

# HLA: allopurinol

# 6391

95% CI = 95% confidence interval, DRESS = drug reaction with eosinophilia and systemic symptoms, also known as hypersensitivity syndrome (HSS), EEM = erythema exudativum multiforme, eGFR = estimated glomerular filtration rate, HLA = human leukocyte antigen, HSS = hypersensitivity syndrome, including DRESS, MPE = maculopapular exanthema, NS = not significant, OR = odds ratio, PPV = positive predictive value, S = significant, SJS = Stevens-Johnson syndrome, SmPC = summary of product characteristics, TEN = toxic epidermal necrolysis

**Disclaimer:** The Pharmacogenetics Working Group of the KNMP formulates the optimal recommendations for each phenotype group based on the available evidence. If this optimal recommendation cannot be followed due to practical restrictions, e.g. therapeutic drug monitoring or a lower dose is not available, the health care professional should consider the next best option.

#### Brief summary and justification of choices:

Allopurinol can induce the life-threatening cutaneous adverse events SJS/TEN and DRESS. In addition, allopurinol can induce the mild cutaneous adverse event maculopapular exanthema. The hypersensitivity reactions develop in general within two months after the start of allopurinol.

Because specific HLA-proteins are involved in specific cellular immune reactions that cause specific hypersensitivity reactions, HLA-proteins can affect the risk of hypersensitivity reactions.

#### HLA-B\*5801

HLA-B\*5801 is present at a frequency of less than 1% in Northwest-Europeans and Japanese. Its frequency is usually around 5-10% in other East-Asian countries.

Four meta-analyses showed that this allele strongly increased the risk for allopurinol-induced SJS/TEN (OR = 57-106 and OR of having HLA-B\*5801 for a case compared to a control = 84-151) (Yu 2017, Wu 2016, Ng 2016, and Som-krua 2011). Two meta-analysis showed the same for all severe cutaneous adverse events (OR = 73-165) (Wu 2016 and Zineh 2011) and another for DRESS (OR = 54) (Ng 2016). In addition, two meta-analyses showed the same in the European subgroup for SJS/TEN (both 3 studies with population controls and one also 1 study with allopurinol-tolerant controls, OR = 44-58 and OR of having HLA-B\*5801 for a case compared to a control = 58) (Yu 2017 and Wu 2016) and one for all severe cutaneous adverse events (3 studies, OR = 39-65) (Wu 2016). In addition, three studies in East-Asians showed that excluding HLA-B\*5801 positive patients from therapy with allopurinol or starting with an allopurinol tolerance induction protocol for these patients, resulted in reduction of the incidence of allopurinol-induced severe cutaneous adverse events from 0.3% (non-selected patients) or 0.9% or 2.0% (patients with chronic renal insufficiency) to 0% (Park 2019, Jung 2015, Ko 2015).

For this reason, the KNMP Pharmacogenetics Working Group concluded that action is needed for this gene-drug interaction (yes/yes-interaction).

HLA-A\*3303, HLA-C\*0302 and a six SNP HLA haplotype

Studies investigating an association between HLA-A\*3303, HLA-C\*0302 and a six SNP HLA haplotype and allopurinol-induced cutaneous adverse events are not included in the risk analysis, because these associations most probably result from a linkage disequilibrium of these HLA-alleles/haplotype with HLA-B\*5801 (see 'Comments' below the table with article summaries).

If effects of HLA-alleles are not independent, inclusion of the allele-allopurinol combinations in the electronic decision support systems and/or the KNMP Kennisbank does not result in an improvement of allopurinol therapy. HLA-B\*4601

One study in the risk analysis showed a protective effect of HLA-B\*4601 on development of allopurinol-induced severe cutaneous adverse events. However, the study did not find a consistent effect. With allopurinol-tolerant controls, the protective effect was not significant after Bonferroni correction. In addition, this allele was one of the most prevalent alleles and the decrease of its frequency in cases might also be a secondary result of the increase of the frequency of HLA-B\*5801. Finally, because the effect is positive, no action is needed.

For these reasons, the KNMP Pharmacogenetics Working Group decided that there was not enough cause for inclusion of this gene-drug combinations in the electronic decision support systems and/or the KNMP Kennisbank. <u>HLA-DR9, HLA-DR14 and HLA-B48</u>

One study in this risk analysis suggested that HLA-DR9, HLA-DR14 and HLA-B48 increased the risk for allopurinolinduced MPE. However, the study did not find a consistent effect. For none of the alleles was the OR significant with both allopurinol-tolerant and population controls. In addition, none of the ORs would have been significant if Bonferroni correction for multiple comparisons would have been applied. Finally, MPE is a mild and often self-limiting adverse event, so the need for a priori adjustment of allopurinol therapy in case of an increased risk for MPE is low. For these reasons, there was not enough cause for inclusion of these gene-drug combinations in the electronic decision support systems and/or the KNMP Kennisbank.

<u>HLA-B\*4001, HLA-B\*3501, HLA-B\*1502, HLA-B\*1301, HLA-B\*5101, HLA-B\*3901, HLA-B\*3701, HLA-B\*2704, HLA-B\*5502, HLA-B\*1518, HLA-B\*3802, HLA-B\*3503, HLA-B\*4002, HLA-B\*4403, HLA-B\*5102, HLA-B\*5201, HLA-B\*5501, HLA-B\*5501, HLA-B\*5701 and HLA-Cw8</u>

One study in this risk analysis found no effect of these alleles on the risk of allopurinol-induced cutaneous adverse events. Therefore, it was decided that there was not enough cause for inclusion of these gene-drug combinations in the electronic decision support systems and/or the KNMP Kennisbank.

HLA-B\*5801: allopurinol, detailed information

For the included interaction between allopurinol and HLA-B\*5801, you can find an overview of the effects in the background information text of the interaction on the KNMP Kennisbank. You might also have access to this background information text via your pharmacy or physician electronic decision support system.

The justification for the therapeutic recommendations for this genotype you will find below.

### Therapeutic recommendation

For the whole group of HLA-B\*5801 carriers, the positive predictive value for development of allopurinol-induced severe cutaneous adverse events was 1.6% to 2.0% (Chen 2015 and Ko 2015). For patients with chronic kidney insufficiency this was 8-18% (Park 2019 and Jung 2015). Because of these relatively high positive predictive values and the relatively high fatality of allopurinol-induced severe cutaneous adverse events of 11% (Saksit 2017 and Ng 2016), the recommendation for all patients is to choose an alternative or to precede treatment with allopurinol tolerance induction. Because febuxostat is not associated with an increase of adverse events in HLA-B\*5801 carriers (Jung 2015, Ko 2015 and Chohan S. Safety and efficacy of febuxostat treatment in subjects with gout and severe allopurinol adverse reactions. J Rheumatol 2011;38:1957-9), febuxostat is mentioned as a possible alternative.

# Recommendation concerning pre-emptive genotyping, including justification of choices:

The KNMP Pharmacogenetics Working Group considers genotyping of patients before starting allopurinol to be beneficial for drug safety. It is advised to consider genotyping the patient before (or directly after) drug therapy has been initiated to guide drug and dose selection.

The clinical implication of the gene-drug interaction scores 6 out of the maximum of 10 points for all Dutch patients, and 8 out of the maximum of 10 points for patients of Asian, other than Japanese, or African descent. Pre-emptive genotyping is considered to be essential for scores ranging from 6 to 10 points (see below and the clinical implication score tables at the end of this risk analysis). However, the KNMP Pharmacogenetics Working Group decided to downgrade this score, because there is no equivalent alternative for allopurinol and the positive predictive value of HLA-B\*5801 for severe cutaneous adverse events is low. Of the two mentioned alternatives in the therapeutic recommendation for HLA-B\*5801 carriers, according to its SmPC febuxostat should be avoided in patients with pre-existing major cardiovascular diseases (e.g. myocardial infarction, stroke or unstable angina). Because cardiovascular diseases are highly prevalent in gout patients, this limits the applicability of febuxostat. The applicability of the second mentioned alternative, induction of tolerance to allopurinol, is strongly hampered by the commercial unavailability of the required low and very low dose formulations of allopurinol. Because the positive predictive value of HLA-B\*5801 carriage for development of allopurinol-induced severe cutaneous adverse events is low (1.6-2.0% in the total patient population and 8-18% in patients with chronic kidney insufficiency), a large majority of HLA-B\*5801 carriers will be falsely denied allopurinol. So, pre-emptive genotyping will not only diminish severe adverse events, but will also strongly increase the number of patients who are falsely denied the preferred treatment for gout. For this reason, the KNMP Pharmacogenetics Working decided that genotyping for HLA-B\*5801 in patients planned to be started on allopurinol is not essential and downgraded the recommendation to beneficial.

The rationale for the (sub)scores on the clinical implication score is indicated below:

HLA-B\*5801 has been shown to increase the risk of the severe allopurinol-induced cutaneous adverse events SJS/ TEN and DRESS, that result in a mortality rate of 11% (code F corresponding to CTCAE grade 5). This results in the maximum score of 2 points for the first criterion of the clinical implication score, the clinical effect associated with the gene-drug interaction (2 points for code F (CTCAE grade 5)).

Five meta-analyses (with a maximum of 21 studies per meta-analysis) showed that HLA-B\*5801 increased the risk of allopurinol-induced severe cutaneous adverse events. This results in the maximum of 3 points for the second criterion of the clinical implication score, the level of evidence supporting the associated clinical effect grade  $\geq$  3 (3 points for at least three publications with level of evidence score  $\geq$  3).

A study in Taiwanese showed that excluding HLA-B\*5801 positive patients from therapy with allopurinol resulted in reduction of the incidence of severe cutaneous adverse events from 0.3% to 0% (Ko 2015). This corresponds to a number needed to genotype of 333 to avoid one severe cutaneous adverse event in this Han-Chinese population with a HLA-B\*5801 carrier frequency of 20%. For many other Asian populations other than Japanese (Korean, Thai, Vietnamese, Malaysian, and Indian), the HLA-B\*5801 carrier frequency is approximately 12%, which would amount to a number needed to genotype of 556. In most African countries and in African-Americans, the HLA-B\*5801 carrier frequency is higher than 7%, which would amount to a number needed to genotype to avoid one severe cutaneous adverse event of 5556. Two studies in Korean patients with chronic renal insufficiency showed that excluding HLA-B\*5801 positive patients from therapy with allopurinol or starting with an allopurinol tolerance induction protocol for these patients, resulted in reduction of the incidence of severe cutaneous adverse events from 0.9% or 2.0% to 0% (Park 2019 and Jung 2015). The reduction from 0.9% to 0% found in the more recent study and based on an almost 9 times higher number of controls, corresponds to a number needed to genotype of 111 to avoid one severe

re cutaneous adverse event in this population with a HLA-B\*5801 carrier frequency of 12.2%. Because of the HLA-B\*5801 carrier frequency of 1.2% in the Netherlands, this corresponds to a number needed to genotype to avoid one severe cutaneous adverse event of 1111 in Dutch patients with chronic kidney disease. Because the number needed to genotype to prevent 1 adverse event code  $\geq$  D (grade  $\geq$  3) is larger than 1000 in Dutch patients (both in all patients and in patients with chronic kidney disease), this results in 0 out of the maximum of 3 points for the third criterion of the clinical implication score, the number needed to genotype (NNG) to prevent one clinical effect code  $\geq$  D (grade  $\geq$  3) (only points for NNG  $\leq$  1000). However, the number needed to genotype in patients of Asian, other than Japanese, or African descent of 111-952 results in 1 out of the maximum of 3 points for the third criterion of the clinical implication score, the number needed to genotype to genotype in patients of 4.2000 (grade  $\geq$  3) (1 point for 100 < NNG  $\leq$  1000).

The SmPC mentions that the HLA-B\*5801 allele has been demonstrated to be associated with the risk of development of allopurinol related hypersensitivity syndrome and SJS/TEN. In addition, the SmPC indicates that In patient subgroups known to have a high HLA-B\*5801 prevalence, screening for this allele should be considered before start of allopurinol treatment (specifically mentioning Han-Chinese, Thai and Koreans). For Dutch patients in general, this results in 1 out of the maximum of 2 points for the fourth and last criterion of the clinical implication score, the pharmacogenetics information in the SmPC (1 point for at least one genotype/phenotype being mentioned in the SmPC). For patients of Asian, not Japanese, descent, this results in the maximum of 2 points for the fourth and last criterion of the clinical implication score, the pharmacogenetics information in the SmPC (2 points for a recommendation to genotype in the SmPC).

While the clinical implication score is beneficial for Dutch patients in general, all 3 cost-effectiveness analyses investigating (also) low HLA-B\*5801 carrier frequencies suggested genotyping to be not cost-effective (Zhou 2020, Plumpton 2017, and Jutkowitz 2017). In addition, 4 out of 10 cost-effectiveness analyses investigating (also) high HLA-B\*5801 carrier frequencies suggested genotyping to be not cost-effective (Pruis 2020, Teng 2020, Chong 2018, and Dong 2015), whereas the other 6 suggested genotyping to be cost-effective (Zhou 2020, Plumpton 2017, Ke 2017, Jutkowitz 2017, Park 2015, and Saokaew 2014). Some cost-effectiveness analyses found the relative effective-ness of allopurinol and the alternative used in HLA-B\*5801 carriers in lowering serum uric acid to the target level, so the alternative and maximum allopurinol dose used, to have a strong influence on the cost-effectiveness of genotypeguided therapy. However, especially the older cost-effectiveness analyses did not include the effectiveness difference in their calculations.

Source	Code	Effect	Comments
ref. 1	3	489 patients with chronic renal insufficiency received geno-	Author's conclu-
Park HW et al.		type guided allopurinol therapy for 90 days. 451 patients	sion:
Efficacy of the HLA-		without HLA-B*5801 were treated with allopurinol, 38	'The present study
B*58:01 screening		patients with HLA-B*5801 were treated with febuxostat.	demonstrated the
test in preventing		Dosing was according to renal function for both allopurinol	clinical usefulness
allopurinol-induced		(50 mg/day, 100 mg/day or more) and febuxostat (40	of the HLA-
severe cutaneous		mg/day, 80 mg/day or more). If early symptoms of severe	B*58:01 screening
adverse reactions in		cutaneous adverse reactions developed, the patients were	test before allopu-
patients with chronic		asked to return to the clinic immediately for a thorough	rinol administration
renal insufficiency-a		evaluation by allergy specialists. The historical (not genoty-	to prevent allopu-
prospective study.		pe guided) incidence of allopurinoi-induced severe cutane-	rinoi-induced
J Allergy Clin Immu-		ous adverse events was determined in 4002 patients with	severe cutaneous
		chronic renal insufficiency from the same hospitals who	adverse reactions
ZU19,7.1271-0.		were prescribed anopulation for more than 5 months over 5	in patients with
FIVILD. 30300040.		the historical control were more often female, younger, had	ficiency '
		higher estimated glomerular filtration rates, and more often	nciency.
		used the smallest allopuring dose of 50 mg/day	
		The frequency of HI A-B*5801 carriers in the Korean population	
		lation was reported to be 12.2% but was only 7.2% in this	
		Korean genotype guided group	
		Relevant comedication was not excluded.	
		To detect a reduction in the incidence rate from 2.19%	
		(based on the reported HLA-B*5801 carrier frequency in	
		the Korean population and the observed incidence rate of	
		18% of allopurinol-induced severe cutaneous adverse	
		reactions in HLA-B*58:01-positive patients with chronic	
		renal insufficiency) to 0.219%, 475 patients would provide	
		a power of 80%.	
		Results:	
		Incidence of severe cutaneous adverse events compa-	
		red to the not genotype guided historical control:	
	genotype	genotype guided treatment incidence	

