotype-based algorithm versus clinical algorithm:						
			value for the clini- cal algo- rithm				
% of time in the the-rapeutic	< 75 years, no CYP2C9 and VKORC1 variants	NS	53.9%				
range	< 75 years, one CYP2C9 or VKORC1 variant	NS	63.0%				
	< 75 years, two or more CYP2C9 and/or VKORC1 variants	+ 14.0% (S)	52.1%				
	≥ 75 years, no CYP2C9 and VKORC1 variants	NS	56.0%				
	≥ 75 years, one CYP2C9 or VKORC1 variant	NS	67.2%				
	≥ 75 years, two or more CYP2C9 and/or VKORC1 variants	significance could not be determined (n = 1 in the control group)	55.6%				
	< 75 years	+ 9.5% (S)	55.7%				
	≥ 75 years	- 17.9% (S)	63.3%				
	A per-protocol analysimilar results, but the did not reach significanalysis (p = 0.08 for ≥ 7.00 f						
% of time with a suprathe-	< 75 years, no CYP2C9 and VKORC1 variants	NS	16.1%				

genotype-guided dosing for phenprocoumon in patients < 75 years. For patients ≥ 75 years the phenprocoumon algorithm should be revised and further tested."

				the clini- cal algo-
				rithm
	% of time in the the-rapeutic	< 75 years, no CYP2C9 and VKORC1 variants	NS	53.9%
	range	< 75 years, one CYP2C9 or VKORC1 variant	NS	63.0%
		< 75 years, two or more CYP2C9 and/or VKORC1 variants	+ 14.0% (S)	52.1%
		≥ 75 years, no CYP2C9 and VKORC1 variants	NS	56.0%
		≥ 75 years, one CYP2C9 or VKORC1 variant	NS	67.2%
		≥ 75 years, two or more CYP2C9 and/or VKORC1 variants	significance could not be determined	55.6%
,		variants	(n = 1 in the control group)	
		< 75 years	+ 9.5% (S)	55.7%
		≥ 75 years A per-protocol analy	- 17.9% (S)	63.3%
		did not reach signifi analysis (p = 0.08 fo and p = 0.05 for ≥ 7	or < 75 years 5 years).	
	% of time with a	< 75 years, no CYP2C9 and	NS	16.1%
	suprathe-	VKORC1 variants		

	<del>                                     </del>	_	T		1	Т
ref. 1, continuation		rapeutic INR (> 3.0)	< 75 years, one CYP2C9 or VKORC1 variant	NS	18.8%	
			< 75 years, two or more CYP2C9 and/or VKORC1 variants	- 21.7% (S)	40.0%	
			≥ 75 years, no CYP2C9 and VKORC1 variants	NS	13.2%	
	geno- type-		≥ 75 years, one CYP2C9 or VKORC1 variant	+ 21.3% (S)	5.5%	
	guided versus not ge- notype- guided therapy		≥ 75 years, two or more CYP2C9 and/or VKORC1 variants	significance could not be determined (n = 1 in the control group)	40.8%	
	, pa-		< 75 years	- 9.6% (S)	27.1%	
	tients		≥ 75 years	+ 27.5% (S)	9.9%	
	≥ 75		A per-protocol anal		0.070	
	years: A		similar results, but t was not significant	he difference for < 75 years.		
		% of time with a subthera-	< 75 years, no CYP2C9 and VKORC1 variants	NS	30.0%	
		peutic INR (< 2.0)	< 75 years, one CYP2C9 or VKORC1 variant	NS	18.3%	
			< 75 years, two or more CYP2C9 and/or VKORC1 variants	+ 7.7% (S)	8.0%	
			≥ 75 years, no CYP2C9 and VKORC1 variants	NS	30.8%	
			≥ 75 years, one CYP2C9 or VKORC1 variant	NS	27.3%	
			≥ 75 years, two or more CYP2C9 and/or VKORC1 variants	significance could not be determined (n = 1 in the control group)	3.5%	
			< 75 years	NS	17.2%	
			≥ 75 years	NS	26.9%	
		calculated	A per-protocol analysimilar results.	+ 0.60 (S)	2.4	
		dose for the pa-	CYP2C9 and VKORC1 variants	, ,		
		tients in the geno- type-gui-	< 75 years, one CYP2C9 or VKORC1 variant	NS	2.2	
		ded group (in mg/day)	< 75 years, two or more CYP2C9 and/or VKORC1 variants	- 0.70 (S)	2.3	
			≥ 75 years, no	+ 0.60 (S)	1.8	
			l ' '	1 (-)		

	I	П	0)/0000	T	1	
ref. 1, continuation			CYP2C9 and VKORC1 variants			
			≥ 75 years, one CYP2C9 or	NS	1.9	
			VKORC1 variant			
			≥ 75 years, two or	- 0.40 (S)	1.7	
			more CYP2C9 and/or VKORC1			
			variants			
			< 75 years	- 0.20 (S)	2.3	
			≥ 75 years	NS	1.8	
		calculated	< 75 years, no	+ 0.7 (S)	2.9	
		dose for	CYP2C9 and			
		the pa-	VKORC1 variants	NC	0.0	
		tients in the control	< 75 years, one CYP2C9 or	NS	2.3	
		group (in	VKORC1 variant < 75 years, two or	+ 0.6 (S)	1.6	
		mg/day)	more CYP2C9	. 0.0 (0)	1.0	
			and/or VKORC1 variants			
			≥ 75 years, no	- 0.6 (S)	2.2	
			CYP2C9 and VKORC1 variants			
			≥ 75 years, one	NS	1.8	
			CYP2C9 or			
			VKORC1 variant ≥ 75 years, two or	not deter-		
			more CYP2C9	mined		
			and/or VKORC1			
			variants < 75 years	NS	2.2	
			≥ 75 years	trend for a	1.9	
			= 70 years	decrease (p	1.0	
				= 0.10) (NS)		
		Note: The aut	thors indicate that the	increased time	ahove the	
			NR might not represe			
			nsufficient age-relate	d dose correctio	n in the	
ref. 2	2		ded algorithm.	dovice europert	trooted with	Author's conclu-
Brehm K et al.	3		ith ventricular assist on for a period of 0.8			sion:
Genetic variations of		10.75 months	s), were retrospective	ly studied. Phen	procoumon	"VKORC polymor-
phenprocoumon			started in the intensiv		•	phism affects
metabolism in patients with ventri-			able condition and ora coagulation protocol			phenprocoumon dosage in the
cular assist devices.			a target INR of 2-3 pl			initiation as well as
Eur J Cardiothorac			ever, the target INR f			the maintenance
Surg 2016;50:275-80.			d acetylsalicylic acid <sup>,</sup> f recurrent bleeding e			phase. High rates
PubMed PMID:			eceiving a ventricular			of bleeding compli- cations and throm-
26984978.		period were o	leceased and not incl	luded.		boembolic events
			g was defined as ble			were found at the
			py and minor bleedin ment (epistaxis, bleed			beginning of phen-
		and mucosal	bleeding). There wer	e 31 episodes o	f major	procoumon thera-
			9 patients. Multiple m	inor bleedings w	ere repor-	py in ventricular assist device pa-
		ted in 35 pation There were 1	ents. 7 thromboembolic ev	rents in 11 patie	nts: 4 throm-	tients. Therefore, a
		boses of the	oump necessitating c	hange of the de	vice, 4	genotype-guided
		ischaemic str	okes, 6 transient isch	aemic episodes	, 1 splenic	dosage algorithm

ref. 2, continuation		infarction, 1 central retinal arter embolism. High complication (major bleed were observed particularly in th Relevant co-medication was not The influence of genotypes on events was evaluated by univaries.  Genotyping: - 26x GG - 20x GA - 17x AA  Results: Results compared to GG:	ing or thron e early pos t excluded. the occurre	nboembolis t-operative nce of adve	m) rates period.	might be useful in ventricular assist device patients."
					for GG	
		bleeding events	NS	NS	GG	
	AA: A	thromboembolic events	NS	NS		Maintenance
	GA: A	dose corrected INR increase during the loading phase	x 2.3 (S)	x 2.3 (S)	0.04	dose versus GG: GA: 66%
		phenprocoumon maintenan- ce dose (in mg/week)	x 0.58 (S)	x 0.66 (S)	15.7	AA: 58%
ref. 3 Botton et al. A new algorithm for weekly phenprocoumon dose variation in a southern Brazilian population: role for CYP2C9, CYP-3A4/5 and VKORC1 genes polymorphisms. Basic Clin Pharmacol Toxicol 2014;114:323-9. PubMed PMID: 24224579.	GA: A AA: A	198 patients with various INR to with phenprocoumon. Relevant ded.  Genotyping: - 73x GG - 100x GA - 25x AA  Maintenance dose versus GG: - GA: decrease by 24% (from 1-1) - AA: decrease by 43% (from 1-1)	co-medica 8.63 mg to 8.63 mg to	14.18 mg) 10.67 mg)	t exclu- (S) (S)	Authors' conclusion: 'Polymorphisms 1639G>A and 1173C>T in VKORC1 are associated with lower doses.'  Maintenance dose versus GG: GA: 76% AA: 57%
ref. 4 Verhoef TI et al. A randomized trial of genotype-guided dosing of acenocoumarol and phenprocoumon. N Engl J Med 2013;369:2304-12. PMID:24251360.	geno- type- guided versus	Patients without prior exposure ted with phenprocoumon for 12 during the first 5-7 days was guided CYP2C9 and VKORC1 geralgorithm based on clinical infortarget was 2.0-3.0. Relevant conformed the was a mindarone used boembolism (17%) were commoved the was a fixed to a serior of the was a fixed to was a fixed to with the treatment did not increase to the was an increase by 19% to with the was an increase by 19% the was guident the was an increase by 19% to with the was a fixed to with the was an increase by 19% the was guident to was a fixed to with the was an increase by 19% the was guident to was a fixed to with the was an increase by 19% the was guident to was a fixed to with the was guident to was a fixed to with the was guident to was a fixed to with the was guident to with the was guident to was g	weeks. The ided by an anotypes (nermation onlermedication ers. Patients only given the ase (NS) increase in the filter in the fi	e dose adm algorithm the salphan or guid y (n=81). The was not ender the salphan was not ender the salphan was not ender the time the time the salphan was not ender the time the time the salphan was not ender the time the salphan was not ender the salp	hinistered hat inclued by an he INR xcluded. us throm-lar-	Authors' conclusion: 'Genotype-guided dosing of acenocoumarol or phenprocoumon did not improve the percentage of time in the therapeutic range during the 12 weeks after the initiation of therapy.'

not A continued:	1	0.05				
ref. 4, continuation	not ge- notype-	0.05) - No differe	ence in the incide	nce of adverse e	vents and	
	guided		embolism (NS)			
	therapy	- No differe	ence in the percei	ntage of patients	with an INR ≥ 4,	
	: AA		entage of time wit			
			ieving an INR in tl		nge and the time	
		untii acni	ieving a stable do	se (NS)		
		When the	acenocoumarol a	nd phenprocoum	on data were	
			e time that the INI			
			ur weeks of treatn			
		_	orithm than for the	•	•	
Doronovo EV et el			he time respective 5-8 and weeks 9-1	• , , ,	ere no differences	Authors' conclu-
Baranova EV et al. Dosing algorithms			suggested the hi	· ·		sion:
for vitamin K anta-			ge in the first 4 we			'Four weeks after
gonists across		without a	CYP2C9 and or V	KORC1 variant:	·	therapy initiation,
VKORC1 and CYP-		Genotype	e-based algorithm	1		genotype-guided
2C9 genotypes. J Thromb Haemost			genotype	first 4 weeks	first 12 weeks	dosing increased the mean percen-
2017;15:465-472.		% of	group no CYP2C9	+ 14.68% (S,	trend for an	tage of time in the
PubMed PMID:		time in	and VKORC1	but only a	increase, p =	therapeutic INR
28063245.		the the-	variants	trend after	0.087 (NS)	range in the VKORC1 GG-
		rapeu-		Bonferroni		CYP2C9*1*1 sub-
		tic    range		correction (significance		group as compa-
		range		for p < 0.001)		red with the non-
				(NS, p =		genetic dosing
				0.002))	NO	(difference of 14.68%). For the
			one or more CYP2C9	NS	NS	VKORC1 AA-
			variants and			CYP2C9*1*1 sub-
			no VKORC1			group, there was a higher risk of
			variant	NO	NO	under-anticoagula-
			no CYP2C9 variants and	NS	NS	tion with the geno-
			one VKORC1			type-guided algo-
			variant			rithm (difference of 19.9%). Twelve
			one or more	NS	NS	weeks after thera-
			CYP2C9 variants and			py initiation, no
			one VKORC1			statistically signifi-
			variant			cant differences in anticoagulation
			no CYP2C9	NS	NS	control between
			variants and two VKORC1			trial arms were
			variants			noted across the
			one or more	NS	NS	VKORC1–CYP- 2C9 genetic sub-
			CYP2C9			groups.
			variants and two VKORC1			EU-PACT genetic-
			variants			guided dose initia-
		% of	no CYP2C9	NS	NS	tion algorithms for acenocoumarol
		time	and VKORC1			and phenprocou-
		with a	variants	NC	NC	mon could have
		supra- thera-	one or more CYP2C9	NS	NS	predicted the dose
		peutic	variants and			overcautiously in the VKORC1 AA-
		inr (>	no VKORC1			CYP2C9*1*1 sub-
		3.0)	variant	NO	l NG	group. Adjustment
			no CYP2C9	NS	NS	of the genotype-
	<u> </u>		variants and	<u> </u>		guided algorithm