ref. 1. continuation	auided	in controls	
,	therapy:	x 0.0 (S) 0.95%	
	AA <sup>#</sup>	In the genotype guided group, 14 patients developed a	
		mild skin rash and 3 itching (all HLA-B*5801-negative).	
		Allopurinol was stopped in these patients.	
		In addition, 1 patient developed hair loss and 1 dizzi-	
		ness on allopurinol.	
		In the historical controls, 66% of the severe cutaneous	
		adverse events was DRESS, 24% SJS, 5% SJS/TEN	
		The incidence in controls would correspond to a maxi-	
		mum positive predictive value of HI A-B*5801 carrier-	
		ship for severe cutaneous adverse events of 13%	
		(calculated with the HLA-B*5801 population frequency	
		of 7.2% observed in this study) or 8% (calculated with	
		the HLA-B*5801 population frequency of 12.2% obser-	
		ved in Thai previously).	
		The south and is directed by the south of an anti-size in this	
		The authors indicate that the costs of genotyping in this	
		study were considerably lower than the costs of treatment	
		events. The total costs of genotyping were US\$ 50 per	
		patient, so US\$ 24,450 for 489 patients. The total health	
		care cost for the management of a patient with severe	
		cutaneous adverse reactions was reported to be approxi-	
		mately US\$ 10,300 in Korea. This would corresponds to	
		total costs of US\$ 41,200-51,500 for the 4-5 severe cuta-	
		neous adverse reactions avoided by the genotype guided	
		therapy in these patients based on the incidence of 0.95%	
ref. 2	3	Meta-analyses of 11 case-control studies. Population	Author's conclu-
Yu KH et al.	Ů	controls were used in 9 case-control studies with a total	sion:
Diagnostic utility of		162 patients with allopurinol-induced SJS/TEN and 7372	'The present study
HLA-B*5801 scree-		controls. Matched allopurinol-tolerant controls were used in	reveals that allopu-
ning in severe allopu-		6 studies with a total of 130 patients with allopurinol-indu-	rinol is the leading
rinoi nypersensitivity		ced SJS/TEN and 414 controls. Because 4 studies used	cause of TEN/SJS
ted systematic review		SIS/TEN were included in both comparisons so the total	In contrast to
and meta-analysis.		number of patients with allopurinol-induced SJS/TEN in the	carbamazepine,
Int J Rheum Dis		case-control studies was 202. 3 of the case-control studies	which is ethnic/po-
2017;20:1057-71.		were performed in Europeans (all with population controls),	pulation specific,
PMID: 28857441.		2 in Japanese (all with population controls), and 4 in Han	the HLA-B*5801
		Chinese (3 with population controls), 1 in Koreans and 1 in	for detecting allo-
		I hal.	purinol-induced
		ristic curve (the sensitivity (1-specificity) curve) is a measure	sal Screening of
		re of the value of HI A-B*5801 for prediction of SJS/TEN	HI A-B*5801 may
		The maximum value of the area is 1.	help patients to
		The quality of the included studies was generally high	prevent the occur-
		(meeting 8 or more of the criteria of the Quality Assess-	rence of allopuri-
		ment of Studies of Diagnostic Accuracy-2 (QUADAS-2).	nol-induced TEN/
		2 studies in the meta-analyses have also been included in	SJS, especially in
		this risk analysis separately (Cheng 2015 and Lonjou	populations with a
		2008). A rendem offects model was used for the analyses, but	higher (≥ 5%) risk
		A random-energistration of the protocol was not mentioned	allele frequency.
		The search and selection strategy was transparent, but the	
		method of data exaction was not described.	
		Publication bias analysis was not performed.	
		Note: For the population controls, the frequency of patients	
		without HLA-B*5801 is the specificity. Because this does	
		not provide information on the association between HLA-	
		B 5801 and 535/1 EIN, the specificity and the with this	
		and area under the summary receiver operating characte-	
		ristic curve are not included in this risk analysis for the	
1			

ref. 2, continuation		meta-analyses with population controls.						
		Results:						
		Association	between HLA-B	8*5801 and SJ	IS/TEN			
		in compariso	on with population	on controls:				
			studies		95% CI			
	B*5801:	diagnostic OR (the	all	83.5 (S)	50.7-137.4			
	E		European	58.4 (S)	16.9-201.5			
		odds of	Han-Chinese	196.1 (S)	57.3-672.0			
		having	Japanese	78.8 (S)	30.4-203.9			
		relative to						
		the odds of						
		having						
		B*5801 for						
		a control)	- 11	0.70	0.74.0.05			
		sensitivity	all No moto opoly	U.78	0.71-0.85			
		cases with	subgroups In	the European	studies sen-			
		B*5801)	sitivity ranged	from 043-0.6	7. in the Han-			
		,	Chinese studie	es from 0.96-	1.00, in the			
			Japanese stud	dies from 0.40	0-0.56. In the			
			Korean study	it was 0.80.				
		Heterogenei	ty between the	studies was n	ot-significant			
		Heterogenei	ty was high for	sonsitivity				
		in compariso	on with allopurin	ol-tolerant co	ntrols (only			
		non-Japane	se Asian studies	s):				
				Í	95% CI			
		diagnostic C	R (the odds of	150.7 (S)	56.9-399.1			
		having B*58	01 for a case					
		relative to th	e odds of ha-					
		sensitivity (n	art of the	0.98	0.93-1.00			
		cases with E	3*5801)	0.00	0.00 1.00			
		specificity (p	part of the	0.87	0.84-0.90			
		controls with	out B*5801)					
		positive likel	ihood ratio	7.2 (S)	5.6-9.2			
		(ratio of the	probability of					
		naving SJS/	I EIN and the					
		SJS/TEN for	patients with					
		B*5801)	paronio min					
		negative like	elihood ratio	0.06 (S)	0.02-0.13			
		(ratio of the	probability of					
		having SJS/	TEN and the					
		SIS/TEN for	r not naving					
		without B*58	301)					
		area under t	he summarv	0.95	0.92-0.98			
		receiver ope	erating charac-					
		teristic curve	9					
		Heterogenei	ty between the	studies was n	ot mentioned.			
ref. 3	3	In a case-con	trol study, 86 ca	ases with allop		Author's conclu-		
Bisk factors of allo-		overlap 11 T	FN and 19 DRF	7ents (51 535 =SS) were co	, 5 SJS/ I EIN	SION: 'Among the risk		
purinol-induced		allopurinol-tol	erant controls.	The tolerant c	ontrols were	factors identified.		
severe cutaneous		patients from	the same hospi	tals as the ca	ses, who used	the HLA-B*58:01		
adverse reactions in		allopurinol for	more than 6 m	onths without	any evidence of	allele had the		
a Thai population.		cutaneous rea	actions. 27 of th	e SJS/TEN ca	ases and 54 of	greatest impact on		
Pharmacogenet		the controls w	vere also include	ed in an earlie	er case-control	the development		
Genomics 2017-27-255-62		study, that Wa	as not included i ded in all meta (	n this fisk and	arysis separately,	or both phenoty-		
PMID: 28509689		Compared with	th controls case	es were more	often female	induced severe		
		(52% versus	21%) had a mo	re impaired re	anal function	cutaneous adverse		

ref. 3, continuation	B*5801: F	(estimated glomerular f nute/1.73 m <sup>2</sup> ), and rece ting dose higher than re estimated glomerular fil However, in multivariate sex remained significar 11.5% of the controls h Relevant comedication ORs were determined to Results of the study: Association between H ous adverse events: cutaneous adverse event all	studied Thai popu- lation. In case HLA-B*58:01 genotyping cannot be accessed, close monitoring of allopurinol usage, especially in elder- ly women with impaired renal function, is neces- sary to reduce the mortality rate of these life-threate- ning severe cuta- neous adverse reactions '		
ref. 4	4	SJS/TEN DRESS 11.4% of cases died in cutaneous adverse ev 21.1% for DRESS). 78 women. Onset of SJS/TEN wa after 10-60 days. Meta-analyses of 21 ca	175 (S) 95.5% of the case 149 (S) all cases had B*5 hospital as a resu ent (8.3% for SJS/ 3% of the patients v s after 2-50 days a se-control studies	44-691 es had B*5801 24-∞ 801 It of the severe TEN and who died were nd of DRESS with in total 551	reactions.' Author's conclu-
Wu R et al. Impact of HLA- B*58:01 allele and allopurinol-induced cutaneous adverse drug reactions: evidence from 21 pharmacogenetic studies. Oncotarget 2016;7:81870-9. PubMed PMID: 27835909.		patients with allopurinol reactions. 8 case-contre- tolerant patients as con- controls and 9 had both controls, 1 (Hung 2005) with population controls samples. Part of the ca- are also included in Hu- ses, there were 16 stud (with in total 551 cases with population controls controls). 18 of the 21 c in Asians, 3 in Europea population controls (wit controls) and 1 had also cases and 23 controls). All studies analysed set studies with allopurinol- lation controls analysed nol-tolerant controls anai (MPE, in total 99 cases rant controls erythema total 9 cases). 5 studies (4 Asian and effect of the homozygou 11 of the 21 studies in the meta-analysis of Yu 3 studies in the meta-and this risk analysis separa Lonjou 2008). A random-effects mode prospective registration The search and selection data exaction was stand Quality of the included Newcastle-Ottawa Scall Publication bias was as adverse events in all parts	I-induced cutaneou ol studies had mato trols, 4 studies had mato trols, 4 studies had because had mato ses and tolerant co ing 2005. Thus, in the lies with allopurinol and 2370 controls) is (with in total 414 of case-control studies ins. All 3 studies in h in total 65 cases to allopurinol-tolerant vere cutaneous add tolerant controls are allysed maculopapu ) and 3 studies with exudativum multifo 1 European) also h us HLA-B*5801 gen this meta-analysis, a 2017. nalyses have also he ately (Ng 2016, Che el was used for the of the protocol was on strategy was tra dardised. studies was analys le. Scores ranged for atients.	and allopurinol- dipopulation with both kind of the meta-analysis ap between ontrols in Ng 2016 he meta-analy- -tolerant controls and 13 studies cases and 9592 s were performed Europeans had and 5137 nt controls (25 werse events. 14 nd 12 with popu- es with allopuri- ular exanthema n allopurinol-tole- rme (EEM, in had data on the notype. were included in eng 2015 and analyses, but s not mentioned. nsparent and ed with the rom 3 to 8. or all cutaneous	sion: 'Our results indica- ted that allopuri- nol-severe cutane- ous adverse reac- tions are strongly associated with HLA-B*58:01, and HLA-B*58:01 is a highly specific and effective genetic marker for the detection of allopu- rinol-induced cuta- neous adverse drug reactions, especially for Asian descents.'

rof 1 continuation		All significant results were also significant after Bonferroni					
ref. 4, continuation		All significant					
		correction for					
		Populto					
		Accoriation					
		adverse eve	Derween MLA-				
		in comparise	n with nonula	tion controle:			
				OR	95% CI		
		adverse	etimicity	OK	90 /8 CI		
		event					
		all	all	100 87 (S)	63 91-159 21		
		an	Caucasian	64.59 (S)	25 42-164 11		
			Asian	122 57 (S)	73 79-203 84		
			43-64% of th	e cases in the	Furopean stu-		
			dies. 40-55%	b of the cases i	n the Japa-		
			nese studies	and 70-100%	of the cases in		
			the other Asi	an studies had	B*5801.		
		severe	all	108.39 (S)	73.73-159.36		
	3		Caucasian	64.59 (S)	25.42-164.11		
	B 5801.		Asian	147.88 (S)	86.69-252.25		
		SJS/TEN	all	106.48 (S)	65.66-172.66		
			Caucasian	58.35 (S)	16 90-201 54		
			Asian	156.32 (S)	78.22-312 41		
		Heterogene	ity between the	e studies was s	significant and		
		high for all t	hree compariso	ons in Caucasi	ans.		
		Heterogene	ity between the	e studies was r	not significant		
		and modera					
		ethnicities.					
		Heterogene	ity was absent	or negligible for	or the other		
		comparisons					
		Meta-regres	sion analysis i	ndicated the st	udy size as		
		source of he	eterogeneity. H	lowever, Begg'	s funnel plot		
		showed no s	small study effo	ects.			
		Similar resu	Its were obtain	ed after remov	ing each indi-		
		Vidual study	In turn from th	e meta-analys	IS.		
		in comparia	no indications	for publication	DIAS.		
			on with allopun		OF CL		
		cutaneous	ennicity	UK	95% CI		
		auverse					
			عال	82 77 (S)	11 63-164 58		
		an	Coucocion	20.11 (S)	41.03-104.30		
			Asian	87 66 (9)	4.49-040.00		
			64% of the or	<u>1 07.00 (0)</u> ases in the Fu	-+2.++-101.10		
			57% of the c				
			and 56-100%				
			Asian studies	s had B*5801			
		severe	all	92.06 (S)	59.54-142.32		
			Caucasian	39.11 (S)	4,49-340.50		
			Asian	95.45 (S)	61.18-148.91		
		SJS/TEN	all	79.01 (S)	44.23-141.12		
			Caucasian	44 00 (S)	3 18-608 16		
			Asian	81.42 (S)	44.92-147.51		
		MPE	all	29.33 (S)	5.89-145.98		
			Caucasian	NS	0.00 1 10.00		
			Asian	40.45 (S)	6 43-254 57		
		FEM	all = Asian	12.95 (S)	2 30- 72 85		
		Heterogenei	ity between the	studies was s	ignificant and		
		high for all c	utaneous adve	erse events an	d MPE in all		
		ethnicities a	nd in Asians				
		The OR for	the four compa	arisons in Cauc	asians was		
		based on or	ly one study				
		Heterogene	ity was absent	for the other c	omparisons.		

ref 4 continuation		Meta-regression analysis indicated the study size as	1
		source of beterogeneity. However, Begg's funnel plot	
		showed no small study effects	
		Similar results were obtained after removing each indi-	
		vidual study in turn from the meta-analysis	
		There were some indications for publication bias (Egger	
		test: $p = 0.05$ )	
		(col. p = 0,00).	
		Risk of all cutaneous adverse events in comparison with	
		nations beterozygous for or without HI A-B*5801.	
		bomozygous HI A-B*5801 16 78 (S) 5 90-47 73	
		There was no beterogeneity between the studies	
		There was no neterogeneity between the studies.	
		For diagnosis of allopurinol-induced cutaneous adverse	
		events HI A-B*5801 had a specificity of 0.89 and a sensi-	
		tivity of 0.93. The positive likelihood ratio was 8.24 and the	
		negative likelihood ratio 0.084. The diagnostic odds ratio	
		was 98 59 with significant and very strong beterogeneity	
		Univariate meta-regression showed that ethnic population	
		and study size may affect the ability of HLA-B*5801 to	
		diagnose cutaneous adverse events.	
ref. 5	3	In a case-control study, 146 cases with allopurinol-induced	Author's conclu-
Ng CY et al.	-	cutaneous adverse events were compared with 285 allopu-	sion:
Impact of the HLA-		rinol-tolerant controls. Of the cases 106 had severe cuta-	'The gene dosage
B(*)58:01 allele and		neous adverse events (57 DRESS, 32 SJS (< 10% of the	effect of HLA-
renal impairment on		skin detached), 14 SJS/TEN ( $\geq 10\%$ of the skin detached),	B*58:01 also influ-
allopurinol-induced		3 DRESS with overlapping SJS/TEN) and 40 maculopapu-	enced the deve-
cutaneous adverse		lar exanthema (MPE). 12 patients with severe cutaneous	lopment of allopu-
reactions.		adverse events died. The tolerant controls had received	rinol-induced cuta-
J Invest Dermatol		allopurinol for at least 6 months without evidence of adver-	neous adverse
2016;136:1373-81.		se reactions.	drug reactions (OR
PubMed PMID:		Compared with controls, cases were older (mean 64 years	= 15.25 for HLA-
26996548.		versus 59 years), more often female (45% versus 6%) and	B*58:01 heterozy-
		had a more impaired renal function (estimated glomerular	gotes and OR =
		filtration rate 31 versus 63 ml/minute/1.73 m <sup>2</sup> ). OR's were	72.45 for homozy-
		corrected for age and sex.	gotes). Further-
		Relevant comedication was not excluded.	more, coexistence
		The Holm-Bonferroni method was used to correct for 8	of HLA-B*58:01
		comparisons (significance if $p < 0,00625$ ).	and renal impair-
		A meta-analysis of 11 case-control studies with allopurinol-	ment increased
		tolerant or population controls, including the one above,	the risk and pre-
		was performed. The total number of cases in the meta-	dictive accuracy of
		analysis was 374. For SIS/TEN, 7 studies in Asiana, 2 in Europeans and 1 in	allopullioi-induced
		Full SJS/TEN, 7 studies in Asians, 2 in Europeans and 1 in	drug reactions
		Additional and the cases and 0971 controls were inclu-	(heterozygous
		For DRESS 5 studies in Asians 1 in Europeans and 1 in	HI A-B*58:01 and
		Australians with 123 cases and 5763 controls were inclu-	normal renal func-
		ded	tion: $OR = 15.25$
		For MPE, 3 studies in Asians. 1 in Europeans and 1 in	specificity = 82%:
		Australians with 87 cases and 5101 controls were inclu-	homozvaous HLA-
		ded.	B*58:01 and seve-
		10 of the 11 studies in this meta-analysis, were included in	re renal impair-
		the meta-analysis of Wu 2016, and 8 studies in the meta-	ment: OR =
		analysis of Yu 2017.	1269.45, specifici-
		2 studies in the meta-analyses have also been included in	ty = 100%). This
		this risk analysis separately (this study and Lonjou 2008).	HLA-B*58:01
		A random-effects model was used for the analyses, but	correlation study
		prospective registration of the protocol was not mentioned.	suggests that
		There was no clear description of the search and selection	patients with
		strategy and the method of data exaction.	coexisting HLA-
		Quality of the included studies and publication bias were	B*58:01 and renal
		not analysed	impairment (espe-
		Developed the study	cially estimated
		Kesuits of the study:	giomerular filtra-

ref. 5. continuation		Association between HLA-B*5801 and cutaneous						tion rate $< 30$
		adverse events (comparison with patients without HLA-					ml/minute/1.73 m <sup>2</sup> )	
		B*580	B*5801):					should be cautious
		cutan	eous ad	verse	OR c	or OR <sub>corrected</sub>	95% CI	and avoid using
		event						allopurinol.'
		all	all B*5	801	23.32	2 (S)	13.69-39.7	]
					84%	of the cases	had B*5801	
					Resu	Its were simil	lar after mat-	
					ching	for age or se	ex (OR respec-	
					tively	22.02 and 2	1.92).	
			B*5801	1	17.42	2 (S)	9.06-33.01	-
			hetero	zygous	70%	of the cases	was hetero-	
					Zygo	us iui b 560 l	ar ofter ovelu	
					ding	the 3 cases w	with DRESS	
					with	overlapping S	SJS/TEN (OR	
					= 16.	77).	(-	
			B*5801	1	81.47	7 (Ś)	19.51-568.95	
			homoz	ygous	14%	of the cases	was homozy-	
					gous	for B*5801		
					The	percentage of	f homozygotes	
					did n	ot differ betw	een severe	
					Cutar	leous events	and MPE.	
				ding	the 3 cases w			
				with a	overlanning S	SIS/TEN (OR		
		*5004			= 80.	14).		
	B*5801:	sever	е		44.0	(S)	21.5-90.3	-
	r				91%	of the cases	had B*5801	
					11%	of the cases	died	
		SJS (< 10% skin			32.1	(S)	10.8-95.6	_
		detac	hed)	00/	91%	of the cases	had B*5801	41
		SJS/TEN (≥ 10%		0% N	59.6	(S)	7.6-466.3	
				)	93% 177	(S)	18 2-125 /	-
		DIVEC			91%	of the cases	had B*5801	
		DRES	S overla	ар	31.9	(S)	1.62-626.6	-
		SJS/T	EN	•	100%	of the cases	s had B*5801	
		MPE			8.5 (\$	S)	4.2-17.5	
					65%	of the cases	had B*5801	
		fatality of cutaneous			NS			
		adver	se even	t			- C	
		ORcorrected was also corrected for renal function and w						
		B*580		nomozy vas calci	gous and heterozygous HLA-			
		0000	Sour. OR was calculated for the other outcomes.					<b>⊣</b>
		Assoc	iation of	f HLA-B*	5801 a	and baseline	renal function	
		(estim	ated glo	omerular	filtratio	on rate (eGFF	R) in ml/minu-	
		te/1.7	3 m²) wi	th cutane	eous a	dverse event	S	
		(comp	parison v	with patie	ents wi	thout HLA-B*	5801 and nor-	
		mai b	aseline i	renai tun	ction (	eGFR > 60 m	n/minute/1.73	
		). PPV =	- nositiv	e predict	ive va			-
			- poorav	no HLA	-B*58	01		
		eGFR		> 60		30-60	< 30	
		OR		1.0		NS	3.82 (S)	
		95% (	CI				1.8-8.3	
		sensit	ivity				92%	
		specif	icity				74%	_
		PPV					4%	<b>⊣</b>
		- 055		HLA-B*	5801 l	neterozygous		_
				> 60	<u>c)</u>	30-60	< 30	_
		050/ /		15.25	ত) 7	02.52 (5)	204.31 (5)	
	1	30%	ר <i>ו</i> ר	0.4-27.	1	21.7-190.0	01.0-000.1	11

	1	F F					a
ref. 5, continuation		sensitivity	84%	72%		45%	1
		specificity	82%	89%		96%	
		PPV	5%	7%		12%	1
			HLA-B*5801	homozygo	ous		
		eGFR	> 60	30-60		< 30	
		OR	72.45 (S)	300.3 (S	5)	1269.45 (S)	
		95% CI	14.7-356.7	47.8-339	96.1	192-15260	
		sensitivity	47%	12%		6%	
		specificity	96%	99%		100%	
		PPV	13%	13%		100%	
		Severe renal	impairment at l	haseline (r	estima	ated alome-	
		rular filtration	rate < 30 ml/m	inute/1 73	m <sup>2</sup> ) \	was an inde-	
		pendent risk f	actor for allopu	rinol-indu	ced c	utaneous	
		adverse even	ts (OR = 4.30)	95% CI 1	96-9	621)	
		HI A-B*5801 i	s a better pred	ictor of all	opurir	nol-induced	
		cutaneous ad	verse events th	nan renal i	functio	on but the	
		combination i	s the best pred	ictor	- an iour	on, out the	
		Results of the i	meta-analysis <sup>.</sup>				
		Association h	$\Delta_R$	*5801 and	l cuta	neous	
		adverse even	te <sup>.</sup>		uuu	licous	
					95%	CL	
		adverse			3070		
		auverse					
			57.33 (S)		35.0	0-03.67	
		555/TEN	57.55 (5)	a casos in	55.0	9-93.07 uronoon	
			00-07 % 01 line	of the oor		the Austro	
			lion study 20			in the lone	
			nan sluuy, 20		0/ of t	the cases in	
			the other Asi	n studios	bad I	R*5801	
		DRESS	54 16 (S)		21 /	J 3001. 1-138.86	
		DILLOS	62% of the cr	acce in the		4-130.00	
			20% of the ca	ases in the		ralian study	
			20% 01 the Ca	of the co	e Ausi	the Asian	
			studies had F	1 01 110 Ca 1*5801	363 11		
		MDE	NS trond n	- 0.05	0.06	22.74	
			17% of the cr	- 0,03		-52.74	
			17.% of the case	soc in the	Auctr	alian study	
			and 0-100%	of the case	Ausia Ac in t	the Asian	
			studies had F	3*5801	00 11 1	Inc Asian	
		Heterogeneity	/ hetween the s	studies wa	ne siar	nificant and	
		high for MPF			is sigi	inicant and	
		Heterogeneit	v hetween the s	studies wa	is mo	derate and	
		showed a tren	nd towards sign	nificance f	or DR	FSS	
		Heterogeneity	was absent fo	or SJS/TE	N.		
ref. 6	3	401 patients w	th chronic rena	al insufficie	encv r	eceived aeno-	Author's conclu-
Jung JW et al.	C	type guided all	opurinol therap	v for 90 d	avs. 3	355 patients	sion:
An effective strategy		without HLA-B	5801 received	usual allo	opurin	ol treatment	'This study shows
to prevent allopuri-		(starting dose \$	50 or 100 ma/d	av). 30 pa	atients	with HLA-	the usefulness of
nol-induced hyper-		B*5801 were tr	eated with an a	allopurinol	tolera	ance induction	HLA-B*58:01
sensitivity by HLA		protocol and 10	6 patients with	HLA-B*58	301 re	ceived an	screening in iden-
typing.		alternative (bei	nzbromarone (I	n = 11) or	febux	ostat (n = 5)).	tifying patients at
Genet Med		In the allopurin	ol tolerance inc	duction pro	otocol	, the dose	high risk for the
2015;17:807-14.		was gradually	ncreased from	$50 \mu g/da$	y on d	lay 1-3 to 100	development of
PubMed PMID:		mg/day on day	28 (dose incre	ase every	, 3 da	ys, dosing	allopurinol-induced
25634024.		scheme 50 µg,	100 µg, 200 µ	g, 500 µg	, 1 mg	, 5 mg, 10	severe cutaneous
		mg, 25 mg, 50	mg and 100 m	g/day). Af	ter the	e starting dose	adverse reactions
		or tolerance ind	duction, allopur	inol doses	s were	e adjusted	and suggests that
		based on renal	clearance of th	he patient	. Allop	ourinol was	application of a
		stopped immed	diately when hy	persensiti	ivity re	eactions	tolerance induction
		occurred and p	atients were in	structed t	o repo	ort suspicious	protocol or alter-
		symptoms imm	ediately. The h	nistorical (	not ge	enotype	native medications
		guided) incider	nce of allopurin	ol-induced	d seve	ere cutaneous	could be an effec-
		adverse events	s was estimated	d from a p	reviou	us retrospec-	tive strategy to
		tive cohort stud	ly (n = 448: 39	8 without	HLA-E	3*5801 and 50	prevent allopuri-

ref. 6, continuation		With HLA-B <sup>55</sup> The frequenc lation was 12 Relevant com	Korean popu-	nol-induced severe cutaneous adverse reactions in HLA- B*58:01-positive				
		Poculto:				patients.		
		Incidence of	cutaneous advers	ovente in c	omparison			
		with the not	denotype guided hi	storical cont	rol.			
	genotype auided		<u>gener) pe geneeern</u>	genotype guided treatment	incidence in controls			
	therapy:	severe	all patients	x 0.0 (S)	2.0%			
	AA <sup>#</sup>	cutaneous	HLA-B*5801	x 0.0 (S)	18%			
		adverse	carriers	( )				
		events	patients without HLA-B*5801	NS	0.0%			
		maculo-	all patients	x 2.8 (S)	1.6%			
		papular rash	HLA-B*5801 carriers	NS	0.0%			
			patients without HLA-B*5801	x 2.7 (S)	1.8%			
		The authors lar rash may control study	indicate that the in be underestimated	cidence of m d in the retros	aculopapu- spective			
		The authors i reduced the r adverse even	Control study. The authors indicate that the genotype guided therapy reduced the number of patients with severe cutaneous adverse events with approximately 8.28 patient. The costs					
		US\$ 400,000						
		genotyping H						
ref. 7 Ko TM et al. Use of HLA-B*58:01 genotyping to prevent allopurinol induced severe cutaneous adverse reactions in Taiwan: national prospective cohort study. BMJ 2015;351:h4848. PubMed PMID: 26399967.	3	2742 patients ved genotype 2 months. All events always purinol treatm tion or one of caemia in 42° B*5801 were HLA-B*5801 mainly benzb were febuxos mine, bromhe lazine, and su ment (n = 21% were counsel se events and in the event the (not genotype severe cutant health care d The frequence population from Relevant com	s of 14-99 years old a guided therapy for opurinol-induced set is develop within 2 r nent. Chronic topha the indications in 6 % of subjects. 2173 treated with allopur were treated with allopur set of subjects. 2173 treated with allopur set of subjec	years) recei- ndications for ous adverse starting allo- vas the indica- ts, hyperuri- nout HLA- patients with (n = 354; native drugs promphenira- quine, sulfasa- restudy treat- All subjects aneous adver- immediately The historical d-induced ated from a Han-Chinese	Author's conclu- sion: 'Prospective screening of the HLA-B*58:01 allele, coupled with an alternative drug treatment for car- riers, significantly decreased the inci- dence of allopuri- nol induced severe cutaneous adverse reactions in Taiwa- nese medical cen- tres.'			
	genotype guided therapy: AA <sup>#</sup>	Results: Incidence of genotype gu not genotyp In the genot adverse eve follow-up. In the genot developed in talisations d	severe cutaneous iided 0% e guided 0.3 ype guided therapy ents were also abse ype guided therapy n 3.6% of patients a ue to adverse drug	adverse eve 0% , severe cuta nt after 9 mo , mild cutane and there we reactions.	nts: S aneous inths of eous events re no hospi-			