ref. 4, continuation			one VKORC1			could lead to a
			variant		l No	higher benefit of
			one or more CYP2C9	trend for a decrease, p =	NS	genotyping.'
			variants and	0.098 (NS)		
			one VKORC1			
			variant			
			no CYP2C9	trend for a	trend for a	
			variants and two VKORC1	decrease, p = 0.087 (NS)	decrease, p = 0.057 (NS)	
			variants	0.007 (110)	0.007 (1.10)	
			one or more	- 20.50% (S,	NS	
			CYP2C9 variants and	but NS after Bonferroni		
			two VKORC1	correction)		
			variants	331133117		
		% of	no CYP2C9	- 20.29% (S,	trend for a	
		time	and VKORC1	before and	decrease, p =	
		with a sub-	variants	after Bonfer- roni correc-	0.083 (NS)	
		thera-		tion)		
		peutic	one or more	NS	NS	
		INR (<	CYP2C9			
		2.0)	variants and no VKORC1			
			variant			
			no CYP2C9	NS	trend for an	
			variants and one VKORC1		increase, p =	
			variant		0.081 (NS)	
			one or more	NS	NS	
			CYP2C9			
			variants and one VKORC1			
			variant			
			no CYP2C9	+ 19.89% (S,	+ 12.99% (S,	
			variants and	before and	but NS after	
			two VKORC1 variants	after Bonfer- roni correc-	Bonferroni correction)	
			variants	tion)	doireotion)	
			one or more	trend for an	NS	
			CYP2C9	increase, p =		
			variants and two VKORC1	0.075 (NS)		
			variants			
		1 1	vere similar after			
ref. 5	3		s separately and		ol dataset.  ntenance therapy	Authors' conclu-
Abduljalil K et al.			procoumon. Relev			sion:
Quantifying the		ded. A pha	armacokinetic/ pha	armacodynamic r	model showed	'The model confir-
effect of covariates			effects of CYP3A			med CYP2C9 and
on concentrations and effects of stea-		cant effect	s of CYP2C9 inhi	DITOLS/INDUCELS OF	n clearance.	VKORC1 variants as the major pre-
dy-state phenpro-		Genotypin	g:			dictors of variability
coumon using a		- 97x GG				in phenprocoumon
population pharma-		- 130x GA				concentrations and
cokinetic/pharma- codynamic model.		- 51x AA				effects, together with body weight,
Clin Pharmacokinet		Maintenan	ce dose versus G	G:		age, comedication
2013;52:359-71.	GA: A		ease by 20% (fro	m 16.66 mg to 13	3.36 mg per week)	with CYP3A modi-
PMID: 23519598.	AA: A	(S)	ease by 49% (fror	m 16 66 ma to 9 l	56 ma per week)	fiers (i.e. inhibitors or inducers) and
	77. 7	(S)	case by 45% (1101	11 10.00 mg to 6.3	oo mg per week)	or inducers) and
	1	. \-/				1