an incidence of allopurinol-induced severe cutaneous adverse events of 0.30%, the authors calculated a positive predictive value of HLA-B*5801 for development of severe cutaneous adverse events of 2.0%.Author's of sion:ref. 84In a case-control study, 92 cases with allopurinol-induced severe cutaneous adverse events were compared with 75 allopurinol-tolerant controls and 99 healthy controls. Of the cases 41 had DRESS, 33 SJS (< 10% of the skin deta- tion betwee cutaneous adverse reactions in Han Chinese patients: a multicentre retro- spective case-controlAuthor's of sion:an incidence of allopurinol- purinol due to severe cutaneous adverse events out evidence of cutaneous adverse events. Compared with allopurinol-tolerant controls, cases hadAuthor's of sion:	conclu- ly shows correla- een HLA- and allo- iduced utaneous reactions in the iese po- by inclu-
adverse events of 0.30%, the authors calculated a positive predictive value of HLA-B*5801 for development of severe cutaneous adverse events of 2.0%.ref. 84In a case-control study, 92 cases with allopurinol-induced severe cutaneous adverse events were compared with 75 allopurinol-tolerant controls and 99 healthy controls. Of the cases 41 had DRESS, 33 SJS (< 10% of the skin deta- tion betwee cutaneous adverse events of the skin deta- tion betwee purinol due to severe cutaneous adverse events occurred after 1-64 days of treatment (mean 22 days). The tolerant controls had received allopurinol for at least 3 months with- out evidence of cutaneous adverse events. Compared with allopurinol-tolerant controls. cases hadAuthor's cases had	conclu- ly shows correla- een HLA- and allo- iduced utaneous reactions in the lese po- by inclu-
ref. 84In a case-control study, 92 cases with allopurinol-induced severe cutaneous adverse events were compared with 75 allopurinol-tolerant controls and 99 healthy controls. Of the cases 41 had DRESS, 33 SJS (< 10% of the skin deta- tion betwere cutaneous adverse events were compared with 75 allopurinol-tolerant controls and 99 healthy controls. Of the cases 41 had DRESS, 33 SJS (< 10% of the skin deta- tion betwere cutaneous adverse reactions in Han Chinese patients: a multicentre retro- spective case-controlAuthor's case sion:vita allopurinol- induced severe cutaneous adverse reactions in Han Chinese patients: a multicentre retro- spective case-control4Author's case sion: 'Our study associated cases 41 had DRESS, 33 SJS (< 10% of the skin deta- controls and 99 healthy controls. Of the sion: 'Our study a strong cases 41 had DRESS, 33 SJS (< 10% of the skin deta- tion betwee purinol due to severe cutaneous adverse events occurred 	conclu- y shows correla- een HLA- and allo- iduced utaneous reactions in the lese po- by inclu-
ref. 84In a case-control study, 92 cases with allopurinol-induced severe cutaneous adverse events were compared with 75 allopurinol-tolerant controls and 99 healthy controls. Of the cases 41 had DRESS, 33 SJS (< 10% of the skin deta- tion betwee tion betwee tion betwee reactions in Han Chinese patients: a multicentre retro- spective case-control4Author's of sion: Our study, 92 cases with allopurinol-induced severe cutaneous adverse events were compared with 75 allopurinol-tolerant controls and 99 healthy controls. Of the cases 41 had DRESS, 33 SJS (< 10% of the skin deta- tion betwee tion betwee Discontinuation of allo- purinol due to severe cutaneous adverse events occurred after 1-64 days of treatment (mean 22 days). The tolerant controls had received allopurinol for at least 3 months with- out evidence of cutaneous adverse events. Compared with allopurinol-tolerant controls. cases hadAuthor's of sion:	conclu- ly shows correla- een HLA- and allo- iduced utaneous reactions in the lese po- by inclu-
ref. 84In a case-control study, 92 cases with allopurinol-induced severe cutaneous adverse events were compared with 75 allopurinol-tolerant controls and 99 healthy controls. Of the cases 41 had DRESS, 33 SJS (< 10% of the skin deta- tion betwei tion betwei TEN (> 30% of the skin detached). Discontinuation of allo- purinol due to severe cutaneous adverse events occurred purinol due to severe cutaneous adverse events occurred after 1-64 days of treatment (mean 22 days). The tolerant controls had received allopurinol for at least 3 months with- out evidence of cutaneous adverse events. Compared with allopurinol-tolerant controls. cases hadAuthor's c sion:	y shows correla- een HLA- and allo- iduced utaneous reactions in the iese po- by inclu-
Cherry L et al.Severe cutaneous adverse events were compared with 75stoh:HLA-B*58:01 is strongly associated with allopurinol- induced severe cutaneous adverse reactions in Han Chinese patients: a multicentre retro- spective case-controlallopurinol-tolerant controls and 99 healthy controls. Of the cases 41 had DRESS, 33 SJS (< 10% of the skin deta- ched), 7 SJS/TEN (10-30% of the skin detached) and 11 tion betwee purinol due to severe cutaneous adverse events occurred purinol due to severe cutaneous adverse events occurred after 1-64 days of treatment (mean 22 days). The tolerant controls had received allopurinol for at least 3 months with- out evidence of cutaneous adverse events.Stoh: 'Our study 'Our study a strong of tion betwee purinol-in after 1-64 days of treatment (mean 22 days). The tolerant out evidence of cutaneous adverse events.Stoh: 'Our study 'Our study B*58:01 a purinol-in 	ly shows correla- een HLA- and allo- iduced utaneous reactions in the iese po- by inclu-
In LA-B 38.01 hsControl controls and 95 hearing controls. Of thestrongly associatedcases 41 had DRESS, 33 SJS (< 10% of the skin deta- ched), 7 SJS/TEN (10-30% of the skin detached) and 11a strong ofinduced severeched), 7 SJS/TEN (10-30% of the skin detached) and 11tion betweecutaneous adversepurinol due to severe cutaneous adverse events occurred purinol due to severe cutaneous adverse events occurred controls had received allopurinol for at least 3 months with- out evidence of cutaneous adverse events.B*58:01 a purinol-in severe cutaneous adverse events occurred purinol-in severe cutaneous adverse events.	y shows correla- een HLA- and allo- iduced utaneous reactions in the lese po- by inclu-
with allopurinol- induced severe cutaneous adverse multicentre retro- spective case-controlched), 7 SJS/TEN (10-30% of the skin detached) and 11 TEN (> 30% of the skin detached). Discontinuation of allo- purinol due to severe cutaneous adverse events occurred after 1-64 days of treatment (mean 22 days). The tolerant controls had received allopurinol for at least 3 months with- out evidence of cutaneous adverse events. (SCARs)B*58:01 a purinol-in severe cutaneous adverse events occurred adverse received allopurinol-tolerant controls. cases hadB*58:01 a purinol-in severe cutaneous adverse events occurred adverse received allopurinol-tolerant controls. cases had	een HLA- and allo- iduced utaneous reactions in the iese po- by inclu-
induced severe cutaneous adverse reactions in HanTEN (> 30% of the skin detached). Discontinuation of allo- purinol due to severe cutaneous adverse events occurred after 1-64 days of treatment (mean 22 days). The tolerant controls had received allopurinol for at least 3 months with- out evidence of cutaneous adverse events.B*58:01 a purinol-in severe cu adverse r (SCARs)Induced severe cutaneous adverse purinol due to severe cutaneous adverse events occurred controls had received allopurinol for at least 3 months with- out evidence of cutaneous adverse events.B*58:01 a purinol-in severe cu adverse r (SCARs)	and allo- iduced utaneous reactions in the iese po- by inclu-
cutaneous adverse reactions in Hanpurinol due to severe cutaneous adverse events occurred after 1-64 days of treatment (mean 22 days). The tolerant controls had received allopurinol for at least 3 months with- out evidence of cutaneous adverse events.purinol-in severe cu adverse r (SCARs) Han Chin	nduced utaneous reactions in the lese po- by inclu-
reactions in Han Chinese patients: a multicentre retro- spective case-controlafter 1-64 days of treatment (mean 22 days). The tolerant controls had received allopurinol for at least 3 months with- out evidence of cutaneous adverse events.severe cu adverse r (SCARs) Han Chin	utaneous reactions in the lese po- by inclu-
Chinese patients: a multicentre retro- spective case-controlcontrols had received allopurinol for at least 3 months with- out evidence of cutaneous adverse events.adverse r (SCARs)Compared with allopurinol-tolerant controls. cases hadHan Chin	reactions in the lese po- by inclu-
multicentre retro- spective case-controlout evidence of cutaneous adverse events.(SCARs) Han Chin	in the lese po- by inclu-
spective case-control   Compared with allopurinol-tolerant controls. cases had Han Chin	nese po- by inclu-
	by inclu-
clinical study.   more often renal function insufficiency (serum creatinine >   pulation, l	,
Br J Dermatol $133 \mu$ mol/L (male) or > 106 $\mu$ mol/L (female) for > 6 ding a column of the part of th	nsidera-
2015;173:555-8. [Infontins) (54% Versus 12%). [Die pool of the provided by the multiverian from version and the provided by the multiverian from version and the pool of the p	of patients
2610/183	Jus areas
comedications into account was also performed for HI A-	confirmed
B*5801.	-B*58:01
The Bonferroni method was used to correct for 48 compari- can be us	sed as a
sons (48 different HLA-B-alleles; significance if p < 0,001). valid gene	etic mar-
OR calculation was only for HLA-B-alleles identified in the ker for all	opurinol-
cases. induced S	SCARs in
Han Chin	iese pa-
Results: tients. In e	contrast
Association between HLA-alleles and severe cutaneous to the rep	orted
adverse events:	kage be-
HLA- tolerant controls healthy controls tween allo	opurinol-
allele         OR         95% CI         OR         95% CI         Induced S           B*5801:         5004         407.0 (0)         44.000         454.0 (0)         54.470         and HI A	50AKS 2*52.01
$\begin{bmatrix} B & 5001. \\ E & \\ E & \\ B $	Chinese
Results remained significant after correction for provide and oppulation	n we
dications	at not all
95% of the cases had HI Δ-B*5801 allopurinc	ol-induced
B*4601: 4601 NS 0.30 (S) 0.15-0.59 SCARs c	an be
AA# 4001 NS NS NS attributed	I to HLA-
B*58:01.'	
B*4001, 1502 NS NS	
B 3501, B*1502 1301 NS NS	
B 1302, B*1301 5101 NS NS	
B*5101 3901 NS NS	
B*3901, 3701 NS NS	
B*3701, 2704 NS NS	
B*2704, 5502 NS NS	
B*5502, 1518 NS -	
B*1518, 3802 NS NS	
B*3802, 3503 NS -	
B*3503, 4002 NS NS	
B*4002, 4403 NS NS	
B 4403, 5102 NS NS	
B 5102, 5201 NS NS	
B*5501, 5501 NS -	
B*5601.	
B*6701:	
AA Based on a consitivity of 04.6% a specificity of 88.0% and	
an incidence of allonurinol-induced severe cutaneous	
adverse events of 0.2% in Han-Chinese, the authors calcu-	
lated a positive predictive value of HLA-B*5801 for deve-	
lopment of severe cutaneous adverse events of 1.6%.	

<b>ref. 9</b> Jung JW et al. HLA-DR9 and DR14 are associated with the allopurinol-indu- ced hypersensitivity in hematologic malig- nancy. Tohoku J Exp Med 2014;233:95-102. PubMed PMID: 24858023.	3	453 patie prevention treatment chemothe instead of after treat 2.8% of (MPE), r events. symptom patients In a prevents. Relevant Results: Associa HLA-	ents receive on of tumou at duration v erapy cycle of continuou atment. patients exp none experi The mean in nonset was in which all ious study 801. t comedicat	Author's conclu- sion: 'Incidence of allo- purinol-induced MPE was 2.9% and no case of severe cutaneous adverse reactions was observed when allopurinol was administered to prevent tumor lysis syndrome before chemothe- rapy. In this set- ting, allopurinol hypersensitivity reactions were not				
		allele	develop N trols	IPE as cor	n-			HLA-B*58:01, but
			OR	95% CI		OR	95% CI	rather had signi-
	B58: AA	B58	NS	4 00 40 4	C 4		0.00.0.00	ticant association
	DR9 <sup>.</sup> B		3.99 (S)	1.26-12.6	64	NS, trend	0.93-9.08	DR14.'
			The incide times that 39% of the	ence of MF in non-ca e cases ha	PE in rriers ad Df	DR9 carri s (S). R9	ers was 3.7	
		DR14	3.38 (S)	1.07-10.6	68	NS,	0.98-9.63	
	DR 14: B		The incide	nco of ME	DE in	DP14 cor	riore was 2.2	
			times that	in non-ca	rriers	DR 14 Car S (S).	ners was 3.2	
			39% of the	e cases ha	ad Df	R14		
	D10. D	B48	NS,	0.94-13.6	64	4.11 (S)	1.08-15.66	
	D40. D		trend	noo of M	DE in	D49 corric		
			carriers w	as not sig	nifica	ntly differe	ent (NS).	
			23% of the	e cases ha	ad B4	18		
		Cw8	NS,	0.92-9.10	0	NS		
	000.700		trend	noo of Mr		Curl corri		
			carriers w	as not sign	nifica	ntly differe	ent (NS).	
			39% of the	e cases ha	ad Cv	v8		
ref. 10	3	A meta-a	analysis of {	5 case-cor	ntrol	studies wit	h 120 cases	Author's conclu-
Zineh I et al.		with seve	ere cutanec	ous advers	e ev	ents and 2	46 allopurinol-	Sion:
cogenetics: assess-		4 studies	s were perfe	ormed in A	sian	s was pen s and 1 in	Europeans. 1	pooled analyses of
ment of potential		of the inc	cluded stud	ies had on	nly all	lopurinol-to	olerant con-	the published lite-
clinical usefulness.		trols, 2 o	nly populat	ion control	ls an	d 2 both. S	So, the meta-	rature to elucidate
Pharmacogenomics		total 83	with tolerar	nt controis	incit	ided 3 stud	ulation con-	the expected risk
PubMed PMID:		trols 4 st	udies with 9	93 cases.	lindiy			ous adverse reac-
22118056.		All studie	es in this m	eta-analys	is, w	ere include	ed in the meta-	tions associated
		analyses	s of Yu 2017	7, Wu 201	6 and	d Ng 2016. Isa baan in	oludod in this	with HLA gene
		risk anal	n the meta- vsis separa	·analysis n telv (Lonic	ias ai nu 20	iso been in 108)	iciuded in this	ciations with HI A-
		A randor	n-effects m	B*5801 to be				
		prospect	ive registra	strong, reproduci-				
		I here wa	as no clear and the me	description	n of 1 ata ev	the search	and selection	ble and consistent
		Quality c	of the includ	led studies	s was	s not judge	d.	vations from geno-
		Possible	publication	ı bias was	anal	ysed.		me-wide associa-
		A	tion of 111 /		- 1- 10	0.000		tion studies of
		adverse	auon oi HLA events:	1-D 2001 8			aneous	events implicating
		tolerant	controls		рор	ulation co	ntrols	HLA genes.'
		OR	95%	CI	OR	9	5% CI	

ref. 10, continuation	B*5801:	165 (S)	23-11	74	73 (S)	32-164						
	E	56% of the of	cases i	n the Euro	pean study	, 40% of the						
		cases in the										
		in the other										
		The pooled										
		city 95%.										
		There was r	no signi	ificant het	erogeneity k	between the						
		studies.										
		There were	no indi	cations of	publication	bias.						
ref. 11	4	A meta-analy	Author's conclu-									
Somkrua R et al.		cases and 67	sion:									
Association of HLA-		lation controls	We found a strong									
B <sup>5801</sup> allele and		had used allo	and significant as-									
allopurinoi-induced		of any cutane	of any cutaneous reaction. Studies scored 3-7 points of the									
Stevens Johnson		maximum or	9 points	s on the N	ewcastle-O		HLA-B 5801 and					
syndrome and toxic		Sludy quality.	of the	included	studios bod							
a systematic review		tolerant contr		niciuueu	ation contro	le and 3 both So	fore HLA_B*5801					
and meta-analysis		the meta-ana	ulveie w	ith tolerar	ation controls in	cluded 4 studies	allele screening					
BMC Med Genet		with in total 5	5 case	s and the	meta-analy	sis with popula-	may be considered					
2011:12:118.		tion controls	5 studie	es with 69	cases.	olo mai popula	in patients who will					
PubMed PMID:		All studies in	this me	eta-analvs	is. were inc	luded in the meta-	be treated with					
21906289.		analyses of V	Vu 201	6 and No	2016. and 5	5 were included in	allopurinol.'					
		the meta-ana	lyses c	of Yu 2017	and Zineh	2011.						
		1 study in the	, meta-	analysis h	nas also bee	n included in this						
		risk analysis	separat	tely (Lonjo	ou 2008).							
		A random-eff	ects m	odel was	used for the	analyses, but						
		prospective r	egistrat	tion of the	protocol wa	as not mentioned.						
		The search a	nd sele	ection stra	tegy was tra	ansparent and						
		data exaction	was s	tandardise	ed.							
		Quality of the	includ	ed studies	s and possib	ble publication						
		bias were and	alysed.									
			~{      A	D*5004		N1.	1					
		Association		N-B-2801 8	and SJS/TE	N:						
	B*5801.	tolerant con	trois	~	population							
	E 3001.		95%			95% CI						
		90.00 (S)	24.49	-301.00	79.20 (3)	41.53-151.35 9/ Cl: 26.05						
		204 14) and	for the	sinala Fi	uronean stu	dy 101 /5 (95%						
		CI: 44 98-22	28 82)		aropean stu	uy 101.45 (5576						
		61% of the (	cases i	n the Euro	ppean study	40% of the						
		cases in the	Japan	ese studv	and 80-100	)% of the cases						
		in the other	Asian s	studies ha	d B*5801.							
		There was r	no hete	roaeneitv	between the	e studies.						
		There were	no indi	cations of	publication	bias.						
ref. 12	3	In a case-cor	ntrol stu	idy, the al	Iele frequen	cy of HLA-B*5801	Author's conclu-					
Lonjou C et al.		in 31 cases w	vith allo	purinol-in	duced SJS/	TEN was compa-	sion:					
A European study of		red with the f	requen	cy of a mi	xed Wester	n European popu-	'At variance with					
HLA-B in Stevens-		lation from a	databa	se. Of the	e cases, 27 v	were of probable	prior results in					
Johnson syndrome		European ori	gin anc	4 of prob	able non-E	uropean origin.	Asia, this study					
and toxic epidermal		Relevant com	nedicat	ion was n	ot excluded		shows that even					
necrolysis related to		The Bonferro	ni meth	nod was u	sed to corre	ect for 27 compari-	when HLA-B					
five high-risk drugs.		sons (27 diffe	erent H	LA-alleles	; significand	e  if  p < 0,0018).	alleles behave as					
Pharmacogenet		Deputtor					strong risk factors,					
Genomics		Results:	hotwo		*E001 and C		as for alloputhol,					
PubMed PMID		Association	Dermee			55% CI	sufficient nor ne-					
18192896			1	0K 61 (S)			cessary to explain					
		aii	F	61% of H	na casac bo	d B*5801	the disease '					
	B*5801:	European			Le Lases Ilà							
	E	□ ⊑uropean	-	00 (3)		04-107 d D*5001						
		In the 12 re	tionta									
				more pre	-A-D 3001, 1	in the general						
			allele	more pre		in the general						

ret. 13	0	<u>Warning</u> :	
SmPC Zyloric (allo-		The HLA-B*5801 allele has been demonstrated to be asso-	
purinol) 12-12-18.	HLA-	ciated with the risk of development of allopurinol related	
,	B*5801:	hypersensitivity syndrome and SJS/TEN.	
	F	Prevalence of the HI A-B*5801 allele differs strongly	
		between ethnic groups: up to 20% in Han-Chinese 8-15%	
		in Their approximately 12% in Koroons and 1.2% in people	
		of Japanese or Europeen descent In petient subgroupe	
		or Japanese of European descent. In patient subgroups	
		for this allele about the sensidered before start of allenu	
		for this allele should be considered before start of allopu-	
		rinoi treatment. Chronic kidney disease can further increa-	
		se the risk in these patients. If HLA-B^5801 genotyping is	
		not available for persons of Han-Chinese, Thai or Korean	
		descent, the benefits of treatment should be carefully	
		considered before treatment start and judged to be larger	
		than the possible higher risks. The usefulness of genoty-	
		ping has not been established for other patient populations.	
		If a patient is known to be a carrier of HLA-B*5801 (espe-	
		cially in patients of Han-Chinese. That or Korean descent)	
		allopurinol should not be started unless there are no other	
		reasonable therapeutic options and the benefits are expec-	
		ted to be larger than the risks. Extra vigilance concerning	
		symptoms of the hypersensitivity syndrome or S IS/TEN is	
		symptoms of the netions abould be told to immediately step	
		required and the patient should be told to inimediately stop	
		Clotten symptoms occur.	
		SJS/TEN can still occur in HLA-B*5801 negative patients,	
		irrespective of their ethnic descent.	
		Adverse events:	
		Rarely: Stevens-Johnson syndrome/toxic epidermal necro-	
		lysis	
		The HLA-B*5801 allele has been demonstrated to be asso-	
		ciated with the risk of development of allopurinol related	
		hypersensitivity syndrome and SJS/TEN. The usefulness of	
		genotyping as screening instrument for making decisions	
		about treatment with allopurinol has not been established.	
		Administration of allopurinol should immediately be stop-	
		ped in each patient developing symptoms of SJS/TEN or	
		another severe hypersensitivity reaction. The highest risk	
		of SJS, TEN or other severe hypersensitivity reactions is	
		present within the first weeks of treatment. The best	
		approach in case of such reactions is an early diagnosis	
		and immediate discontinuation of every suspected drug. If	
		allopurinol treatment has been discontinued due to mild	
		skin reactions (i.e. no signs or symptoms of S IS/TEN or	
		another severe hypersensitivity reaction) it is possible if	
		desired to start again with alloguring in a low dass (for	
		average 50 mg/dou) followed by gradual doos increase "	
		example outing/day) followed by gradual dose increase. If	
		the original symptoms reappear, allopurinol should be	
		permanently discontinued, because more severe hyper-	
		sensitivity reactions can develop.	