rof 5 continuation			processes of strict
ref. 5, continuation		A pharmacokinetic/pharmacodynamic model showed significant effects of the VKORC1 variant on sensitivity to phenpro-	presence of atrial fibrillation.
		coumon.	Maintenance
			dose versus GG:
		NOTE: Genotyping was for the polymorphism 1173C>T.	GA: 80% AA: 51%
ref. 6	3	178 patients with a mechanical heart valve prosthesis recei-	Authors' conclu-
Brehm K et al.		ved phenprocoumon for on average 6.7 years. The INR target	sion:
Mechanical heart valve recipients:		was 2.5-3.5. Relevant co-medication was not excluded.	'VKORC polymor- phism affects
anticoagulation in		Genotyping:	phenprocoumon
patients with genetic		- 62x GG	dosage and anti-
variations of phen-		- 91x GA	coagulation-related
procoumon metabo-		- 25x AA	complication rates
lism. Eur J Cardiothorac		GA versus GG:	in mechanical
Surg		- No difference in the risk of minor bleeding (NS)	heart valve reci-
2013;44:309-14.		- No difference in the risk of major bleeding (NS)	pients. Genotyping
PMID:23423913.	GA: C	- Increased risk of INR > 5 with OR = 5.4 (95% CI: 1.2-24.1)	may help to identi- fy patients at parti-
		(S)	cular risk of anti-
		- No difference in the risk of venous thromboembolism (NS)	coagulation-related
		- The maintenance dose decreased by 17% (from 19.0 to 15.8 mg/week) (NS)	complications.'
			Maintananaa
		AA versus GG:	Maintenance dose versus GG:
		<ul><li>No difference in the risk of minor bleeding (NS)</li><li>No significant difference in the risk of major bleeding, but</li></ul>	GA: 83%
		there was a trend towards an increased risk (from 13% to	AA: 46%
		27% of the patients; OR = 2.5; 95% CI: 0.77-10; p = 0.1)	
		- No difference in the risk of INR > 5 (NS)	
		- No difference in the risk of venous thromboembolism (NS)	
	AA: A	- The maintenance dose decreased by 54% (from 19.0 to 8.7 mg/week) (S)	
ref. 7	3	Data from 747 phenprocoumon users from two different	Authors' conclu-
Verhoef TI et al.		studies were analysed. 39% of the patients participated in the	sion:
Long-term anticoa-		Schalekamp 2007 study, which is also included separately in	'The results of this
gulant effects of CYP2C9 and		this risk analysis. This was the only study that generated data	study suggest that
VKORC1 genotypes		only on the first 6 months of treatment. Data up to 18 months were derived from another study. The INR target was 2.0-3.5	pharmacogenetic information might
in phenprocoumon		for all patients. Relevant co-medication was not excluded.	help to prevent
users.		Tot all patients. Nelevant so medication was not excluded.	subtherapeutic or
J Thromb Haemost.		Genotyping:	supratherapeutic
2012;10:2610-2. PMID: 23016521.		- 280x GG	INRs in the first
1 WID. 230 10321.		- 341x GA	month of phenpro-
		- 126x AA	coumon therapy and thereby redu-
		GA versus GG (first month):	ce the risk of
	GA:	- Factor 0.85 decrease in the percentage of patients with at	adverse events.
	AA#	least one subtherapeutic INR (from 89% to 76%) (S)	The value of this
		- Factor 1.5 increase in the percentage of patients with at least	information after
	GA: A	one supratherapeutic INR (from 33% to 48%) (S)	the first month of
		- No difference in the percentage of patients with at least one INR > 6 (NS)	phenprocoumon treatment appears
		No differences between GA and GG were found after the first	to be limited.
		month of treatment.	
		AA vargus GG (first month):	
	AA:	AA versus GG (first month): - Factor 0.56 decrease in the percentage of patients with at	
	AA#	least one subtherapeutic INR (from 89% to 50%) (S)	
		- Factor 2 increase in the percentage of patients with at least	
		one supratherapeutic INR (from 33% to 66%) (S)	

			1
ref. 7, continuation	AA: D	<ul> <li>Factor 5.7 increase in the percentage of patients with at least one INR &gt; 6 (from 3% to 17%) (S)</li> <li>No differences between AA and GG were found after the first month of treatment.</li> </ul>	
		NOTE: Genotyping was for the polymorphism 1173C>T.	
ref. 8 Geisen C et al. Prediction of phen- procoumon mainte- nance dose and phenprocoumon plasma concentra- tion by genetic and	4 GA: A	75 patients (30x GG, 33x GA, 12x AA) on maintenance therapy with phenprocoumon. The INR target was 2.0-3.0. Relevant co-medication was taken by 59% of the patients, but co-medication did not have a significant effect on the maintenance dose.  Median maintenance dose versus GG:  - GA: decrease by 31% (from 2.79 mg to 1.93 mg/day) (S for	Authors' conclusion: "The largest dose differences were observed among VKORC1 genotypes."
non-genetic para-	OA. A	the trend)	Median
meters. Eur J Clin Pharma- col 2011;67:371-81.	AA: A	- AA: decrease by 50% (from 2.79 mg to 1.40 mg/day) (S for the trend)  VKORC1 genotype is an independent variable for the mainte-	maintenance dose versus GG: GA: 69% (S) AA: 50% (S)
		nance dose (multivariable regression analysis) and also the variable with the most effect. VKORC1 genotype accounts for 38% of the variability in the maintenance dose.	, ,
ref. 9 Teichert M et al. Dependency of phenprocoumon dosage on polymor- phisms in the	3	244 patients (90x GG, 101x GA, 53x AA) on maintenance therapy with phenprocoumon. Relevant co-medication was not excluded. The median maintenance dose for GG was 17.2 mg/week. Dose differences were corrected for INR targets (among other factors).	Authors' conclusion: "Phenprocoumon maintenance dosage depended on polymorphisms
VKORC1, CYP2C9, and CYP4F2 genes. Pharmacogenet	GA: A AA: A	Maintenance dose versus GG: - GA: decrease by 4.51 mg/week (S) - AA: decrease by 9.62 mg/week (S)	in the VKORC1 gene."
Genomics 2011;21:26-34.		VKORC1 genotype explained 26% of the variation in the maintenance dose.	Median maintenance dose versus GG:
		NOTE: Genotyping was for the polymorphism rs10871454 that is fully linked to the VKORC1 1639G>A polymorphism. It is therefore referred to as the A-allele in this summary.	GA: 74% (S) AA: 48% (S)
ref. 10 Luxembourg B et al. Impact of pharmacokinetic (CYP2C9) and pharmacodynamic (VKORC1, F7, GGCX, CALU, EPHX1) gene variants on the initiation and maintenance phases of phenprocoumon therapy. Thromb Haemost 2011;105:169-80.	GA: A GA: AA#	54 patients (25x GG, 20x GA, 9x AA) who started phenprocoumon therapy and 91 patients (36x GG, 39x GA, 16x AA) on phenprocoumon maintenance therapy. The INR target was 2.0-3.0. The median initial dose was 18 mg divided over 3 days. No dosing algorithm was used. Relevant co-medication was not excluded. Median measurements are given.  Initiation phase: GA versus GG:  - Difference in dose on day 4 (S for the trend GG, GA, AA)  - The cumulative dose on day 5 decreased by 15% from 30.0 to 25.5 mg (S for the trend)  - The first INR measured increased by 0.33 from 1.18 to 1.51 (S for the trend)  - The time to stable INR decreased by 61% from 31 to 12 days (S for the trend). The HR for achieving stable INR sooner than GG and AA was 3.06 (95% CI: 1.68-5.58).  - The time to first INR > 3.0 decreased by 53% from 17 to 8 days (S for the trend)  - Decreased risk of INR > 3.0 (OR = 0.23; 95% CI: 0.05-0.96)  - No difference in the percentage of time that INR > 3.0 (both 0%)	Authors' conclusion: "Compared to the VKORC1 genotype, early INR values were less informative in the prediction of outcome parameters such as time to stable INR and time above the INR range."

	1		1
ref. 10, continua- tion	AA: AA#	AA versus GG:  - Difference in dose on day 4 (S for the trend GG, GA, AA)  - The cumulative dose on day 5 decreased by 25% from 30.0 to 22.5 mg (S for the trend)  - The first INR measured increased by 0.55 from 1.18 to 1.73 (S for the trend)  - The time to stable INR decreased by 23% from 31 to 24 days (S for the trend)  - The time to first INR > 3.0 decreased by 65% from 17 to 6 days (S for the trend) The HR for achieving INR > 3.0 sooner than GG was 28.04 (95% CI: 4.3-183.43).  - Increased risk of INR > 3.0 (OR = 4.46 (NS (significance not calculated), S versus GA)).  - The percentage of time that INR > 3.0 increased from 0% to 35.3% (S)  - 44% of the AA patients had an INR > 4 during the initiation phase  General:  - Multiple linear regression analysis showed that the	
		VKORC1 genotype was an independent predictor of the time that INR was > 3.0 in the initiation phase  Maintenance therapy: - No significant effects of VKORC1 genotype on time that INR was < 2.0 or > 3.0  The VKORC1 genotype had a higher predictive power for the time to stable INR and time above the INR range in the initia-	
		tion phase than the first INR measurement.	
ref. 11 Nowak-Göttl U et al. In pediatric patients, age has more impact on dosing of vitamin K antago- nists than VKORC1 or CYP2C9 genoty- pes.	GA: AA	59 children (27x GG, 25x GA, 7x AA) received phenprocoumon therapy (n=26) or warfarin (n=34). Relevant co-medication was not excluded.  Maintenance dose versus GG: - GA: no significant difference (NS) - AA: significant decrease (S)  Age is the most critical variable in determining the phenpro-	Authors' conclusion: "In children, the most critical factor in determining VKA dose is age. VKORC1/CYP2C9 genotypes only marginally explain
Blood 2010;116:6101-5.		coumon dose in children (explains 25.5% of the variation); the model did not improve significantly on inclusion of the VKOR-C1 genotype as a variable.	dose variations."
ref. 12 Puehringer H et al. VKORC1 -1639G>A and CYP2C9*3 are the major genetic predictors of phen- procoumon dose requirement. Eur J Clin Pharma-	3 GA: A AA: A	185 patients (65x GG, 87x GA, 29x AA) on maintenance therapy with phenprocoumon. The INR target was 2.0-3.0. Relevant co-medication was not excluded.  Maintenance dose versus GG: - GA: decrease by 19% (from 15.5 mg to 12.5 mg/week) (S for the trend) - AA: decrease by 43% (from 15.5 mg to 8.8 mg/week) (S	Authors' conclusion: "The VKORC1 -1639G>A polymorphism had the highest impact on the maintenance dose of phen-
col 2010;66:591-8.		for the trend)  VKORC1 genotype is an independent and also the most critical variable in determining the maintenance dose (multivariable regression analysis) and explains 14.2% of the variability in the maintenance dose.	Maintenance dose versus GG: GA: 81% (S) AA: 57% (S)
ref. 13 Cadamuro J et al. Genetic determinants of acenocoumarol and phenpro-	3	126 patients (35x GG, 64x GA, 27x AA) on maintenance therapy with phenprocoumon. Relevant co-medication was taken by 44% of the patients.	Authors' conclusion: "These results reveal that interindividual variability

	ı		1 -
coumon maintenan- ce dose require- ments. Eur J Clin Pharma-	GA: A AA: A	Maintenance dose (corrected for age, sex and last INR) versus GG: - GA: decrease by 21% (from 19.08 mg to 15.12 mg/week) (S for the trend)	in weekly aceno- coumarol mainte- nance dose requi- rement is mainly
col 2010;66:253-60.		- AA: decrease by 51% (from 19.08 mg to 9.27 mg/week) (S for the trend)	dependent on the VKORC1 1173
ref. 13, continua- tion		VKORC1 genotype is an independent variable for the maintenance dose (multivariable regression analysis). Age, sex, last	C>T and the CYP- 2C9*3 alleles."
		INR and VKORC1 and CYP2C9 genotypes combined account for 55% of the variability in the maintenance dose.	Maintenance dose versus GG: GA: 79% (S)
		NOTE: Genotyping was for the polymorphism 1173C>T.	AA: 49% (S)
ref. 14 Arnold ML et al.	4	47 patients with a TIA or stroke (15x GG, 27x GA, 5x AA) were started on phenprocoumon at the hospital. The INR	Authors' conclusion:
Pharmacogenetic testing for guiding		target was 2.0-3.0. Relevant co-medication was not excluded, but co-medication did not have a significant effect on the	"In patients with cerebrovascular
de novo phenpro- coumon therapy in		response to phenprocoumon.	disease, genoty- ping for VKORC1
stroke patients.		GA versus GG:	alone can strongly
Cerebrovasc Dis	GA:	- The time to therapeutic INR decreased by 32% from 6.5 to	predict the indivi-
2009;28:468-71.	AA#	<ul><li>4.4 days (S for the trend)</li><li>Significant difference in cumulative dose until reaching</li></ul>	dual response to de novo phenpro-
	GA: A	therapeutic INR (S for the trend)	coumon treatment. The size of the
		AA versus GG:	pharmacogenetic
	AA:	- The time to therapeutic INR decreased by 51% from 6.5 to	test's potential
	AA#	3.2 days (S for the trend)	effect on a more
		- Significant difference in cumulative dose until reaching	efficient use of
	AA: A	therapeutic INR (S for the trend)	hospital capacities remains to be
		80% of the patients were discharged from hospital immediately after achieving therapeutic INR.	shown by a con- trolled interventio- nal study."
		NOTE: Genotyping was for the *2-allele (polymorphism 2255C>T). According to Spreafico et al. (Pharmacogenomics 2008;9:1237-50) the *2-allele (rs2359612, VKORC1 2255	Tidi otday.
		C>T) is equivalent to hereditary class A and therefore to the -1639A allele. It is therefore referred to as the A-allele in this summary.	
ref. 15	3	53 patients (19x GG, 23x GA, 11x AA) on maintenance thera-	Authors' conclu-
Qazim B et al.		py with phenprocoumon for various indications. Co-medication	sion:
Dependency of		that potentiated (n = 45) or weakened (n = 12) the effect of	"Though VKORC1
phenprocoumon dosage on poly-		phenprocoumon was present. Significances of the dose differences were not given.	and CYP2C9 poly- morphisms influen-
morphisms in the VKORC1 and CYP-		GA versus GG:	ce the phenpro- coumon dosage
2C9 genes.		- No difference in INRs	necessary to
J Thromb Thrombolysis 2009;28:211-4.	GA: AA	- The maintenance dose decreased by 29% from 15.3 to 10.9 mg/week (NS)	achieve therapeutic anticoagulation,
2003,20.211-4.		AA varava CC	anticoagulation is
		AA versus GG: - No difference in INRs	therapeutic if carefully monitored."
	AA: AA	- The maintenance dose decreased by 49% from 15.3 to	Tany morniored.
		7.8 mg/week (NS)	Maintenance dose versus GG:
		NOTE: According to Puehringer et al., 2010, the polymorphism VKORC1 3730G>A that was also investigated was not independent of -1639G>A and was therefore not included in	GA: 71% (S) AA: 51% (S)
		the summary.	