### Risk group

impaired renal function, comedication with thiazide diuretics, high starting dose, females

#### Comments:

For HLA-B\*5801, we only included meta-analyses, studies with more than 75 cases or more than 25 European cases and comparisons of genotype-guided with not-genotype-guided therapy in the risk analysis. Other articles on this allele did not contribute enough to the evidence to be included.

Studies investigating an association between HLA-A\*3303, HLA-C\*0302 and a six SNP HLA haplotype and allopurinol-induced cutaneous adverse events are not included in the risk analysis, because these associations most probably result from a linkage disequilibrium of these HLA-alleles/haplotype with HLA-B\*5801 (Jarjour S et al. Genetic markers associated with cutaneous adverse drug reactions to allopurinol: a systematic review. Pharmacogenomics 2015;16:755-67. PubMed PMID: 25965122 and Génin E et al. Genome-wide association study of stevens-johnson syndrome and toxic epidermal necrolysis in Europe. Orphanet J Rare Dis 2011;6:52. PubMed PMID: 21801394).

Several studies implicate impaired renal function, leading to diminished clearance of the allopurinol metabolite oxypurinol, as an additional risk factor for allopurinol induced severe cutaneous adverse events (Wang CW et al. Immunopathogenesis and risk factors for allopurinol severe cutaneous adverse reactions. Curr Opin Allergy Clin Immunol 2016;16:339-45. PubMed PMID: 27362322; Ng 2016 (see risk analysis) and Chung WH et al. Insights into the poor prognosis of allopurinol-induced severe cutaneous adverse reactions: the impact of renal insufficiency, high plasma levels of oxypurinol and granulysin. Ann Rheum Dis 2015;74:2157-64. PubMed PMID: 25115449).

Also, *in vitro* studies implicate a role of oxypurinol in the induction of an immunological response to allopurinol (Chung WH et al. Oxypurinol-specific T cells possess preferential TCR clonotypes and express granulysin in allopurinol-induced severe cutaneous adverse reactions. J Invest Dermatol 2015;135:2237-48. PubMed PMID: 25946710; Yun J et al. Oxypurinol directly and immediately activates the drug-specific T cells via the preferential use of HLA-B\*58:01. J Immunol 2014;192:2984-93. PubMed PMID: 24591375 and Yun J et al. Allopurinol hypersensitivity is primarily mediated by dose-dependent oxypurinol-specific T cell response. Clin Exp Allergy 2013;43:1246-55. PubMed PMID: 24152157).

# <u>Cost-effectiveness</u>:

#### QALY = quality-adjusted life-year

Zhou Y et al. Global frequencies of clinically important HLA alleles and their implications for the cost-effectiveness of pre-emptive pharmacogenetic testing. Clin Pharmacol Ther 2020 Jun 14 (online ahead of print). PMID: 32535895.

The authors consolidated HLA genotypes from at least 3.5 million individuals across 66 countries provided by the Allele Frequency Net Database and the Estonian Biobank. and modelled the country-specific costeffectiveness of genetic testing. They conclude that testing of HLA-B\*5801 is more likely to be cost-effective throughout Africa and Asia compared with Europe and the Americas. Genotype-informed allopurinol therapy can be cost-effective throughout most of Africa and Asia with incremental thresholds for cost-effectiveness between US\$929 and US\$2,130 at a "willingness-to-pay" threshold of US\$40,000, with the exception of Zambia and Japan where HLA-B\*5801 is rare. In contrast, pre-emptive testing of HLA-B\*58:01 is unlikely to be cost-effective in Belgium, the Czech Republic, Estonia, and Ireland, as well as Serbia and the United Kingdom. In the United States, alternative treatment thresholds differ considerably between subpopulations. Here, pre-emptive HLA-B\*5801 testing is more likely to be cost-effective for African (total cost by which the alternative treatment can exceed the cost of allopurinol for the genotype-guided strategy to be cost-effective at a at a "willingness-to-pay" threshold of US\$40,000 up to \$5,019) and Asian Americans (total cost by which the alternative treatment can exceed the cost of allopurinol for the genotype-guided strategy to be cost-effective at a at a "willingness-to-pay" threshold of US\$40,000 up to \$5,217) compared with White and Hispanic Americans (total cost by which the alternative treatment can exceed the cost of allopurinol for the genotypeguided strategy to be cost-effective at a at a "willingness-to-pay" threshold of US\$40,000 up to \$2,835 and \$4,219, respectively), in agreement with previous reports. However, HLA-B\*5801 screening is unlikely to be both better and cheaper than allopurinol for all in any population analysed.

Allopurinol for all was compared with genotype-guided therapy, consisting of an alternative drug for HLA-B\*5801 positive patients and allopurinol for HLA-B\*5801 negative patients.

In case of countries with heterogeneous population structures, the authors aggregated subpopulation-specific HLA-B\*5801 frequency information based on the national population composition. For countries with no available information on allele frequency, they used the averaged continental allele frequency to calculate the number of carriers per continent.

The authors reported a high HLA-B\*5801 frequency in Whites in Australia (frequency for all Australians 4.7%), but not in New Zealand (frequency for the whole population 0.5%).

Direct medical costs were calculated. The calculation was based on a price of treatment of SJS/TEN of US\$ 16,491, a price of treatment of DRESS of US\$ 16859, and genotyping costs of US\$ 40. Due to a strong variation of drug prizes across the world, drug prizes were not included, but the total cost by which the alternative treatment can exceed the cost of allopurinol for the genotype-guided strategy to be cost-effective were calculated. Positive and negative predictive values for SJS/TEN/DRESS development and HLA-B\*5801 (1.3% and 100% respectively) were obtained from literature (Phillips EJ et al. Pharmacogenetics of drug hypersensitivity. Pharmacogenomics 2010;11:973-87. PMID: 20602616; the cost-effectiveness analysis of Plumpton 2017; and Tassaneeyakul W et al. Strong association between HLA-B\*5801 and allopurinol-induced Stevens-Johnson syndrome and toxic epidermal necrolysis in a Thai population. Pharmacogenet Genomics 2009;19:704-9. PMID: 19696695).

Recommendations remained largely unaffected when genotyping costs of US\$141 instead of US\$40 were used in the calculations.

Pruis SL et al. Cost-effectiveness of sequential urate lowering therapies for the management of gout in Singapore. J Med Econ 2020;23:838-47. PMID: 32301360.

In 50-year old Singaporean patients with symptomatic gout (serum uric acid  $\geq$  8 mg/dL), treatment strategies incorporating HLA-B\*5801 genotyping before sequential urate lowering therapy use (followed by withholding allopurinol in HLA-B\*5801 carriers), resulted in less QALYs and were more expensive than the corresponding non-genotyping strategies. Three treatment strategies were tested. The first was allopurinol 300 mg/day, followed by allopurinol 600 mg/day in the event of insufficient response for 6 months, and probenecid if response remained insufficient for another 6 months (with febuxostat 80 mg/day added as possible alternative for probenecid for HLA-B\*5801 carriers in the corresponding genotype-guided strategy). The second was allopurinol 300 mg/day, followed by allopurinol 600 mg/day, followed by probenecid, followed by febuxostat 80 mg/day. The third was allopurinol 300 mg/day followed by febuxostat 80 mg/day in patients with gout and concomitant moderate to severe renal impairment (chronic kidney disease stage  $\geq$ 3 b, with estimated glome-rular filtration rate <45 mL/min).

The threshold SJS/TEN incidence above which the genotype-guided treatment strategy (probenecid, febuxostat for HLA-B\*5801 carriers and allopurinol 300 mg/day, allopurinol 600 mg/day, probenecid for non-carriers) produced incremental QALYs over the non-genotyping strategy (all patients treated as the non-carriers) was 1.12%. Above an incidence of 1.5%, the genotype-guided strategy was both better and cheaper than the non-genotyping strategy.

Costs were evaluated from the perspective of Singapore healthcare payers. Lifelong medical costs were calculated (over a time period of 30 years for patients with a mean age of 50 years at treatment start). The calculation was based on a price of allopurinol initiation, maintenance with 300 mg/day and maintenance with 600 mg/day in the primary or tertiary setting of Singapore dollars (SG\$) 291/3 months and SG\$ 1,036/3 months, SG\$ 58/3 months and SG\$ 138/3 months, and SG\$ 72/3 months and SG\$ 152/3 months respectively, a price of febuxostat initiation and maintenance in the primary and tertiary setting of SG\$ 526/3 months and SG\$ 1,023/3 months, and SG\$ 337/3 months and SG\$ 417/3 months respectively, a price of probenecid initiation and maintenance in the primary and tertiary setting of SG\$ 287/3 months and SG\$ 826/3 months, and SG\$ 92/3 months and SG\$ 172/3 months respectively, treatment costs of an acute flare (in the primary setting) of SG\$ 113, a price of treatment of non-fatal and fatal SJS of SG\$ 21,663 and SG\$ 63,457 respectively, a price of treatment of non-fatal and fatal SJS/TEN-overlap of SG\$ 45,337 and SG\$ 86,324 respectively, a price of treatment of non-fatal and fatal TEN of SG\$ 59,523 and SG\$ 88,470 respectively, a price of treatment of (non-fatal) DRESS of SG\$ 6,740, a price of treatment of ocular complications from non-fatal and fatal severe cutaneous adverse events of SG 2,505 and SG\$ 717 respectively (either once for once-off complications or every 3 months for recurring complications), and genotyping costs of SG\$ 280. The 0.2% incidence rate of allopurinol-induced SJS/TEN and 0.08% incidence rate of allopurinol-induced DRESS were derived from literature (the cost-effectiveness analyses of Saokaew 2014 and Dong 2015), as were the 0.46% incidence of SJS/TEN in patients with renal impairment (the cost-effectiveness analysis of Ke 2017), the 0.01% incidence of febuxostat-induced SJS/TEN and the mortality rates of severe cutaneous adverse events. In the calculations, each 2 mg/dL over the serum uric acid target of 6 mg/dL resulted in a reduced quality of life. The proportions of patients who achieved target serum uric acid (<6 mg/dL) with first-line allopurinol or febuxostat were derived by conducting a network meta-analysis of randomized controlled trials, as were the discontinuation rates due to adverse events during the first 3 months of treatment. Response rates of allopurinol 600 mg/day and response rates and discontinuation rates of probenecid were also derived from literature. The rates of allopurinol- and febuxostat-induced flares were derived from literature, that for probenecid was assumed to be the same as that for allopurinol. In Singapore, the weighted prevalence of HLA-B\*5801 is 18.5% with varying rates occurring across different ethnic groups.

Teng GG et al. Is HLA-B\*58:01 genotyping cost effective in guiding allopurinol use in gout patients with chronic kidney disease? Pharmacogenomics 2020;21:279-91. PMID: 32180492.

In Singaporean patients with symptomatic hyperuricemia and chronic kidney disease (estimated glomerular filtration rate < 60 ml/min), HLA-B\*5801-guided therapy was less cost-effective than allopurinol for all, followed by febuxostat in non-responders. In addition, HLA-B\*5801-guided therapy was not cost-effective at a willingness-to-pay threshold of US\$ 50,0000 per QALY gained with costs of US\$ 269,147 per QALY gained when calculated over a 1-year period and increasing to US\$ 741,544 per QALY gained when calculated over a 1-year period and increasing to US\$ 741,544 per QALY gained when calculated over a 15-year period (lifelong). Genotype-guided therapy consisted of febuxostat for HLA-B\*5801 carriers and allopurinol followed by febuxostat in non-responders for non-carriers. HLA-B\*5801-guided therapy was both better and cheaper than febuxostat for all. When compared to treatment with allopurinol alone without switching to febuxostat for non-responders, the genotyping strategy is cost effective, but this may not mirror clinical practice. The maximum dose used was 300 mg/day for allopurinol and 80 mg/day for febuxostat. The period over which the costs were calculated and the severe cutaneous adverse event incidence were the most influential factors in the cost-effectiveness calculations.

Costs were evaluated from a health systems perspective, which informs governments' public health policy decisions, to prioritize services and healthcare products that should receive subsidies or reimbursements from a limited pool of funds. Medical costs were calculated over a 1-year period, but also over a 15-year period (corresponding to lifelong for patients with chronic kidney disease). The calculation was based on a price of allopurinol of US\$ 23/year, a price of febuxostat of US\$ 750/year, a price of treatment of SJS of US\$ 4,200, a price of treatment of SJS/TEN-overlap of US\$ 12,390, a price of treatment of TEN of US\$ 20,590, a price of treatment of long-term complications from SJS/TEN (dry eye syndrome and psychological sequelae) of US\$ 580/year, a price of hospital admission for gout of US\$ 2,324, a price of a visit to a specialist of US\$ 90, and genotyping costs of US\$ 150. The 0.46% incidence rate of allopurinol-induced severe cutaneous adverse events was derived from literature (the cost-effectiveness analysis of Ke 2017), as was the mean pooled sensitivity and specificity of the HLA-B\*5801 test for SJS/TEN and DRESS of 94 and 86.5% respectively (the cost-effectiveness analysis of Plumpton 2017). Based on these numbers, the positive predictive value of the genotyping test is 3.0% and the negative predictive value is nearly 100%. Response rates for allopurinol and febuxostat were taken from the US package insert. The incidence rates of long-term complications and the mortality rates due to SJS/TEN were derived from literature. The HLA-B\*5801 carrier frequency in Singapore is 18.5%.

The results are most sensitive to severe cutaneous adverse event incidence. If a high-risk population can be identified that has an allopurinol-induced severe cutaneous adverse event rate greater than 1.2%, then genotyping would become cost effective for a 1-year time horizon. A two-way sensitivity analysis of severe cutaneous adverse event incidence and genotyping cost illustrates that if the genotyping cost were only US\$ 32, as in Thailand, then a severe cutaneous adverse event incidence of 0.61% would achieve additional costs of US\$ 50,000 per QALY gained. When the genetic test price is reduced to zero (e.g., the person's HLA-B\*5801 status is known from a previous genetic screen), the genotyping strategy will meet the willingness-to-pay threshold at current severe cutaneous adverse event incidence and 1-year time horizon. When the cost of genetic testing is <US\$ 20 and the annual cost of febuxostat 80 mg/day to the healthcare system is <US\$ 500, genetic testing would fall below the willingness-to-pay threshold of US\$ 50,000 per QALY gained. At a willingness-to-pay threshold of US\$ 50,000 per QALY gained of US\$ 50,000 per QALY gained of US\$ 50,000 per QALY gained. At a willingness-to-pay threshold of US\$ 50,000 per QALY gained of US\$ 50,000 per QALY gained of US\$ 50,000 per QALY gained. At a willingness-to-pay threshold of US\$ 50,000 per QALY gained of US\$ 50,000 per QALY gained of US\$ 50,000 per QALY gained of US\$ 50,000 per QALY gained. At a willingness-to-pay threshold of US\$ 50,000 per QALY gained of

Chong HY et al. Cost-effectiveness analysis of HLA-B\*58: 01 genetic testing before initiation of allopurinol therapy to prevent allopurinol-induced Stevens-Johnson syndrome/toxic epidermal necrolysis in a Malaysian population. Pharmacogenet Genomics 2018;28:56-67. PMID: 29176400.

Compared with allopurinol for all, both HLA-B\*5801 guided therapy and probenecid for all in resulted in less QALYs and higher costs in 50-year old Malaysian patients with chronic gout and normal kidney function. HLA-B\*5801 guided therapy consisted of probenecid 2 g/day for HLA-B\*5801 positive patients and allopurinol for HLA-B\*5801 negative patients. At the cost-effectiveness threshold of US\$ 8695 per QALY, the probability of allopurinol for all being the best choice is 99.9%, in contrast with 0.1 and 0% in HLA-B\*58:01 screening and probenecid for all, respectively. This is because of the low incidence of allopurinol-induced SJS/TEN in Malaysia and the lower efficacy of probenecid compared with allopurinol in gout control.

In patients who did not achieve the target serum uric acid level with allopurinol 300 mg/day, the dose was increased to 600 mg/day. Patients who developed allopurinol-induced SJS/TEN and those who did not respond to allopurinol 600 mg/day were switched to probenecid. Patients who did not respond to probenecid treatment for lifetime, and acute gout flares were treated.