( 40	_	1.00	
ref. 16 Schmeits PC et al.	2	A 68-year-old man was hospitalised in the ICU with recurrent pulmonary embolism. He had been treated with phenprocou-	
Investigating unex-	GA: D	mon for some years, but it had not been possible to identify	
pected INRs: in	OA. D	the appropriate dose despite various dose adjustments.	
search of the culprit		His genotype was found to be GA. He did not have any CYP-	
adherence, inter-		2C9 polymorphisms.	
actions, genetics,			
and superwarfarin.		NOTE: Genotyping was for the polymorphism 1173C>T.	
Neth J Med			
2009;67:76-8. ref. 17	4	204 notionts: VKODC4 notionarchisms: 406v CC 424v CA	Authors' conclu-
Schalekamp et al.	4	281 patients; VKORC1 polymorphisms: 106x GG, 121x GA, 54x AA; phenprocoumon for 3-6 months; low target INR; no	sion:
VKORC1 and CYP-		co-medication with impact on CYP2C9; correction for NSAID	"The VKORC1
2C9 genotypes and		and antibiotic usage.	genotype modifies
phenprocoumon		and animated accept	the effect of the
anticoagulation		- Risk of INR > 6 versus GG:	CYP2C9 genotype
status: interaction	GA: A	- GA: HR = 1.69 (NS)	on phenprocou-
between both	AA: D	- AA: HR = 2.28 (S)	mon dose require-
genotypes affects dose requirement.		- Maintenance dose (mg/week) (mean all CYP2C9s):	ments. A combina-
Clin Pharmacol Ther		- GG: 19.96	tion of polymor-
2007;81:185-93.		- GA: 16.11 (S by 19%)	phisms of both ge-
		- AA: 9.74 (S by 51%) - Time to stability (days) (mean of all CYP2C9s):	notypes is associated with a strongly
		- GG: 71 (n=85)	increased risk of
		- GA: 62 (n=100)	overanticoagula-
		- AA: 71 (n=49)	tion."
		NOTE: Genotyping was for the polymorphism 1173C>T.	Maintenance
			dose versus GG:
			GA: 81% (S)
			AA: 49% (S)
ref. 18	3	Case-control study including 110 patients with a history of	Authors' conclu-
Reitsma PH et al.	3	bleeding on coumarin therapy and 220 patients with no history	sion:
Reitsma PH et al. A C1173T dimor-	3	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls	sion: "The results, al-
Reitsma PH et al.	3	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication	sion: "The results, although based on a
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity	3	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls	sion: "The results, although based on a small sample size
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk.	3	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication	sion: "The results, although based on a
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	3 GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.	sion: "The results, although based on a small sample size of individuals with
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk.		bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG:  - GA: OR = 2.7 (S)  - AA: OR = 2.6 (NS)	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S)	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenpro-
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG:     - GA: OR = 2.7 (S)     - AA: OR = 2.6 (NS)     - GA+AA: OR = 2.6 (S)     - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S)	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenprocoumon than in
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR:	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenprocoumon than in acenocoumarol
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR: - GG: 2.9 mg/day	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenprocoumon than in acenocoumarol users. If this
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR: - GG: 2.9 mg/day - GA: 2.6 mg/day (NS by 10%)	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenprocoumon than in acenocoumarol users. If this finding is confir-
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR: - GG: 2.9 mg/day	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenprocoumon than in acenocoumarol users. If this
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR: - GG: 2.9 mg/day - GA: 2.6 mg/day (NS by 10%)	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenprocoumon than in acenocoumarol users. If this finding is confirmed in additional
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR: - GG: 2.9 mg/day - GA: 2.6 mg/day (NS by 10%) - AA: 1.4 mg/day (S by 52%)	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenprocoumon than in acenocoumarol users. If this finding is confirmed in additional studies and exten-
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR: - GG: 2.9 mg/day - GA: 2.6 mg/day (NS by 10%) - AA: 1.4 mg/day (S by 52%)  Phenprocoumon had a greater effect on the risk of bleeding in carriers of an A-allele than acenocoumarol.	sion: "The results, al- though based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenpro- coumon than in acenocoumarol users. If this finding is confir- med in additional studies and exten- ded to more fre- quently occurring and clinically rele-
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR: - GG: 2.9 mg/day - GA: 2.6 mg/day (NS by 10%) - AA: 1.4 mg/day (S by 52%)  Phenprocoumon had a greater effect on the risk of bleeding in	sion: "The results, al- though based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenpro- coumon than in acenocoumarol users. If this finding is confir- med in additional studies and exten- ded to more fre- quently occurring and clinically rele- vant cases of non-
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR: - GG: 2.9 mg/day - GA: 2.6 mg/day (NS by 10%) - AA: 1.4 mg/day (S by 52%)  Phenprocoumon had a greater effect on the risk of bleeding in carriers of an A-allele than acenocoumarol.	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenprocoumon than in acenocoumarol users. If this finding is confirmed in additional studies and extended to more frequently occurring and clinically relevant cases of nonmajor bleeding, it
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR: - GG: 2.9 mg/day - GA: 2.6 mg/day (NS by 10%) - AA: 1.4 mg/day (S by 52%)  Phenprocoumon had a greater effect on the risk of bleeding in carriers of an A-allele than acenocoumarol.	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenprocoumon than in acenocoumarol users. If this finding is confirmed in additional studies and extended to more frequently occurring and clinically relevant cases of nonmajor bleeding, it may imply that CT
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR: - GG: 2.9 mg/day - GA: 2.6 mg/day (NS by 10%) - AA: 1.4 mg/day (S by 52%)  Phenprocoumon had a greater effect on the risk of bleeding in carriers of an A-allele than acenocoumarol.	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenprocoumon than in acenocoumarol users. If this finding is confirmed in additional studies and extended to more frequently occurring and clinically relevant cases of nonmajor bleeding, it may imply that CT and TT carriers
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR: - GG: 2.9 mg/day - GA: 2.6 mg/day (NS by 10%) - AA: 1.4 mg/day (S by 52%)  Phenprocoumon had a greater effect on the risk of bleeding in carriers of an A-allele than acenocoumarol.	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenprocoumon than in acenocoumarol users. If this finding is confirmed in additional studies and extended to more frequently occurring and clinically relevant cases of nonmajor bleeding, it may imply that CT and TT carriers should be prefe-
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR: - GG: 2.9 mg/day - GA: 2.6 mg/day (NS by 10%) - AA: 1.4 mg/day (S by 52%)  Phenprocoumon had a greater effect on the risk of bleeding in carriers of an A-allele than acenocoumarol.	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenprocoumon than in acenocoumarol users. If this finding is confirmed in additional studies and extended to more frequently occurring and clinically relevant cases of nonmajor bleeding, it may imply that CT and TT carriers should be preferentially treated
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR: - GG: 2.9 mg/day - GA: 2.6 mg/day (NS by 10%) - AA: 1.4 mg/day (S by 52%)  Phenprocoumon had a greater effect on the risk of bleeding in carriers of an A-allele than acenocoumarol.	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenprocoumon than in acenocoumarol users. If this finding is confirmed in additional studies and extended to more frequently occurring and clinically relevant cases of nonmajor bleeding, it may imply that CT and TT carriers should be prefe-
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR: - GG: 2.9 mg/day - GA: 2.6 mg/day (NS by 10%) - AA: 1.4 mg/day (S by 52%)  Phenprocoumon had a greater effect on the risk of bleeding in carriers of an A-allele than acenocoumarol.	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenprocoumon than in acenocoumarol users. If this finding is confirmed in additional studies and extended to more frequently occurring and clinically relevant cases of nonmajor bleeding, it may imply that CT and TT carriers should be preferentially treated with acenocouma-
Reitsma PH et al. A C1173T dimor- phism in the VKOR- C1 gene determines coumarin sensitivity and bleeding risk. PLoS Med	GA: D	bleeding on coumarin therapy and 220 patients with no history of bleeding. 48 cases (13 GG, 25 GA, 10 AA) and 81 controls (40 GG, 29 GA, 12 AA) used phenprocoumon. Co-medication was not known.  - Risk of bleeding (major bleeding) versus GG: - GA: OR = 2.7 (S) - AA: OR = 2.6 (NS) - GA+AA: OR = 2.6 (S) - GA+AA (calculation including all 121 GA+AA controls): OR = 2.1 (S) - Mean dose required to achieve a certain INR: - GG: 2.9 mg/day - GA: 2.6 mg/day (NS by 10%) - AA: 1.4 mg/day (S by 52%)  Phenprocoumon had a greater effect on the risk of bleeding in carriers of an A-allele than acenocoumarol.	sion: "The results, although based on a small sample size of individuals with bleeding, support the suggestion that the bleeding risk for T-carriers is higher in phenprocoumon than in acenocoumarol users. If this finding is confirmed in additional studies and extended to more frequently occurring and clinically relevant cases of nonmajor bleeding, it may imply that CT and TT carriers should be preferentially treated with acenocouma-