HLA-B\*5801 guided therapy resulted also in less QALYs and higher costs if febuxostat was used in HLA-B\*5801 positive patients instead of probenecid. In addition, febuxostat for all resulted also in less QALYs and higher costs then allopurinol for all. In the calculations, febuxostat was considered less effective than allopurinol 600 mg/day (probability of achieving target serum uric acid levels of 0.69 and 0.78, respectively). Costs were evaluated from a societal perspective. Lifelong direct medical costs, direct non-medical costs (costs of transportation and additional food), and indirect costs (productivity loss because of illness) were calculated. Costs were given in the Malaysian currency MYR. In 2016, MYR 4.49 was equivalent to US\$ 1. The calculation was based on a price of allopurinol of MYR 0.14/300 mg tablet, a price of probenecid of MYR 0.33/500 mg tablet, a price of febuxostat of MYR 8.9/80 mg tablet, costs of an SJS/TEN event of MYR 6462.12, costs of treatment of dry eye syndrome of MYR 561.69/year, costs of gout management of MYR 638.70 for the first year and MYR 319.35/year for the subsequent years, costs of acute gout flare management of MYR 914.28/year, and genotyping costs of MYR 287.17. The incidence of allopurinol-induced SJS/ TEN in Malaysia was assumed to be 0.2% (Hung S-I et al. HLA-B\*5801 allele as a genetic marker for severe cutaneous adverse reactions caused by allopurinol. Proc Natl Acad Sci USA 2005;102:4134-9). Based on the association between HLA-B\*5801 and allopurinol-induced SJS/TEN, incidences of allopurinol-induced SJS/ TEN in patients with and without HLA-B\*5801 were calculated to be 1.5 and 0%, respectively, The probability of death caused by allopurinol-induced SJS/TEN (4.17%) was derived from literature, as was the 40.6% probability of developing long-term ocular sequelae of SJS/TEN (dry eye syndrome). The probabilities of achieving target uric acid levels with allopurinol 300 mg/day, allopurinol 600 mg/day, probenecid 2 g/day and febuxostat 80 mg/day were obtained from literature. The ethnicity-weighted prevalence of HLA-B\*5801 carriers was estimated to be 12.2% in Malaysia.

The effectiveness of probenecid 2 g/day in achieving target serum uric acid level had the highest potential influence on both additional costs and QALYs gained. The other key drivers on the incremental cost were the length of inpatient stay because of uncontrolled gout and the number of outpatient visits because of acute gout flare, whereas the discounting rate for outcomes (i.e. the assumed decrease in the effect of outcomes on quality of life in time due to medical progress) and the probability of achieving target serum uric acid level with allopurinol 600 mg/day had the greatest potential effect on the QALYs gained.

Plumpton CO et al. Cost effectiveness analysis of HLA-B\*58:01 genotyping prior to initiation of allopurinol for gout. Rheumatology (Oxford) 2017;56:1729-39. PMID: 28957559.

The authors conclude that routine testing for HLA-B\*5801 in order to reduce the incidence of adverse drug reactions in patients being prescribed allopurinol for gout is unlikely to be cost-effective in the UK; however testing is expected to become cost-effective with reductions in the cost of genotyping, and with the future availability of cheaper, generic febuxostat.

Compared with allopurinol for all, HLA-B\*5801 guided therapy for chronic gout patients of 61.6 years old from the UK (81% male) is not cost-effective (additional costs of £44,954 per QALY gained for all patients and £38,478 per QALY gained for patients with chronic renal insufficiency), using the willingness-to-pay threshold of £30,000/QALY. Genotype guided therapy consisted of allopurinol for patients without HLA-B\*5801 and febuxostat for patients with HLA-B\*5801. The probability of testing being cost-effective at the willingness-to-pay threshold was 0.25. Reduced costs of testing or febuxostat resulted in cost-effectiveness (costs below £30,000/QALY).

Patients were titrated to allopurinol 300 mg/day during the first 3 months. Patients who are genotyped for HLA-B\*5801 or who experience a serious adverse drug reaction with allopurinol switched to febuxostat 80 mg/day. Patients experiencing a serious adverse drug reaction with febuxostat (which is far less likely), discontinued urate lowering therapy altogether. Prophylactic treatment with colchicine (0.5 mg twice daily) was assumed for 3 months following initiation of allopurinol, or for 6 months following initiation of febuxostat. The use of NSAIDs was assumed for all patients. Patients with chronic renal insufficiency were treated with allopurinol 100 mg/day and colchicine 0.5 mg/day.

According to the calculations, HLA-B\*5801 guided therapy would be cost-effective within populations with a higher prevalence of HLA-B\*5801 (at £27,218 and £22 359 per QALY gained, for 4.24% and 17% prevalence, respectively). HLA-B\*5801 guided therapy would also be cost-effective when the costs of febuxostat would be reduced to that of allopurinol, resulting in additional costs of £23,679 per QALY gained, and when the genotyping costs would be reduced from a mean £55.36 per person to £20, resulting in additional costs of £29,469 per QALY gained. In the case of both reduced price febuxostat and cheaper testing, the additional costs per QALY gained would be £8,195.

Costs were evaluated from the perspective of the National Health Service in the UK. Lifelong medical costs were calculated. The calculation was based on a price of allopurinol of £3.77/300mg, a price of febuxostat of £79.17/80mg, a price of colchicine of £65.92/1mg, a price of treatment of SJS/TEN of £31,232.00, a price of treatment of long-term complications from SJS/TEN of £140.00, a price of treatment of DRESS of £11,209.03, a price of treatment of a gout flare of £321.62, costs for gout management of £97.40/3 months, HLA-B\*58 screening costs of £54.29, and genotyping costs (HLA-B\*5801 screening) in HLA-B\*58 positive patients of £94.91. The incidence rates of allopurinol-induced SJS/TEN and DRESS (0.02% and 0.11%, respectively) (the cost-effectiveness analysis of Saokaew 2014 and Roujeau JC et al. Medication use and the risk of Stevens-Johnson Syndrome or toxic epidermal necrolysis. N Engl J Med 1995;333:1600-7; McInnes GT et al. Acute adverse reactions attributed to allopurinol in hospitalised patients. Ann Rheum Dis 1981;40: 245-9) and febuxostat-induced SJS/TEN and DRESS (both 0.01%) were derived from literature, as were the sensitivities and specificities of the HLA-B\*5801 test for SJS/TEN and DRESS, the 26.52% and 10% mortality rates of SJS/TEN and DRESS, respectively, and the 3.79 fold increase in SJS/TEN rate and the 67% mortality rate of SJS/TEN in patients with chronic renal insufficiency. Effectiveness data of allopurinol and febuxostat and risks of initial and acute flares were also derived from literature. In the calculations, febuxostat was assumed to be more effective than allopurinol. The HLA-B\*5801 carrier frequency in the UK was assumed to be the European mean of 1.13%.

The effectiveness of febuxostat (risk ratio for achieving serum uric acid <360 µmol/L vs allopurinol) and the cost of genotyping were most influential. The additional costs per QALY gained were stable to variation in all other parameters used in the calculation within their 95% confidence intervals.

 Ke CH et al. Cost-effectiveness analysis for genotyping before allopurinol treatment to prevent severe cutaneous adverse drug reactions. J Rheumatol 201744:835-43. PMID: 28365572.
 Compared with benzbromarone for all, HLA-B\*5801 guided allopurinol therapy for 54-year old Taiwanese patients with hyperuricemia (76.5% male, 64.6% gout patients) with or without chronic kidney disease is costeffective (New Taiwan (NT) \$234,610 (US\$7508) per QALY gained for all patients and NT\$230,925 (US\$ 7390) per QALY gained for patients with chronic kidney disease). In contrast, compared to benzbromarone for all, allopurinol for all was both more expensive and less effective. The same was true for febuxostat for all. Genotype-guided treatment consisted of allopurinol for patients without HLA-B\*5801 and either benzbromarone or febuxostat for patients with HLA-B\*5801. Patients on benzbromarone could be switched to febuxostat within 1 year in case of intolerance or insufficient response.

The study results were sensitive to the probability of benzbromarone/febuxostat-related hypersensitivity, and the negative predicted value of genotyping.

Costs were evaluated from the Taiwanese health care payer (the National Institute of Health) perspective. Medical costs were calculated for treatment during 1 year. The calculation was based on costs of allopurinol of NT\$ 257/vear, costs of febuxostat of NT\$ 4856/vear, costs of benzbromarone of NT\$ 426/vear, a price of treatment of non-fatal severe cutaneous adverse events of NT\$ 92,091, a price of treatment of fatal severe cutaneous adverse events of NT\$ 264,140, gout- or hyperuricemia-related costs of NT\$ 38,668/year, costs for patients with chronic kidney disease of NT\$ 66,885/year, and genotyping costs of NT\$ 2648 (US\$ 87.70). The incidence of allopurinol-induced severe cutaneous adverse events (0.222% in the total population and 0.455% in patients with chronic kidney disease) and the 10.2% mortality rate of allopurinol-induced severe cutaneous adverse events were derived from a health information database. The association between allopurinol-induced severe cutaneous adverse events and HLA-B\*5801 in the Taiwanese population was derived from literature (Pavlos R et al. HLA and pharmacogenetics of drug hypersensitivity. Pharmacogenomics 2012;13:1285-30, and Zineh 2011). From this, the probability of allopurinol-induced severe cutaneous adverse events in patients with/without HLA-B\*5801 was calculated to be 1.21% and 0.0048% for all patients, and 2.48% and 0.0099% in patients with chronic kidney disease. The probability of switching urate-lowering therapy was derived from hospital data, and the incidence of severe cutaneous adverse events induced by benzbromarone or febuxostat was assumed to be very rare, i.e. 1 per 10,000 persons (0.01%). The HLA-B\*5801 carrier frequency in Taiwan is 18%.

Jutkowitz E et al. The cost-effectiveness of HLA-b\*5801 screening to guide initial urate-lowering therapy for gout in the United States. Semin Arthritis Rheum 2017;46:594-600. PubMed PMID: 27916277.
 Compared with allopurinol for all, HLA-B\*5801 guided therapy for gout patients of 53 year old from the USA is cost-effective for African Americans (costs US\$ 83,450/quality-adjusted life year (QALY) gained) and Asians

in the USA (costs US\$ 64,190/QALY), but not for Caucasians or Hispanics (costs US\$ 183,720/QALY), using the accepted US willingness-to-pay threshold (US\$109,000/QALY). Results were robust in sensitivity analyses, except that reducing the risk of SJS/TEN by a half made testing not cost-effective for all races/ethnicities. Genotype guided therapy consisted of allopurinol for patients without HLA-B\*5801 and febuxostat for patients with HLA-B\*5801. Patients on allopurinol were switched to febuxostat if allopurinol was ineffective or not tolerated. In the US, the allele frequency of HLA-B\*5801 is 0.7% in Caucasians and Hispanics, 3.8% in African Americans and 7.4% in Asians.

In a previous analysis, the authors found that febuxostat for all patients was not cost-effective (dominated by current options).

Costs were evaluated from the perspective of a US healthcare payer. Lifelong medical costs were calculated. For Caucasians and Hispanics, the calculated costs were US\$ 23,777 and the calculated QALYs 13.2248 for allopurinol for all patients and the calculated costs were US\$ 23,966 and the calculated QALYs 13.2258 for the genotype guided therapy. For African Americans, the calculated costs were US\$ 23,826 and the calculated QALYs 13.2205 for allopurinol for all patients and the calculated costs were US\$ 24,280 and the calculated QALYs 13.2259 for the genotype guided therapy. For Asians, the calculated costs were US\$ 23,898 and the calculated QALYs 13.2141 for allopurinol for all patients and the calculated costs were US\$ 24,648 and the calculated QALYs 13.2257 for the genotype guided therapy. The calculation was based on a price of allopurinol of US\$ 72/year, a price of febuxostat of US\$ 2213/year, a price of treatment of SJS/TEN of US\$ 45,661, a price of treatment of other hospitalized cutaneous adverse reactions of US\$ 6180, a price of treatment of long-term complications from SJS/TEN of US\$ 980/year, and genotyping costs of US\$ 129. The 0.026% incidence rate of allopurinol-induced SJS/TEN in US Caucasians and the 30% incidence rate of death due to SJS/TEN were derived from literature (Kim SC et al. Severe cutaneous reactions requiring hospitalization in allopurinol initiators: a population-based cohort study. Arthritis Care Res 2013;65:578-84), as were the relative incidences in different US ethnicities (Lu N et al. Racial disparities in the risk of Stevens-Johnson syndrome and toxic epidermal necrolysis as urate-lowering drug adverse events in the US. Semin Arthritis Rheum 2016;46:253-8). Based on these relative incidences, an incidence of 0.026%, 0.136% and 0.298% was calculated for allopurinol-induced SJS/ TEN in Hispanics, Africans-Americans and Asians respectively. With the sensitivity and specificity values of Zineh 2011 (Zineh I et al. Allopurinol pharmacogenetics: assessment of potential clinical usefulness. Pharmacogenomics 2011;12:1741-9), positive predictive values for SJS/TEN development in HLA-B\*5801 carriers were calculated to be 0.472% for US Caucasians and Hispanics, 2.421% for African Americans, and 5.164% for US Asians. The 19% incidence rate of longterm complications due to SJS/TEN was derived from literature.

Genotype guided therapy is cost-effective when the prevalence of HLA-B\*5801 is greater than 1.6%. For testing to be cost-effective in Caucasians and Hispanics, the genotyping test would have to cost less than US\$ 52.

When the costs of febuxostat would increase by 50%, genotype guided therapy for African Americans would no longer be cost effective (costs US\$ 118.000/QALY). Change in the price of febuxostat did not substantially alter the costs per QALY gained for Caucasians and Hispanics or Asians.

Plumpton CO et al. A systematic review of economic evaluations of pharmacogenetic testing for prevention of adverse drug reactions. Pharmacoeconomics 2016;34:771-93. Review. PubMed PMID: 26984520. The authors performed a systematic literature review of economic evaluations of pharmacogenetic tests of HLA-B\*5801 prior to allopurinol. They conclude that evidence exists to support the cost-effectiveness of genotyping HLA-B\*5801 prior to allopurinol, with the two available high-quality studies in two different populations indicating that genotyping was either dominant or cost-effective. However, HLA-B\*5801 is particularly prevalent in Asian populations, and whilst testing prior to the use of allopurinol is cost-effective for these populations, the result may not hold for populations with a low frequency of HLA-B\*5801.

Two economic evaluations were retrieved for HLA-B\*5801: one conducted in Thailand (Saokaew 2014) and one in Korea (Park 2015). Park 2015 was a cost-effectiveness analysis, Saokaew 2014 a cost-utility analysis. The cost perspective was that of the healthcare provider in Park 2015, whereas Saokaew 2014 used a socie-tal perspective. The quality of reporting in the economic evaluations was high for both studies (96% for Saokaew 2014 and 86% for Park 2015). High quality was defined as reporting of more than 85% of items on a 24-item checklist for economic health evaluations. Park 2015 stated that the evidence supporting the effectiveness was retrieved from 'literature searches', Saokaew 2014 from 'hospital data'.

Both studies considered the cost effectiveness of genotyping prior to prescription of allopurinol in gout, finding genotyping to be either dominant, i.e. both better and cheaper, (Park 2015) or cost-effective (Saokaew 2014). Park 2015 found genotype guided therapy to cost US\$ 138 less. Saokaew 2014 found genotype guided therapy to cost Thai Baht (THB) 156,937/QALY gained (\$US1 = THB 41.54). Despite evidence being in favour of testing, there are no current FDA or EMA recommendations, while the American College of Rheumatology guidelines recommend genotyping patients at high risk of adverse drug reactions, including those with chronic renal insufficiency.

 Dong D et al. Cost-effectiveness analysis of genotyping for HLA-B\*5801 and an enhanced safety program in gout patients starting allopurinol in Singapore. Pharmacogenomics 2015;16:1781-93. PubMed PMID: 26554739.

Based on a cost-effectiveness threshold of US\$ 50,000 per quality-adjusted life year, genotype-guided uratelowering therapy selection or enhanced safety program for Singaporean patients with chronic gout without chronic kidney disease, was not cost-effective. Avoidance of urate-lowering therapy was the least preferred strategy as uncontrolled gout leads to lower quality-adjusted life years and higher costs. This study compared six strategies, of which 3 genotype guided. The first is standard urate-lowering therapy with allopurinol as first-line drug. The second is allopurinol as a first-line drug coupled to an enhanced safety program. The third is a genotype guided therapy in which patients with HLA-B\*5801 receive probenecid and patients without HLA-B\*5801 allopurinol. The fourth is the same as the third, but with a switch of patients with HLA-B\*5801 who do not respond to probenecid to allopurinol combined with the enhanced safety program. The fifth is a genotype guided therapy in which patients with HLA-B\*5801 receive allopurinol combined with the enhanced safety program. The fifth is a genotype guided therapy in which patients with HLA-B\*5801 receive allopurinol combined with the enhanced safety program and patients without HLA-B\*5801 allopurinol without the enhanced safety program. The sixth is no urate-lowering therapy and treatment of acute flares only.

The enhanced safety program was a 3-month monitoring program consisting of a nurse-led face-to-face patient education session on SJS/TEN at drug initiation, six fortnightly phone calls to check for early signs of SJS/TEN and remind patients to use a hotline for reporting any symptoms of emerging adverse drug reactions for appropriate medical attention. The rationale for this safety program was that it has been shown that early withdrawal of causative drugs among SJS/TEN patients is associated with a lower risk of dying (OR = 0.69) (Garcia-Doval I et al. Toxic epidermal necrolysis and Stevens–Johnson syndrome: does early withdrawal of causative drugs decrease the risk of death? Arch Dermatol 2000;136:323-7).

Three strategies were more expensive and less effective than standard allopurinol: no urate-lowering therapy, genotype guided therapy with probenecid for patients with HLA-B\*5801 and genotype guided therapy with allopurinol combined with an enhanced safety program for patients with HLA-B\*5801. When febuxostat was modelled as an additional option, genotype guided therapy with an alternative for patients with HLA-B\*5801 still yielded fewer quality adjusted life years (QALYs) and incurred higher costs.

After removing these strategies, compared with standard allopurinol, the costs per QALY gained were US\$ 79,140 for standard allopurinol combined with the enhanced safety program and US\$ 164,770 for the genotype guided therapy with probenecid for patients with HLA-B\*5801 and a switch to allopurinol and the enhanced safety program for non-responders to probenecid. Both values were above a commonly accepted threshold of US\$50,000 per QALY for cost-effectiveness.

The authors conclude that:

- Genetic testing-guided urate-lowering therapy treatment that avoids allopurinol in HLA-B\*5801-positive
  patients is more costly and yields lower quality-adjusted life years due to additional testing costs, higher
  drug costs (e.g., febuxostat) or usage of a less efficacious drug (e.g., probenecid) and inadvertently
  denies 18.5% of patients (HLA-B\*5801 carriers in the Singapore population) of an effective drug when
  only 1.5% will develop Stevens–Johnson syndrome/toxic epidermal necrolysis.
- Genetic testing-guided urate-lowering therapy with an enhanced safety program, in which HLA-B\*5801positive patients are initially given probenecid, but non-responders are switched to allopurinol under an enhanced safety program, currently is not cost effective. It becomes cost-effective if the genetic test cost drops below US\$90.
- Without genetic testing, implementing a safety program consisting of more frequent monitoring for early signs of adverse drug reactions during the first 3 months for all patients initiating allopurinol as a first-line drug becomes cost effective when the safety program costs less than US\$39 per patient.

Costs were evaluated from the perspective of the Singapore health system. Lifelong direct medical costs were calculated for a period of 30 years. For standard allopurinol for all patients, the calculated costs were US\$ 4,131 and the calculated QALYs 14.9966. For allopurinol and the enhanced safety program for all patients, the calculated costs were US\$ 4,194 and the calculated QALYs 14.9974. For genotype guided therapy with allopurinol and the enhanced safety program for patients with HLA-B\*5801, the calculated costs were US\$ 4,419 and the calculated QALYs 14.9974. For genotype guided therapy with probenecid for patients with HLA-B\*5801 and a switch to allopurinol and the enhanced safety program in case of nonresponse, the calculated costs were US\$ 4,588 and the calculated QALYs 15.0020. For genotype guided therapy with probenecid for patients with HLA-B\*5801, the calculated costs were US\$ 5,160 and the calculated QALYs 14.9597. For no urate-lowering therapy for all patients, the calculated costs were US\$ 15,310 and the calculated QALYs 14.1319. The calculation was based on a price of allopurinol of US\$ 33/year (up to 300 mg/day) or US\$ 66/year (up to 600 mg/day), a price of probenecid of US\$ 132/year (up to 2 g/day), a price of treatment of SJS of US\$ 3477, a price of treatment of SJS/TEN of US\$ 10,254, a price of treatment of TEN of US\$ 17,031, a price of treatment of an acute gout flair of US\$ 22, a price of treatment of long-term complications from SJS/TEN of US\$ 200/year, and genotyping costs of US\$ 270. The prevalence of HLA-B\*5801 carriers is 22.3, 7.3 and 3.5% among Singaporean Chinese, Malays and Indians, respectively. These estimates are based on publicly available allele frequencies and Hardy-Weinberg 2009 Equilibrium [Pillai NE et al. Predicting HLA alleles from high-resolution SNP data in three southeast Asian populations. Hum Mol Genet 2014;23:4443-51 and Singapore Pharmacogenomics Portal. www.statgen.nus.edu.sg), resulting in an ethnicity-weighted prevalence of 18.5%. The prevalence of allopurinol-induced SJS/TEN in Singapore was assumed to be the same as Taiwan at 0.2% because of the predominantly Chinese ethnic populations (Tassaneeyakul W et al. Strong association between HLA-B\*5801 and allopurinol-induced Stevens–Johnson syndrome and toxic epidermal necrolysis in a Thai population. Pharmacogenet Genomics 2009;19:704-9). The reported sensitivity and specificity of the HLA-B\*5801 test is 100 and 85%, respectively (Hung S-I et al. HLA-B\*5801 allele as a genetic marker for severe cutaneous adverse reactions caused by allopurinol. Proc Natl Acad Sci USA 2005;102:4134-9). Therefore, the positive and negative predictive value are estimated to be 1.52 and 100%, respectively (Tassaneeyakul 2009). The incidence rates of death due to SJS, SJS/TEN and TEN (respectively 5%, 15% and 30%) were derived from literature (Dong D et al. Cost-effectiveness of

HLA-B\*1502 genotyping in adult patients with newly diagnosed epilepsy in Singapore. Neurology 2012;79: 1259-67).

Different organizations have reached different recommendations on genetic testing. The American College of Rheumatology recommends HLA-B\*5801 genotyping as a risk management measure for at-risk populations. The European Medicines Agency cautions against routine HLA-B\*5801 genotyping. The Taiwan FDA has issued a notice that HLA-B\*5801 should be considered prior to allopurinol treatment, but testing is not mandatory [Taiwan Food and Drug Administration. Drug Safety News (2009). www.fda.gov.twtc].

Park DJ et al. Cost-effectiveness analysis of HLA-B5801 genotyping in the treatment of gout patients with chronic renal insufficiency in Korea. Arthritis Care Res 2015;67:280-7. PubMed PMID: 25047754. Compared with allopurinol for all, HLA-B\*5801 guided therapy for Korean gout patients with chronic renal insufficiency is less costly and more effective. The genotype guided therapy consisted of febuxostat for patients with HLA-B\*5801 and allopurinol for patients without HLA-B\*5801. The total expected cost and probability of continuation of gout treatment without severe cutaneous adverse events for the conventional and HLA-B\*5801 screening strategies were \$1,193 and 97.8% and \$1,055 and 100%, respectively. The results were robust according to sensitivity analyses. Until the prevalence of HLA-B\*5801 decreased to 3.81%, the genotype guided therapy was less costly than allopurinol for all.

Costs were evaluated from the perspective of a national health payer. Direct medical costs were calculated for a period of 12 months. The calculation was based on a price of 300 mg allopurinol of \$ 0.24, a price of 80 mg febuxostat of \$ 0.52, a price of treatment of non-fatal and fatal severe cutaneous adverse events of respectively \$7,429 and \$14,363, and genotyping costs of \$62.70. Direct medical costs were obtained from real patients with severe cutaneous adverse events from 2 tertiary hospitals. The prevalence of HLA-B\*5801 (12.2%) was derived from Lee 2005 (Lee KW et al. Allelic and haplotypic diversity of HLA-A, -B, -C, -DRB1, and -DQB1 genes in the Korean population. Tissue Antigens 2005;65:437-47). The incidence rate of allopurinol-induced severe cutaneous adverse events in patients with HLA-B\*5801 (18%) was derived from Jung 2011 (Jung JW et al. HLA-B58 can help the clinical decision on starting allopurinol in patients with chronic renal insufficiency. Nephrol Dial Transplant 2011;26:3567-72) and the death rate from severe cutaneous adverse events (27%) from Singer 1986 and Khanna 2012 (Singer JZ et al. The allopurinol hypersensitivity syndrome: unnecessary morbidity and mortality. Arthritis Rheum 1986;29:82-7 and Khanna D et al. 2012 American College of Rheumatology guidelines for management of gout. Part 2: therapy and anti-inflammatory prophylaxis of acute gouty arthritis. Arthritis Care Res 2012;64:1447-61). The assumed death rate closely matched the experience of the authors: among cases at 2 tertiary hospitals, 5 (23.8%) of 21 patients with allopurinol-induced severe cutaneous adverse events died.

Sensitivity analyses were performed by varying the input parameters. When the prevalence of HLA-B\*5801 was assumed to be 5.7% according to Kim 2013 (Kim SC et al. Severe cutaneous reactions requiring hospitalization in allopurinol initiators: a population-based cohort study. Arthritis Care Res 2013;65:578-84), even though the incidence of severe cutaneous adverse events following conventional allopurinol treatment was reduced from 2.19% to 1.03%, treatment informed by HLA-B\*5801 genotyping was still less costly and more effective. The total expected costs of allopurinol for all and genotype guided treatment were \$ 1,083 and \$ 1,053, respectively.

When the incidence of severe cutaneous adverse events in patients with HLA-B\*5801 was halved (9%), the costs of genotype guided treatment were still \$ 24.90 less than the costs of allopurinol for all. In this case, the genotype guided treatment would be less costly unless the prevalence of HLA-B\*5801 was 7.75% or lower. When the death rate from severe cutaneous adverse events was assumed to be 6% according to Stamp 2012 (Stamp LK et al. Starting dose is a risk factor for allopurinol hypersensitivity syndrome: a proposed safe starting dose of allopurinol. Arthritis Rheum 2012;64:2529–36), the costs of genotype guided treatment were still \$ 105 less than the costs of allopurinol for all. In this case, the genotype guided treatment would be less costly unless the prevalence of HLA-B\*5801 was 4.53% or lower.

When the costs of treatment of non-fatal and fatal severe cutaneous adverse events were decreased to \$4,478 and \$8,956, respectively, the genotype guided treatment would be less costly unless the prevalence of HLA-B\*5801 was below 6.5%.

With all of the above scenarios simultaneously (5.7% prevalence of HLA-B\*5801, 9% incidence of severe cutaneous adverse events in patients with HLA-B\*5801, 6% death rate from severe cutaneous adverse events, and costs of \$ 4,478 and \$ 8,956 for treatment of non-fatal and fatal severe cutaneous adverse events, genotype guided treatment was not less costly anymore (costs \$39.90 more than for allopurinol for all). In this circumstance, to make genotype guided therapy less costly again, the prevalence of HLA-B\*5801 would have to be at least 15.7%, or genotyping costs would need to drop below \$22.70.

- If the costs of genotyping were halved (\$ 31.30), the costs saved by the genotype guided treatment compared to allopurinol for all would increase from \$ 138 to \$ 169.
- Saokaew S et al. Cost-effectiveness analysis of HLA-B\*5801 testing in preventing allopurinol-induced SJS/TEN in Thai population. PLoS One 2014;9:e94294. PubMed PMID: 24732692.

Compared with allopurinol for all, HLA-B\*5801 guided therapy for Thai gout patients of 30 years of age with normal renal function is cost-effective (costs of 156,937.04 Thai Baht = US\$ 5,062 per QALY gained). This is lower than the willingness-to-pay threshold of 1.2 times the Gross National Income per capita (160,000 Thai Baht = US\$ 5,161). The genotype guided therapy consisted of probenecid for patients with HLA-B\*5801 and allopurinol for patients without HLA-B\*5801. The cost of gout management, incidence of SJS/TEN, case fatality rate of SJS/TEN, and cost of genetic testing are considered very influential parameters on the cost-effectiveness value of genotype guided therapy.

Costs were evaluated from a societal perspective. Lifelong direct medical and direct non-medical costs were calculated. For allopurinol for all patients, the calculated costs per patient were 228,806.8089 Thai Baht (THB) and the calculated QALYs 16.98360. For genotype guided therapy, the calculated costs per patient were 229,730.72791 THB and the calculated QALYs 16.98949. The calculation was based on a life expectancy of Thai (at 30 years old) of 42.7 year, a price of allopurinol of 411.99 THB/year, a price of probenecid of 1,277.50 THB/year, a price of SJS/TEN treatment of 15,440.275 THB/year, a price of gout treatment of 7,512 THB/year, a price of treatment of long-term complications from SJS/TEN of 4,043.90 THB/year and genotyping costs of 1,000 THB. The association between HLA-B\*5801 and allopurinol-induced SJS/TEN in the Thai population (OR = 348.33) was derived from Somkrua 2011. The sensitivity and specificity (both 1.000) were derived from the Department of Medical Sciences, Thailand. The prevalence of HLA-B\*5801 (15%) was derived from Romphruk 2010 and Gonzalez-Galarza 2011 (Romphruk AV et al. HLA class I and II alleles and haplotypes in ethnic Northeast Thais. Tissue Antigens 2010;75:701-11 and Gonzalez-Galarza FF et al. Allele frequency net: a database and online repository for immune gene frequencies in worldwide populations. Nucleic Acid Research 2011;39:D913-9. http://www.allelefrequencies.net/Accessed 14 July 2013). The incidence of allopurinol-induced SJS/TEN (0.16%) and the death rate from SJS/TEN (11.34%) were derived from Limkobpaiboon 2010 (Limkobpaiboon S et al. Prevalence and mortality rate of severe cutaneous adverse reactions in Siriraj hospital. Chula Med J 2010;54:467-78). The rate of long-term complications from SJS/TEN (37.6%) was derived from Yip 2007 (Yip LW et al. Ocular manifestations and complications of Stevens-Johnson syndrome and toxic epidermal necrolysis: an Asian series. Allergy 2007;62:527-31).

Sensitivity analyses were performed by varying the input parameters. In the probabilistic sensitivity analysis (i.e. varying all parameters simultaneously), genotype guided therapy increased both costs and QALY in all iterations. At the threshold of 160,000 THB (US\$ 5,161) per QALY gained, 49.4% of the iterations were cost-effective.

The uncertainty in medical care cost of gout management has the largest influence on the calculated costs per QALY gained. When cost of gout management was varied from 149 to 474,254 THB (US\$ 4.8 to 15,298), the costs were 151,594 to 495,645 THB (US\$ 4,890 to 15,989) per QALY gained, respectively. Besides, incidence of allopurinol-induced SJS/TEN, discount rate, and probability of death with SJS/TEN in Thai population also have a large influence on the costs per QALY gained. An additional factor with influence is the cost of genetic testing.

When benzbromarone (median cost/tablet 6.95 THB or US\$ 0.224) was used as alternative drug instead of probenecid (median cost/tablet 1.75 THB or US\$ 0.056), the costs were shifted from 156,937 to 156,989 THB (US\$ 5,062 to 5,064) per QALY gained. Thus genotype guided therapy was also cost-effective if benzbromarone was used as an alternative.

When the age at start was varied from 25 to 50 years old, the costs were changed from 148,708 to 221,803 THB (US\$ 4,797 to 7,155) per QALY gained.

#### Existing guidelines:

Saito Y et al. Clinical Pharmacogenetics Implementation Consortium (CPIC) guidelines for human leukocyte antigen B (HLA-B) genotype and allopurinol dosing: 2015 update. Clin Pharmacol Ther 2016;99:36-7. PubMed PMID: 26094938 and

Hershfield MS et al. Clinical Pharmacogenetics Implementation Consortium guidelines for human leukocyte antigen-B genotype and allopurinol dosing. Clin Pharmacol Ther 2013;93:153-8. PubMed PMID: 23232549. *HLA-B\*5801* 

CPIC indicates that there is substantial evidence linking HLA-B\*5801 with the risk of allopurinol-induced severe cutaneous adverse events. As references they mention 26 primary studies, most of which have been integrated in the meta-analyses summarised in our risk analysis and/or have been included in our risk analysis separately. They indicate that the quality of evidence is high in most of these studies.