ref. 18, continua-	dose versus GG:
tion	GA: 90%
	AA: 48% (S)

<sup>&</sup>lt;sup>#</sup> In these cases, there was a significant difference between GG and GA or AA, but the clinical effect was more favourable for GA or AA than for GG. As the purpose of classification of the severity of the effect is to classify negative effects, code AA is used for a positive effect.

Risk group	Use of CYP2C9 inhibitors, CYP2C9 polymorphisms

#### Comments:

- Articles relating to VKORC1 gene variations that led to acenocoumarol resistance were not included, because the prevalence of these VKORC1 gene variations is very low.

The only articles included from 2007 were those that either showed a clinical effect or an effect size of separate VKORC1 phenotypes on dose or kinetics, because articles that only showed that VKORC1 has an effect on kinetics or dose did not supply new information.

From 2011, articles investigating the effect on dose or kinetics were only included if the patient number was 100 or more and if data were available per genotype. Other articles on dose or kinetics supplied insufficient new information. All articles with data on bleeding and/or INR > 6 were included, as were articles comparing genotype-guided treatment to non-genotype-guided treatment and articles providing new information on the studies in such articles.

## - Dosing algorithms:

 van Schie RM et al. Loading and maintenance dose algorithms for phenprocoumon and acenocoumarol using patient characteristics and pharmacogenetic data. Eur Heart J 2011;32:1909-17.

An algorithm for the phenprocoumon maintenance dose was developed on the basis of data from 559 phenprocoumon users with target INRs of 2.0-3.5. The algorithm was validated in an independent dataset including 229 phenprocoumon users, whose height and body weight parameters were not known. As phenprocoumon has a long half-life (160 hours), a separate loading dose is required. The loading dose is divided over the first 3 days and is calculated from the calculated maintenance dose using the formula mentioned below. The algorithm explained 55.9% of the variation in dose requirement, where the VKORC1 polymorphism explained 34.1% of the variation. The mean absolute error in the calculated maintenance dose was 0.45 mg/day. These numbers were 59.4% and 0.46 mg/day respectively for the validation set. A randomised controlled trial is required to test whether the use of this algorithm leads to improvement of control and safety of phenprocoumon therapy.

The algorithm found was:

 $\sqrt{\text{(mean maintenance dose (mg/week))}} = 2.874 - 0 \text{ (if CYP2C9*1/*1)} - 0.259 \text{ (if CYP2C9*1/*2)} - 0.342 \text{ (if CYP2C9*1/*3)} - 0.447 \text{ (if CYP2C9*2/*2)} - 0.684 \text{ (if CYP2C9*2/*3)} - 0.681 \text{ (if CYP2C9*3/*3)} - 0 \text{ (if VKORC1 GG)} - 0.601 \text{ (if VKORC1 GA)} - 1.394 \text{ (if VKORC1 AA)} - 0.015 * age (years) + 0.026 \text{ (if female)} + 0.011 * height (cm) + 0.008 * body weight (kg) - 0.345 \text{ (if amiodarone user)}$  Formula to calculate the loading dose based on the calculated maintenance dose: maintenance dose (mg/day) =  $(D_1^*e^{-2k} + D_2^*e^{-k} + D_3)/(1-e^{-k})$ 

where  $D_1$ ,  $D_2$  and  $D_3$  represent the dose on day 1, 2 and 3 respectively and where the elimination rate constant k is equal to  $ln(2)/t_{1/2}$ .

Loading doses used:

Loading dose (in mg)	Calculated maintenance dose (mg/day)
3-3-3	< 1.04
6-3-3	1.04-1.31
6-6-3	1.31-1.61
6-6-6	1.61-1.85
9-6-6	1.85-2.92
9-9-6	> 2.92

The loading dose was always selected to lead to the lower limit (LLN) of the maintenance dose range specified.

NOTE: The polymorphism 1173C>T was determined in this study.

 Geisen C et al. Prediction of phenprocoumon maintenance dose and phenprocoumon plasma concentration by genetic and non-genetic parameters. Eur J Clin Pharmacol 2011;67:371-81.
 An algorithm for the phenprocoumon maintenance dose was developed based on data from 75 phenprocoumon users with target INR of 2.0-3.0. The algorithm was not validated in an independent dataset. The algorithm explained 48.6% of the variation in dose requirement, where the VKORC1 polymorphism explained 37.6% of the variation. The mean absolute error in the calculated maintenance dose was 0.52 mg/day. Passing-Bablok regression analysis showed a good correlation between the actual and calculated phenprocoumon dose (r=0.701).

The algorithm found in the study was:

- $\sqrt{\text{(maintenance dose (mg/day))}} = 0.460 + 0.238 \text{ (if VKORC1 GG)} 0.271 \text{ (if VKORC1 AA)} + 0.007 * \text{height (cm)} 0.004*age (in years)}$
- Puehringer H et al. VKORC1 -1639G>A and CYP2C9\*3 are the major genetic predictors of phenprocoumon dose requirement. Eur J Clin Pharmacol 2010;66:591-8.
  An algorithm for the phenprocoumon maintenance dose was developed based on the data from 185 phenprocoumon users with target INR of 2.0-3.0. The algorithm was not validated in an independent dataset. The algorithm explained 31% of the variation in dose requirement, where the VKORC1 polymorphism explained 14.2% of the variation.
  - $\sqrt{\text{(maintenance dose (mg/week))}} = 4.823 0.4148 * \text{ the number of VKORC1 A alleles} 0.0187 * \text{ age (in years)} 0.5535 * \text{ the number of CYP2C9 *3 alleles} 0.2503 * \text{ the number of CYP2C9 *2 alleles} + 0.057 * \text{ body weight (kg)}$

Date of literature search: 18 July 2018.

	Genotype	Code	Gene-drug interaction	Action	Date
Dutch Pharmacogenetic	GA	4D	Yes	No	10 September 2018
Working Group decision	AA	4D	Yes	Yes	

#### Mechanism:

Coumarins exert their effect by inhibition of enzyme activity of the vitamin K 2,3-epoxide reductase complex subunit 1 (VKORC1). Mutations in the VKORC1 gene may lead to reduced production of the VKORC1 protein. This requires a lower coumarin dose for inhibition of this protein.

VKORC1 regenerates reduced vitamin K (vitamin K 2,3-epoxide) to the active oxidised form (vitamin K hydroquinone). Vitamin K is an essential cofactor for carboxylation of glutamic acid residues on coagulation factors II, VII, IX and X and the anticoagulation proteins C, S and Z. Inhibition of VKORC1 therefore results in reduced coagulation.

#### **Clinical Implication Score:**

Table 1: Definitions of the available Clinical Implication Scores

Potentially beneficial	PGx testing for this gene-drug pair is potentially beneficial. Genotyping can be considered on an individual patient basis. If, however, the genotype is available, the DPWG recommends adhering to the gene-drug guideline	0-2 +
Beneficial	PGx testing for this gene-drug pair is beneficial. It is advised to genotype the patient before (or directly after) drug therapy has been initiated to guide drug and dose selection	3-5 +
Essential	PGx testing for this gene-drug pair is essential for drug safety or efficacy.  Genotyping must be performed before drug therapy has been initiated to guide drug and dose selection	6-10 +

Table 2: Criteria on which the attribution of Clinical Implication Score is based

Clinical Implication Score Criteria		Given Score
Clinical effect associated with gene-drug interaction (drug- or diminished efficacy-induced)		
CTCAE Grade 3 or 4 (clinical effect score D or E)	+	+
CTCAE Grade 5 (clinical effect score F)	++	
Level of evidence supporting the associated clinical effect grade ≥ 3		
One study with level of evidence score ≥ 3	+	
<ul> <li>Two studies with level of evidence score ≥ 3</li> </ul>	++	++
<ul> <li>Three or more studies with level of evidence score ≥ 3</li> </ul>	+++	
Number needed to genotype (NNG) in the Dutch population to prevent one clinical effect grade		
≥ 3		
• 100 < NNG ≤ 1000	+	
• 10 < NNG ≤ 100	++	
<ul> <li>NNG ≤ 10</li> </ul>	+++	

PGx information in the Summary of Product Characteristics (SmPC)  At least one genotype/phenotype mentioned	+	
OR • Recommendation to genotype OR	++	
At least one genotype/phenotype mentioned as a contra-indication in the corresponding section	++	
Total Score:	10+	3+
Corresponding Clinical Implication Score:		