CPIC describes six of these studies and one meta-analysis in more detail. Five of these studies were included in all four meta-analyses in our risk analysis and the sixth in the two most recent meta-analyses. In addition, one study and the meta-analysis were included in our risk analysis separately. CPIC indicates that the association of HLA-B\*5801 with allopurinol-induced severe cutaneous adverse events was first identified in the Taiwan Han-Chinese population (Hung SI et al. HLA-B\*5801 allele as a genetic marker for severe cutaneous adverse reactions caused by allopurinol. Proc Natl Acad Sci USA 2005;102,4134-9). HLA-B\*5801 was present in 100% (51/51) of the patients with allopurinol-induced severe cutaneous adverse events, as compared with 15% (20/135) of allopurinol-tolerant controls and 20% (19/93) of the population controls. This strong association was replicated in a Thai population, in which 100% (27/27) of the patients with allopurinol-induced severe cutaneous adverse events carried the allele and only 13% (7/54) of the allopurinol-tolerant controls (Tassaneeyakul W et al. Strong association between HLA-B\*5801 and allopurinol-induced Stevens-Johnson syndrome and toxic epidermal necrolysis in a Thai population. Pharmacogenet Genomics 2009;19:704-9). A similar but more modest association was observed in three other populations. 80% (4/5) of Korean cases with severe cutaneous adverse events carried the allele versus 12% (59/485) of healthy Korean controls (Kang HR et al. Positive and negative associations of HLA class I alleles with allopurinol-induced SCARs in Koreans. Pharmacogenet Genomics 2011;21:303-7). In a Japanese population, 56% (10/18) of the cases with allopurinol-induced severe cutaneous adverse events had HLA-B\*5801 as against 0.61% (6/493) of healthy controls (Tohkin M et al. A whole-genome association study of major determinants for allopurinol-related Stevens-Johnson syndrome and toxic epidermal necrolysis in Japanese patients. Pharmacogenomics J 2013;13:60-9 and Kaniwa N et al. HLA-B locus in Japanese patients with anti-epileptics and allopurinol-related Stevens-Johnson syndrome and toxic epidermal necrolysis. Pharmacogenomics 2008;9:1617-22). A

European study identified HLA-B\*5801 in 55% (15/27) of patients with allopurinol-induced severe cutaneous adverse events, whereas only 1.5% (18/1,822) of the controls tested positive for the allele (Lonjou 2008). One meta-analysis that consolidated all the published studies gave the odds ratios for allopurinol-induced severe cutaneous adverse events in HLA-B\*5801 carriers as 73 and 165 for studies using healthy controls and allopurinol-tolerant controls, respectively (Zineh 2011).

CPIC indicates that the Taiwan Department of Health has added the recommendation to test for HLA-B\*5801 before the use of allopurinol to the allopurinol label. The Japanese label contains the precaution describing the association of HLA-B\*5801 and allopurinol-induced severe cutaneous adverse events citing three references (Kaniwa 2008, Hung 2005 and Lonjou 2008). In addition, CPIC indicates that, given the high specificity for allopurinol-induced severe cutaneous adverse events, allopurinol should not be prescribed to patients who have tested positive for HLA-B\*5801. Alternative medication should be considered for these patients to avoid the risk of developing severe cutaneous adverse events. CPIC classifies this recommendation as strong. For patients who have tested negative, allopurinol may be prescribed as usual. However, testing negative for HLA-B\*5801 does not totally eliminate the possibility of developing severe cutaneous adverse events, especially in the European population.

CPIC indicates that several clinical factors have been reported to be associated with an increased risk for allopurinol hypersensitivity. Renal dysfunction is the most significant non-genetic factor, and patients with renal insufficiency were four times more likely to develop adverse events than those with normal renal function (Hung 2005). In addition, in patients with severe cutaneous adverse events and renal impairment, oxypurinol concentrations remain higher after drug cessation and this has been associated with higher mortality (Chung WH et al. Insights into the poor prognosis of allopurinol-induced severe cutaneous adverse reactions: the impact of renal insufficiency, high plasma levels of oxypurinol and granulysin. Ann Rheum Dis 2015;74: 2157-64). The risk of allopurinol-induced hypersensitivity is also reported to increase with the concomitant use of ampicillin or amoxicillin.

CPIC indicates that, in addition to severe cutaneous adverse events, allopurinol therapy is also associated with a 2-3% incidence of less severe rashes unassociated with systemic symptoms or organ damage. Food and Drug Administration guidelines recommend discontinuing allopurinol if a rash develops. Considering the possible alternatives, CPIC indicates that probenecid is often less effective than allopurinol, particularly in patients with renal insufficiency, and benzbromarone is not an approved drug in many countries. This has prompted attempts to induce tolerance to allopurinol by rechallenge with gradual escalation of low doses as tolerated. This unreliable approach has not been widely accepted, and its use may decline because alternative urate-lowering therapies are now available. Febuxostat is a nonpurine xanthine oxidase inhibitor that is primarily metabolized in the liver to inactive glucuronide and excreted into the urine and bile. Therefore, mild to moderate renal impairment might have little impact on the pharmacokinetics of febuxostat. It was reported to be tolerated in 12 of 13 patients with a history of severe allopurinol hypersensitivity (Chohan S. Safety and efficacy of febuxostat treatment in subjects with gout and severe allopurinol adverse reactions. J. Rheumatol 2011;38:1957-9). In 2010, the Food and Drug Administration approved pegloticase, a PEGylated urate oxidase, as an orphan drug for treating patients with refractory chronic gout who had an inadequate response to, or were intolerant of, other urate-lowering drugs (Sundy JS et al. Efficacy and tolerability of pegloticase for the treatment of chronic gout in patients refractory to conventional treatment: two randomized controlled trials. JAMA 2011;306:711-20). Newer urate-lowering drugs are in clinical trials.

CPIC mentions potential benefits and risks of HLA-B\*5801 testing. Given the high negative predictive value of the allele, especially in patients of Asian descent (>99%), HLA-B\*5801 testing could significantly reduce the incidence and risk for allopurinol-associated severe cutaneous adverse events. The positive predictive value for HLA-B\*5801 is ~1.5% and the negative predictive value is 100% (based on the data from the Han-Chinese and Thai populations) (Tassaneeyakul 2009). Therefore, a significant number of patients carrying the allele will not develop severe cutaneous adverse events when they receive allopurinol treatment. New genetic factors may be identified in the future to differentiate the HLA-B\*5801 carriers who are or are not likely to develop severe cutaneous adverse events. However, further study is warranted on the development of severe cutaneous adverse events in European populations.

CPIC indicates that HLA-B\*5801 predicts only allopurinol-induced severe cutaneous adverse events, not other adverse events (such as mild skin rash) that a patient might experience during allopurinol treatment. The marker also does not predict the efficacy of treatment with allopurinol. Regardless of the genotyping results, physicians should monitor patients closely.

CPIC indicates that although none of the evidence linking HLA-B\*5801 to allopurinol hypersensitivity was conducted in children, there is no reason to suspect that children positive for HLA-B\*5801 would be at less risk of allopurinol hypersensitivity reactions than adults positive for HLA-B\*5801.

CPIC provides the following recommendation for HLA-B\*5801-positive patients:

- allopurinol is contraindicated

The recommendation above is still the same after the last update on 6-12-2015 on the PharmGKB-site. *HLA-A\*3303 and HLA-C\*0302* 

CPIC indicates that 7 studies showed associations for HLA-A\*3303 and 5 studies for HLA-C\*0302. However, the strength of the evidence for HLA-A\*3303 and HLA-C\*0302 did not warrant inclusion in the guideline. This association so far has only been reported in a very few studies, some of which simply report association with the HLA-A\*33 or HLA-Cw3 allele. In addition, these two alleles also show high linkage disequilibrium with HLA-B\*5801 (Kang HR et al. Positive and negative associations of HLA class I alleles with allopurinol-induced SCARs in Koreans. Pharmacogenet Genomics 2011;21:303-7). Having evaluated the evidence, CPIC

feels therapeutic recommendations for allopurinol based upon presence of the HLA-A\*33:03 or HLA-C\*03:02 allele cannot be made at this time.

European Medicine Agency CFMPFHU, Pharmacovigilance Working Party. Allopurinol: risk of skin reactions associated with HLA-B\*5801 allele. Pharmacovigilance Working Party (PhVWP) monthly report on safety concerns, guidelines and general matters, July 2012. EMA/CHMP/PhVWP/438980/2012. www.ema.europa. eu

Allopurinol-induced serious cutaneous adverse reactions (SCAR), including Steven Johnson's syndrome (SJS) and toxic epidermal necrolysis (TEN), are associated with a genetic marker, the HLA-B\*5801 allele. The sensitivity of prior testing for HLA-B\*5801 may be as low as 50% in European populations. This suggests that potentially half of European patients that do develop SCAR will not be identified by prior testing. Although the sensitivity of prior testing is likely to be higher in other populations, particularly the Han Chinese, there is a lack of suitable alternative therapies to allopurinol. Furthermore, the clinical utility of testing for this allele prior to treatment with allopurinol is not proven in any population.

Therefore, the recommendation at present is that:

- The use of genotyping as a screening tool to make decisions about treatment with allopurinol has not been established.
- Routine testing for HLA-B\*5801 is not recommended in any patients. If the patient is a known carrier of HLA-B\*5801, the use of allopurinol may be considered if the benefits are thought to exceed risks. Extra vigilance for signs of hypersensitivity syndrome or SJS/TEN is required and the patient should be informed of the need to stop treatment immediately at the first appearance of symptoms.

The CHMP Pharmacovigilance Working Party (PhVWP) reviewed pharmacogenetic study findings regarding allopurinol-induced severe cutaneous (i.e. skin) adverse reactions (SCAR) and finalised their conclusions for updating the product information of allopurinol-containing medicinal products authorised in the EU (see Annex 1 for the Summary Assessment Report).

The PhVWP informed the CMDh accordingly. For the final wording to be included in the product information, i.e. the summaries of product characteristics and package leaflets, as well as practical information on implementation, interested readers are advised to consult the HMA website (http://www.hma.eu/cmdh.html) for upcoming information.

Khanna D et al. 2012 American college of rheumatology guidelines for management of gout. Part 1: systematic nonpharmacologic and pharmacologic therapeutic approaches to hyperuricemia. Arthritis Care Res 2012;64:1431-46.

One of the core recommendations in the use of allopurinol:

Prior to initiation, consider rapid polymerase chain reaction-based HLA–B\*5801 screening as a risk management component in selected patients, specifically in subpopulations at higher risk for severe allopurinol hypersensitivity reaction (e.g., Koreans with stage 3 or worse chronic kidney disease, and Han Chinese and Thai irrespective of renal function; evidence A).

In these subpopulations both the HLA-B\*5801 allele frequency is elevated and the HLA-B\*5801-positive subjects have a very high hazard ratio ("high risk") for severe allopurinol hypersensitivity reaction.

The task force panel (TFP) weighed the rapidly emerging area of pharmacogenetics to screen for severe allopurinol hypersensitivity reaction (SCAR) (Zineh I et al. Allopurinol pharmacogenetics: assessment of potential clinical usefulness. Pharmacogenomics 2011;12:1741-9; Somkrua 2011 and Lee MH et al. Initiating allopurinol therapy: do we need to know the patient's HLA status? Intern Med J 2011;42:411-6), and recommended that, prior to initiation of allopurinol, HLA-B\*5801 testing should be considered in select patient subpopulations at an elevated risk for SCAR (evidence A). Those with HLA-B\*5801 and of Korean descent with stage 3 or worse chronic kidney disease (HLA-B\*5801 allele frequency ~12%), or of Han Chinese or Thai extraction irrespective of renal function (HLA-B\*5801 allele frequency ~6-8%), have been highlighted in the literature as prime examples of subjects at high risk for SCAR, marked by HLA-B\*5801 hazard ratios of several hundred (Jung JW et al. HLA-B58 can help the clinical decision on starting allopurinol in patients with chronic renal insufficiency. Nephrol Dial Transplant 2011;26:3567-72; Hung SI et al. HLA-B\*5801 allele as a genetic marker for severe cutaneous adverse reactions caused by allopurinol. Proc Natl Acad Sci USA 2005;102: 4134-9 and Tassaneeyakul W et al. Strong association between HLA-B\*5801 and allopurinol-induced Stevens-Johnson syndrome and toxic epidermal necrolysis in a Thai population. Pharmacogenet Genomics 2009;19:704–9). Such high-risk individuals were recommended to be prescribed an alternative to allopurinol if HLA-B\*5801 positive (evidence A).

The TFP recommended that the HLA-B\*5801 screening be done by the rapid, widely available polymerase chain reaction (PCR)-based approach (evidence A) that, in only ~10% of tests, requires more cumbersome follow-up HLA-B\*5801 sequencing for inconclusive results. Significantly, the TFP did not recommend universal HLA-B\*5801 allopurinol screening. Current evidence informing this TFP decision included that whites with an HLA-B\*5801 prevalence of ~2% had a substantially lower HLA-B\*5801 hazard ratio and negative predictive value of the test than in the aforementioned Asian subpopulations (Zineh 2011; Lee 2011 and Lonjou 2008). The TFP also made the novel recommendation that rapid PCR-based HLA-B\*5801 screening should be considered as a risk management component in subpopulations where both the HLA-B\*5801 allele frequency is elevated and the HLA-B\*5801-positive subjects have a very high hazard ratio ("high risk") for severe allopurinol hypersensitivity reaction (e.g., Koreans with stage 3 [or worse] chronic kidney disease and all those of Han Chinese and Thai descent). It is anticipated that additional high-risk subpopulations for SCAR will be identified in future studies.

We note that a recent single technology appraisal with cost analysis done by an independent evidence review group of the National Institute for Health and Clinical Excellence concluded that febuxostat should be recommended for urate lowering therapy in gout only in patients with contraindications or intolerance to allopurinol (Stevenson M et al. Febuxostat for the management of hyperuricaemia in patients with gout: a NICE single technology appraisal. Pharmacoeconomics 2011;29:133-40). Conversely, PCR-based HLA-B\*5801 pharmacogenetics screening for allopurinol is a one-time test and relatively inexpensive, but raises new questions about the added costs to gout management, particularly for populations where the risk of SCAR is low (Zineh 2011; Somkrua 2011 and Lee 2011).

Date of the literature search: 15 December 2020.

	Genotype	Code	Gene-drug interaction	Action	Date
KNMP Pharmacogenetics	HLA-B*5801	4 F	yes	yes	7 June 2021
Working group decision					

# Mechanism:

Although the mechanism of hypersensitivity for allopurinol is not exactly known, experimental data suggests the mechanism below.

A cellular immune reaction against body cells is induced if peptides derived from proteins within these body cells bind to specific HLA-proteins, are transported to the cell surface and are 'recognized' as foreign by specific immune cell proteins (T-cell receptors). The allopurinol metabolite oxypurinol binds to either specific HLA-proteins, the cellular proteins or derived peptides or specific T-cell receptors, thus inducing an interaction between a HLA-peptide complex and a T-cell receptor, resulting in a cellular immune reaction against body cells.

Impaired kidney function diminishes the oxypurinol clearance and increases the risk of allopurinol induced cutaneous adverse events.

# **Clinical Implication Score:**

Table 1: Definitions of the available Clinical Implication Scores

Potentially beneficial	PGx testing for this gene-drug pair is potentially beneficial. Genotyping can be considered on an individual patient basis. If, however, the genotype is available, the DPWG recommends adhering to the gene-drug guideline	0-2 +
Beneficial	PGx testing for this gene-drug pair is beneficial. It is advised to consider genotyping the patient before (or directly after) drug therapy has been initiated to guide drug and dose selection	3-5 +
Essential	PGx testing for this gene-drug pair is essential for drug safety or efficacy. Genotyping must be performed before drug therapy has been initiated to guide drug and dose selection	6-10 +

#### Table 2: Criteria on which the attribution of Clinical Implication Score is based

Clinical Implication Score Criteria		Given	n Score		
	Score	Asian, not	other		
		Japanese.	ethnicity		
		or African			
Clinical effect associated with gene-drug interaction (drug, or diminished efficacy.		er / linear			
induced)					
CTCAE Grade 3 or 4 (clinical effect score D or E)	+				
CTCAE Grade 5 (clinical effect score F)	++	++	++		
Level of evidence supporting the associated clinical effect grade ≥ 3					
• One study with level of evidence score $\geq 3$	+				
<ul> <li>Two studies with level of evidence score ≥ 3</li> </ul>	++				
<ul> <li>Three or more studies with level of evidence score ≥ 3</li> </ul>	+++	+++	+++		
Number needed to genotype (NNG) in the Dutch population to prevent one clinical					
effect grade ≥ 3					
• 100 < NNG ≤ 1000	+	+			
• 10 < NNG ≤ 100	++				
• NNG ≤ 10	+++				
PGx information in the Summary of Product Characteristics (SmPC)					
At least one genotype/phenotype mentioned	+		+		
OR					
Recommendation to genotype	++	++			
OR					
At least one genotype/phenotype mentioned as a contra-indication in the	++				
corresponding section					

Total Score:	10+	8+	6+
Corresponding Clinical Implication Score:		Essential	Essential
Score after taking additional considerations into account:		Beneficial	Beneficial